



Early Childhood Trauma Collaborative (ECTC)

The mission of the ECTC is to improve outcomes for Connecticut's trauma-exposed young children (birth to 7)

Young Children Are Affected by Trauma

- ✚ 44% of all children aged 2-5 have experienced a potentially traumatic event such as physical or sexual abuse, violence, or death of a loved one.
- ✚ Young children exposed to trauma are especially vulnerable. Trauma Exposure can impair development, learning, relationships, and physical and mental health among young children.
- ✚ Early intervention after trauma can prevent more serious problems from developing.

Connecticut's Children at Risk

- ✚ Connecticut has among the largest income disparities in the nation, with 32-44% of children in the state's largest cities living in poverty
- ✚ 49% of maltreatment victims are under 6 years of age, double the national rate
- ✚ Estimates show that from 26-49% of children under 6 years old in Connecticut's major cities have been exposed to trauma



ECTC Can Help by...

- ✚ Improving knowledge about trauma among the early childhood workforce to support healthy development and strong relationships
- ✚ Improving screening and identification of young children suffering from trauma exposure who may need specialized services
- ✚ Improving access to trauma-focused evidence-based treatments for young children and their caregivers
- ✚ Developing a more trauma-informed early childhood system of care

What will ECTC Do?

- ✚ Train at least 500 early childhood staff about trauma and how to identify and refer children who may be suffering to trauma-specific services
- ✚ Train at least 147 clinicians at 12 community agencies to provide evidence-based treatment
- ✚ Provide at least 1,100 young children with evidence-based trauma-focused treatment.
- ✚ Engage with national experts and the National Child Traumatic Stress Network to improve services for Connecticut's children

Who Will ECTC Work With?

Early Childhood Workforce

- Early childhood teachers
- Home visitors
- Birth to Three
- Head Start
- Child welfare
- Day care providers
- Pediatric primary care
- Others serving young children



Community-Based Providers

- Bridges, A Community Support System, Inc. (Milford)
- Charlotte Hungerford Hospital, The Center for Youth & Families (Torrington)
- Child & Family Agency of Southeastern CT (New London)
- Child Guidance Clinic of Central CT (Meriden)
- Child Guidance Center of Southern CT (Stamford)
- Clifford Beers (New Haven)
- Community Child Guidance, Inc. (Manchester)
- Community Health Resources (Enfield)
- Family and Children's Aid (Danbury)
- United Community & Family Services (Norwich)
- Wellmore Behavioral Health (Waterbury)
- Yale Child Study Center (New Haven)

Evidence-Based Treatments to Be Disseminated

- ✚ Attachment, Self-Regulation, and Competency (ARC)
- ✚ Child Parent Psychotherapy (CPP)
- ✚ Trauma Affect Regulation: Guide for Education and Therapy (TARGET)
- ✚ Child and Family Traumatic Stress Intervention (CFTSI)

ECTC Partners

- ✚ Child Health and Development Institute (CHDI)
- ✚ Connecticut Office of Early Childhood
- ✚ Connecticut Department of Children and Families
- ✚ The Consultation Center, Yale University (Evaluator)
- ✚ National Child Traumatic Stress Network (NCTSN)
- ✚ The Trauma Center at the Justice Resource Institute
- ✚ Child Trauma Research Program, University of California, San Francisco
- ✚ Center for Trauma Recovery and Juvenile Justice, UCONN Health
- ✚ Yale Child Study Center

For information about ECTC, visit www.chdi.org. To find a current list of providers, visit

www.kidsmentalhealthinfo.com



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