



The mission of the ECTC is to improve outcomes for Connecticut's trauma-exposed young children (birth through 6)

Young Children Are Affected by Trauma

- Forty-four percent of all children aged 2-5 have experienced a potentially traumatic event such as physical or sexual abuse, violence, or death of a loved one.
- Young children exposed to trauma are especially vulnerable. Trauma exposure can impair development, learning, relationships, and physical and mental health among young children.
- Early intervention after trauma can prevent more serious problems from developing.

Connecticut's Children at Risk

- Connecticut has among the largest income disparities in the nation, with 32-44% of children in the state's largest cities living in poverty.
- Forty-nine percent of maltreatment victims in Connecticut are under six years of age.
- Up to half of children younger than 6 years old in Connecticut have been exposed to trauma.

ECTC Can Help By...

- Improving knowledge about trauma among the early childhood workforce to support healthy development and strong relationships.
- Improving screening and identification of young children suffering from trauma exposure who may need specialized services.
- Improving access to trauma-focused evidence-based treatments for young children and their caregivers.
- Developing a more trauma-informed early childhood system of care.



What Will ECTC Do?

- Train at least 500 early childhood staff about trauma and how to identify and refer children to trauma-specific services.
- Provide at least 1,100 young children with evidence-based trauma-focused treatment.
- Train at least 147 clinicians at 12 community agencies to provide evidence-based treatment.
- Engage with national experts and the National Child Traumatic Stress Network to improve services for Connecticut's children.

Who Will ECTC Work With?

Early Childhood Workforce

- Early childhood teachers
- Home visitors
- Birth to Three
- Head Start
- Child welfare
- Day care providers
- Pediatric primary care
- Others serving young children



Community-Based Providers

- Bridges, A Community Support System, Inc. (Milford)
- Charlotte Hungerford Hospital, The Center for Youth & Families (Torrington)
- Child & Family Agency of Southeastern CT (New London)
- Child Guidance Clinic of Central CT (Meriden)
- Child Guidance Center of Southern CT (Stamford)
- Clifford Beers (New Haven)
- Community Child Guidance, Inc. (Manchester)
- Community Health Resources (Enfield)
- Family and Children's Aid (Danbury)
- United Community & Family Services (Norwich)
- Wellmore Behavioral Health (Waterbury)
- Yale Child Study Center (New Haven)



Evidence-Based Treatments

- Attachment, Self-Regulation, and Competency (ARC)
- Child Parent Psychotherapy (CPP)
- Trauma Regulation: Guide for Education and Therapy (TARGET)
- Child and Family Traumatic Stress Intervention (CFTSI)

ECTC Partners

- Child Health and Development Institute (CHDI)
- Connecticut Office of Early Childhood
- Connecticut Department of Children and Families
- The Consultation Center, Yale University (Evaluator)
- National Child Traumatic Stress Network (NCTSN)
- The Trauma Center at the Justice Resource Institute
- Child Trauma Research Program, University of California, San Francisco
- Center for Trauma Recovery and Juvenile Justice, UCONN Health
- Yale Child Study Center

For information about ECTC, visit www.chdi.org.



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