

Recognizing Trauma & Its Effects

About Childhood Trauma

[This resource](#) provides a wide array of information that defines trauma, explains how to identify trauma symptoms, outlines risk and protective factors, and reviews potential implications that untreated trauma symptoms can have on learning and behavior.



Trauma-Informed Strategies in Response to COVID-19

[This fact sheet](#) offers information on supporting the physical and emotional well-being of staff; identifying, addressing, and treating traumatic stress; creating trauma-informed learning environments; implementing trauma education and awareness strategies; strengthening partnerships with students and families; adopting culturally responsive practices; enhancing emergency management and crisis response; and adapting school policies via trauma-informed practices.



Child Trauma Toolkit

[This resource](#) provides school administrators, teachers, staff, and concerned parents with basic information about supporting children with trauma or traumatic stress. It includes psychoeducational information as well as practical strategies.

