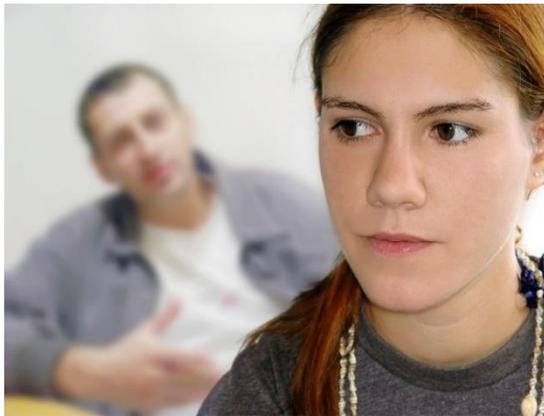
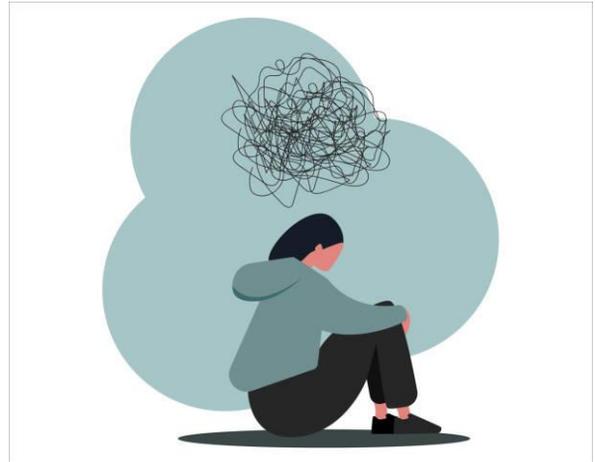


Adolescent Development & Risk Taking

Adolescence: Ages & Stages

[This Informative resource](#) provided by HealthyChildren.org outlines the 3 stages of adolescent development. The site also explains major physical, sexual, cognitive, social, and emotional changes that happen during adolescence, and provides guidance for youth and families on how to manage any anticipation and anxiety that may arise.



What Educators Need to Know About Adolescent Development

[This report](#) from the Alliance of Excellent Education features detailed information on many crucial aspects of adolescent development such as brain/body development, risk taking, rewards, relationships, as well as cultural experiences, identity, and empowerment. It also includes implications, recommendations, and opportunities for change in educational practices and policies.

Adolescent Health: What Works in Schools

[This issue brief](#), developed by the Centers for Disease Control and Prevention, presents the idea of safe and supportive schools and the benefits of strengthening school and family environments. The issue brief highlights how schools can foster discussions with youth about topics such as sexuality/sexual health, identity, substance use, risky behaviors, mental health and academics.

