

# EBP ASSESSMENT PACKET

## ARC

### Ages 7 Years & Older

### English

#### Required Forms

1. Demographic Information:  
Client Intake Face Sheet
2. Child's Trauma History:  
*Trauma History Screen- Caregiver Report*   
*Trauma History Screen- Child Report*
3. Child's Trauma Symptoms:  
*CPSS V- Caregiver Report*   
*CPSS V- Child Report*
4. Child's Behavior & Functioning:  
*OHIO- Caregiver Report*   
*OHIO- Child Report*(if child age 12 or older)
5. Caregiver Symptoms:  
*CESD-R Caregiver Depression*
6. Parental Capacity:  
*Parental Stress Scale*
7. ARC Monthly Session form
8. Discharge Face Sheet

#### Supplemental Assessments

Child Depression:  
*SMFQ- Child Report*  
*SMFQ- Caregiver Report*

Caregiver Symptoms:  
*PCL-5 (Caregiver Trauma Symptoms)*

CAGE-AID (Substance Abuse)

OHIO Satisfaction Questionnaire

**Note:** *The recommended ongoing assessment for ARC is an age appropriate measure of caregiver symptoms. We suggest the CESDR or Parental Stress Scale. Alternate or additional measures can be used based on clinical judgment of primary symptom area targeted by treatment.*

# Intake Facesheet

## VALIDATION REQUIREMENTS AND SYMBOLS EXPLAINED

**!** This symbol means the field is one of the minimum fields that must be filled out to save the record. No data will be saved unless these fields are completed.

**\*** This symbol means the field is a required field in order to save the record as completed. Although you can save the record, the system does not consider the record to be completed unless ALL of these fields are completed.

## Direct Service Provider User Information

<b>Clinician First and Last Name: !</b>		<b>Sub-Team (CBITS/BB Only):</b>	
<b>Provider Name: !</b>		<b>Site Name: !</b>	

## Child Information

<b>First Initial Child's First Name: !</b>		<b>First Initial Child's Last Name: !</b>	
<b>Date of Birth: !</b>		<b>Age:</b>	
<b>Sex: !</b>	<input type="checkbox"/> Female <input type="checkbox"/> Male	<input type="checkbox"/> Intersex <input type="checkbox"/> Other (specify) →	
<b>Grade (current): *</b>			
<b>Race: *</b>	<input type="checkbox"/> American Indian or Alaska Native	<input type="checkbox"/> Black or African American	<input type="checkbox"/> White
	<input type="checkbox"/> Asian	<input type="checkbox"/> Native Hawaiian or Other Pacific Islander	<input type="checkbox"/> Other (specify)
<b>Hispanic Origin: *</b>	<input type="checkbox"/> Yes, Cuban	<input type="checkbox"/> Yes, of Hispanic/Latino Origin	<input type="checkbox"/> Yes, South or Central American
	<input type="checkbox"/> Yes, Mexican, Mexican American, Chicano	<input type="checkbox"/> Yes, Puerto Rican	<input type="checkbox"/> No, Not of Hispanic, Latino, or Spanish Origin
<b>City/town:</b>		<b>ST:</b>	<b>Zip: *</b>

## Child Identification Codes

<b>Agency-assigned Client ID Number (not PHI): !</b>		<b>PSDCRS Client ID Number: !</b>	
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## Family Information

<b>Caregiver 1 Relationship: *</b>		<b>Caregiver 2 Relationship:</b>	
<b>Preferred Language of Adult Participating in Treatment: *</b>			
<b>Does the adult participating in treatment speak English?</b>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
<b>Primary Language of Child:</b>			
<b>Family Composition: *</b> Select the choice that best describes the composition of the family.	<input type="checkbox"/> Two parent family	<input type="checkbox"/> Single parent - biological/adoptive parent	<input type="checkbox"/> Relative/guardian
	<input type="checkbox"/> Single Parent with unrelated partner	<input type="checkbox"/> Blended Family	<input type="checkbox"/> Other

# Intake Facesheet

<b>Living Situation of Child: *</b> What is the child's living situation?	<input type="checkbox"/>	College Dormitory	<input type="checkbox"/>	Job Corps	<input type="checkbox"/>	Psychiatric Hospital
	<input type="checkbox"/>	Crisis Residence	<input type="checkbox"/>	Medical Hospital	<input type="checkbox"/>	Residential Treatment Facility
	<input type="checkbox"/>	DCF Foster Home	<input type="checkbox"/>	Mentor	<input type="checkbox"/>	TFC Foster Home (privately licensed)
	<input type="checkbox"/>	Group Home	<input type="checkbox"/>	Military Housing	<input type="checkbox"/>	Transitional Housing
	<input type="checkbox"/>	Homeless/Shelter	<input type="checkbox"/>	Other (specify):		
	<input type="checkbox"/>	Jail/Correctional Facility	<input type="checkbox"/>	Private Residence		
<b>System Involvement</b>						
<b>Child/Family involved with DCF? *</b>			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
<b>If child / family is involved with DCF, please complete ALL of the following questions:</b>						
<b>DCF Case ID: (if available)</b>			<b>DCF Person Link ID: (if available)</b>			
<b>DCF Status:</b>	<input type="checkbox"/>	Child Protective Services – In-Home	<input type="checkbox"/>	Family with Service Needs – (FWSN) In-Home	<input type="checkbox"/>	Not DCF – On Probation
	<input type="checkbox"/>	Child Protective Services – Out of Home	<input type="checkbox"/>	Family with Service Needs (FWSN) Out of Home	<input type="checkbox"/>	Not DCF – Other Court Involved
	<input type="checkbox"/>	Dual Commitment (JJ and Child Protective Services)	<input type="checkbox"/>	Juvenile Justice (delinquency) commitment	<input type="checkbox"/>	Termination of Parental Rights
	<input type="checkbox"/>	Family Assessment Response	<input type="checkbox"/>	Not DCF	<input type="checkbox"/>	Voluntary Services Program
<b>DCF Regional Office:</b>						
<b>Youth involved with Juvenile Justice (JJ) System? *</b>			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
<b>If youth is involved with JJ, please complete ALL of the following questions:</b>						
<b>CSSD Client ID: (if available)</b>			<b>CSSD Case ID: (if available)</b>			
<b>CSSD Case Type:</b>			<input type="checkbox"/>	Delinquency	<input type="checkbox"/>	Family with Service Needs (Status Offense)
<b>CSSD Case Status:</b>	<input type="checkbox"/>	Administrative Supervision	<input type="checkbox"/>	Juvenile probation	<input type="checkbox"/>	Restore Probation
	<input type="checkbox"/>	Extended Probation	<input type="checkbox"/>	Non-Judicial FWSN Family Service Agreement	<input type="checkbox"/>	Suspended Order
	<input type="checkbox"/>	Interim Orders	<input type="checkbox"/>	Non-Judicial Supervision (NJS)	<input type="checkbox"/>	Waived PDS - Probation
	<input type="checkbox"/>	Judicial FWSN Supervision	<input type="checkbox"/>	Non-Judicial Supervision Agreement	<input type="checkbox"/>	
<b>Court District:</b>						
<b>Court Handling Decision:</b>			<input type="checkbox"/>	Judicial	<input type="checkbox"/>	Non-Judicial
<b>Specific Treatment Information</b>						
<b>What treatment model are you using with this child? *</b>			<input type="checkbox"/>	CBITS	<input type="checkbox"/>	Bounce Back
			<input type="checkbox"/>	ARC	<input type="checkbox"/>	CPP
<b>First Clinical Session Date: *</b> Date of first EBP clinical session						

# Intake Facesheet

Treatment Information						
<b>Agency Referral Date/Request for Service: *</b> Date child was referred to agency		<b>Agency Intake Date: *</b> What is the intake date for the client at the agency?				
<b>Referral Date: *</b> Date referred for EBP services						
<b>CGI* - Considering your experience, how severe are the child's emotional, behavioral, and/or cognitive concerns at the time of intake? Circle ONLY one: *</b>						
Normal    Slightly severe    Mildly severe    Moderately severe    Markedly severe    Very severe				Among the most severe symptoms that any child may experience		
<b>Referral Source: *</b> Select the source of the EBP referral	<input type="checkbox"/>	Child Youth-Family Support Center (CYFSC)	<input type="checkbox"/>	Family Advocate	<input type="checkbox"/>	Physician
	<input type="checkbox"/>	Community Natural Support	<input type="checkbox"/>	Foster Parent	<input type="checkbox"/>	Police
	<input type="checkbox"/>	Congregate Care Facility	<input type="checkbox"/>	Info-Line (211)	<input type="checkbox"/>	Probation/Court
	<input type="checkbox"/>	CTBHP/Insurer	<input type="checkbox"/>	Juvenile Probation / Court	<input type="checkbox"/>	Psychiatric Hospital
	<input type="checkbox"/>	DCF	<input type="checkbox"/>	Other Community Provider Agency	<input type="checkbox"/>	School
	<input type="checkbox"/>	Detention Involved	<input type="checkbox"/>	Other Program within Agency	<input type="checkbox"/>	Self/Family
	<input type="checkbox"/>	Emergency Department	<input type="checkbox"/>	Other State Agency		
<b>Assessment Outcome:</b> What was the outcome of the referral to the agency's EBP team? *	<input type="checkbox"/>	Assessment not completed	<input type="checkbox"/>	Not appropriate for selected EBP	<input type="checkbox"/>	No treatment needed
	<input type="checkbox"/>	Appropriate for selected EBP	<input type="checkbox"/>	Not appropriate for selected EBP but needs other treatment		
<b>EBP Intake Date: !</b>						
Treatment Information: School						
During the 3 months prior to the start of EBP treatment...						
<b>Child's school attendance: *</b>	<input type="checkbox"/>	Good (few or no days missed)	<input type="checkbox"/>	No School Attendance: Child Too Young for School	<input type="checkbox"/>	No School Attendance: Other
	<input type="checkbox"/>	Fair (several days missed)	<input type="checkbox"/>	No School Attendance: Child Suspended/Expelled from School		
	<input type="checkbox"/>	Poor (many days missed)	<input type="checkbox"/>	No School Attendance: Child Dropped Out of School		
<b>Suspended or expelled: *</b>			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
<b>IEP: *</b> Does the child have an Individual Education Plan (special education)?			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
Treatment Information: Legal						
During the 3 months prior to the start of EBP treatment...						
<b>Arrested: *</b> Has the child been arrested since start of treatment?			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
<b>Detained or incarcerated: *</b> Has the child been detained or incarcerated since start of treatment?			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
Treatment Information: Medical						
During the 3 months prior to the start of EBP treatment...						
<b>Alcohol and/or drugs problems: *</b>			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
<b>Evaluated in ER/ED for psychiatric issues: *</b>			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No
<b>Certified medically complex: *</b>			<input type="checkbox"/>	Yes	<input type="checkbox"/>	No

Client Initials: \_\_\_\_\_

Client ID: \_\_\_\_\_

Date of Completion: \_\_\_/\_\_\_/\_\_\_

**Trauma History Screen (THS) (Caregiver: English)**

	Directions: Ask how many times each event happened, and how much it affected the child when it happened and now.	How many times has this happened?					The worst time this happened, how much <b>did it affect him/her?</b>					How much <b>does this still affect your child?</b>				
		Never	Once	2-3 times	4-10 times	10+ times	Not at all	A little bit	Moderately	Quite a bit	Extremely	Not at all	A little bit	Moderately	Quite a bit	Extremely
	“Has your child ever....”															
1	Been in or seen a very bad accident?						1	2	3	4	5	1	2	3	4	5
2	Had someone s/he know been so badly injured or sick that s/he almost died?						1	2	3	4	5	1	2	3	4	5
3	Known somebody who died?						1	2	3	4	5	1	2	3	4	5
4	Been so sick or hurt that you or the doctor thought s/he might die?						1	2	3	4	5	1	2	3	4	5
5	Been unexpectedly separated from someone who s/he depends on for love or security for more than a few days?						1	2	3	4	5	1	2	3	4	5
6	Had somebody close to him/her try to kill or hurt themselves?						1	2	3	4	5	1	2	3	4	5
7	Been physically hurt or threatened by someone?						1	2	3	4	5	1	2	3	4	5
8	Been robbed or seen someone get robbed?						1	2	3	4	5	1	2	3	4	5
9	Been kidnapped by somebody?						1	2	3	4	5	1	2	3	4	5
10	Been in or seen a hurricane, earthquake, tornado, or bad fire?						1	2	3	4	5	1	2	3	4	5
11	Been attacked by a dog or other animal?						1	2	3	4	5	1	2	3	4	5
12	Seen or heard people physically fighting or threatening to hurt each other?						1	2	3	4	5	1	2	3	4	5
13	Seen or heard somebody shooting a gun, using a knife, or using another weapon?						1	2	3	4	5	1	2	3	4	5
14	Seen a family member arrested or in jail?						1	2	3	4	5	1	2	3	4	5
15	Had a time in your life when s/he did not have the right care (e.g. food, clothing, a place to live)?						1	2	3	4	5	1	2	3	4	5
16	Been forced to see or do something sexual?						1	2	3	4	5	1	2	3	4	5
17	Seen or heard someone else being forced to do something sexual?						1	2	3	4	5	1	2	3	4	5
18	Watched people using drugs (like smoking, sniffing, or using needles)?						1	2	3	4	5	1	2	3	4	5
19	Seen something else that was very scary or where s/he thought somebody might get hurt or die? <b>Specify:</b> _____						1	2	3	4	5	1	2	3	4	5

20. Which one **bothers your child the MOST** right now: # \_\_\_\_\_ How long ago did it happen: \_\_\_\_\_

# Response Scale for THS

1

Not at  
All

2

Little  
Bit

3

Moderately

4

Quite  
A bit

5

Extremely

Client Initials: \_\_\_\_\_

Client ID: \_\_\_\_\_

Date of Completion: \_\_\_/\_\_\_/\_\_\_

### Trauma History Screen (THS) (Child: English)

	Directions: Ask how many times each event happened, and how much it affected the child when it happened and now.	How many times has this happened?					The worst time this happened, how much did it affect you?					How much does this still affect you?				
		Never	Once	2-3 times	4-10 times	10+ times	Not at all	A little bit	Moderately	Quite a bit	Extremely	Not at all	A little bit	Moderately	Quite a bit	Extremely
	“Have you ever.....”															
1	Been in or seen a very bad accident?						1	2	3	4	5	1	2	3	4	5
2	Had someone you know been so badly injured or sick that s/he almost died?						1	2	3	4	5	1	2	3	4	5
3	Known somebody who died?						1	2	3	4	5	1	2	3	4	5
4	Been so sick or hurt that you or the doctor thought you might die?						1	2	3	4	5	1	2	3	4	5
5	Been unexpectedly separated from someone who you depend on for love or security for more than a few days?						1	2	3	4	5	1	2	3	4	5
6	Had somebody close to you tried to kill or hurt themselves?						1	2	3	4	5	1	2	3	4	5
7	Been physically hurt or threatened by someone?						1	2	3	4	5	1	2	3	4	5
8	Been robbed or seen someone get robbed?						1	2	3	4	5	1	2	3	4	5
9	Been kidnapped by somebody?						1	2	3	4	5	1	2	3	4	5
10	Been in or seen a hurricane, earthquake, tornado, or bad fire?						1	2	3	4	5	1	2	3	4	5
11	Been attacked by a dog or other animal?						1	2	3	4	5	1	2	3	4	5
12	Seen or heard people physically fighting or threatening to hurt each other?						1	2	3	4	5	1	2	3	4	5
13	Seen or heard somebody shooting a gun, using a knife, or using another weapon?						1	2	3	4	5	1	2	3	4	5
14	Seen a family member arrested or in jail?						1	2	3	4	5	1	2	3	4	5
15	Had a time in your life when you did not have the right care (e.g. food, clothing, a place to live)?						1	2	3	4	5	1	2	3	4	5
16	Been forced to see or do something sexual?						1	2	3	4	5	1	2	3	4	5
17	Seen or heard someone else being forced to do something sexual?						1	2	3	4	5	1	2	3	4	5
18	Watched people using drugs (like smoking, sniffing, or using needles)?						1	2	3	4	5	1	2	3	4	5
19	Seen something else that was very scary or where you thought somebody might get hurt or die? <b>Specify:</b> _____						1	2	3	4	5	1	2	3	4	5

20. Which one **bothers you the most right now**: # \_\_\_\_\_ How long ago did it happen: \_\_\_\_\_

# Response Scale for THS

1

Not at  
All

2

Little  
Bit

3

Moderately

4

Quite  
A bit

5

Extremely



Client Initials: \_\_\_\_\_

Client ID: \_\_\_\_\_

Date of Completion: \_\_\_/\_\_\_/\_\_\_

### **CPSS - V Caregiver Report (English)**

These questions ask about how your child feels about the upsetting things you described. Choose the number (0-4) that best describes how often that problem has bothered him/ her **IN THE LAST MONTH.**

<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Not at all	Once a week or less / a little	2 to 3 times a week / somewhat	4 to 5 times a week / a lot	6 or more times a week / almost always

1.	Having upsetting thoughts or pictures about it that came into your child’s head when he/she didn’t want them to	0	1	2	3	4
2.	Having bad dreams or nightmares	0	1	2	3	4
3.	Acting or feeling as if it was happening again (seeing or hearing something and feeling as if he/she was there again)	0	1	2	3	4
4.	Feeling upset when he/she remember what happened (for example, feeling scared, angry, sad, guilty, confused)	0	1	2	3	4
5.	Having feelings in his/her body when he/she remembers what happened (for example, sweating, heart beating fast, stomach or head hurting)	0	1	2	3	4
6.	Trying not to think about it or have feelings about it	0	1	2	3	4
7.	Trying to stay away from anything that remind him/her of what happened (for example, people, places, or conversations about it)	0	1	2	3	4
8.	Not being able to remember an important part of what happened	0	1	2	3	4
9.	Having bad thoughts about himself/herself, other people, or the world (for example, “I can’t do anything right”, “All people are bad”, “The world is a scary place”)	0	1	2	3	4
10.	Thinking that what happened is his/her fault (for example, “I should have known better”, “I shouldn’t have done that”, “I deserved it”)	0	1	2	3	4
11.	Having strong bad feelings (like fear, anger, guilt, or shame)	0	1	2	3	4
12.	Having much less interest in doing things he/she used to do	0	1	2	3	4
13.	Not feeling close to his/her friends or family or not wanting to be around them	0	1	2	3	4
14.	Trouble having good feelings (like happiness or love) or trouble having any feelings at all	0	1	2	3	4
15.	Getting angry easily (for example, yelling, hitting others, throwing things)	0	1	2	3	4
16.	Doing things that might hurt himself/herself (for example, taking drugs, drinking alcohol, running away, cutting himself/herself)	0	1	2	3	4
17.	Being very careful or on the lookout for danger (for example, checking to see who is around him/her and what is around him/her)	0	1	2	3	4
18.	Being jumpy or easily scared (for example, when someone walks up behind him/her, when he/she hear a loud noise)	0	1	2	3	4
19.	Having trouble paying attention (for example, losing track of a story on TV, forgetting what he/she read, unable to pay attention in class)	0	1	2	3	4
20.	Having trouble falling or staying asleep	0	1	2	3	4

Adapted from Foa, E.B.; Johnson, K.M., & Treadwell, K.R.H. The Child PTSD symptom Scale for DSM 5 (2014)

Client Initials: \_\_\_\_\_

Client ID: \_\_\_\_\_

Date of Completion: \_\_\_/\_\_\_/\_\_\_

**CPSS – V Child Report (English)**

These questions ask about how you feel about the upsetting things you described. Choose the number (0-4) that best describes how often that problem has bothered you **IN THE LAST MONTH**.

0	1	2	3	4
Not at all	Once a week or less / a little	2 to 3 times a week / somewhat	4 to 5 times a week / a lot	6 or more times a week / almost always

1.	Having upsetting thoughts or pictures about it that came into your head when you didn't want them to	0	1	2	3	4
2.	Having bad dreams or nightmares	0	1	2	3	4
3.	Acting or feeling as if it was happening again (seeing or hearing something and feeling as if you are there again)	0	1	2	3	4
4.	Feeling upset when you remember what happened (for example, feeling scared, angry, sad, guilty, confused)	0	1	2	3	4
5.	Having feelings in your body when you remember what happened (for example, sweating, heart beating fast, stomach or head hurting)	0	1	2	3	4
6.	Trying not to think about it or have feelings about it	0	1	2	3	4
7.	Trying to stay away from anything that reminds you of what happened (for example, people, places, or conversations about it)	0	1	2	3	4
8.	Not being able to remember an important part of what happened	0	1	2	3	4
9.	Having bad thoughts about yourself, other people, or the world (for example, "I can't do anything right", "All people are bad", "The world is a scary place")	0	1	2	3	4
10.	Thinking that what happened is your fault (for example, "I should have known better", "I shouldn't have done that", "I deserved it")	0	1	2	3	4
11.	Having strong bad feelings (like fear, anger, guilt, or shame)	0	1	2	3	4
12.	Having much less interest in doing things you used to do	0	1	2	3	4
13.	Not feeling close to your friends or family or not wanting to be around them	0	1	2	3	4
14.	Trouble having good feelings (like happiness or love) or trouble having any feelings at all	0	1	2	3	4
15.	Getting angry easily (for example, yelling, hitting others, throwing things)	0	1	2	3	4
16.	Doing things that might hurt yourself (for example, taking drugs, drinking alcohol, running away, cutting yourself)	0	1	2	3	4
17.	Being very careful or on the lookout for danger (for example, checking to see who is around you and what is around you)	0	1	2	3	4
18.	Being jumpy or easily scared (for example, when someone walks up behind you, when you hear a loud noise)	0	1	2	3	4
19.	Having trouble paying attention (for example, losing track of a story on TV, forgetting what you read, unable to pay attention in class)	0	1	2	3	4
20.	Having trouble falling or staying asleep	0	1	2	3	4

Adapted from Foa, E.B.; Johnson, K.M., &amp; Treadwell, K.R.H. The Child PTSD Symptom Scale for DSM 5 (2014)

# Child PTSD Symptom Scale

0

Not at all

1

Once a week  
or less/  
a little

2

2 to 3 times a  
week /  
somewhat

3

4 to 5 times  
a week / a  
lot

4

6 or more times  
a week/almost  
always

# Child PTSD Symptom Scale

0

Not at all

1

Once a week  
or less/  
a little

2

2 to 3 times a  
week /  
somewhat

3

4 to 5 times  
a week / a  
lot

4

6 or more times  
a week/almost  
always

Client Initials: \_\_\_\_\_

Client ID: \_\_\_\_\_

Date of Completion: \_\_\_/\_\_\_/\_\_\_

**P**



**Ohio Mental Health Consumer Outcomes System**  
**Ohio Youth Problem and Functioning Scales (Caregiver: English)**  
 Parent Rating – Short Form

<b>Instructions:</b> Please rate the degree to which your child has experienced the following problems in the past 30 days.	Not at All	Once or Twice	Several Times	Often	Most of the Time	All of the Time
1. Arguing with others	0	1	2	3	4	5
2. Getting into fights	0	1	2	3	4	5
3. Yelling, swearing, or screaming at others	0	1	2	3	4	5
4. Fits of anger	0	1	2	3	4	5
5. Refusing to do things teachers or parents ask	0	1	2	3	4	5
6. Causing trouble for no reason	0	1	2	3	4	5
7. Using drugs or alcohol	0	1	2	3	4	5
8. Breaking rules or breaking the law (out past curfew, stealing)	0	1	2	3	4	5
9. Skipping school or classes	0	1	2	3	4	5
10. Lying	0	1	2	3	4	5
11. Can't seem to sit still, having too much energy	0	1	2	3	4	5
12. Hurting self (cutting or scratching self, taking pills)	0	1	2	3	4	5
13. Talking or thinking about death	0	1	2	3	4	5
14. Feeling worthless or useless	0	1	2	3	4	5
15. Feeling lonely and having no friends	0	1	2	3	4	5
16. Feeling anxious or fearful	0	1	2	3	4	5
17. Worrying that something bad is going to happen	0	1	2	3	4	5
18. Feeling sad or depressed	0	1	2	3	4	5
19. Nightmares	0	1	2	3	4	5
20. Eating problems	0	1	2	3	4	5

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**(Add ratings together) Total** \_\_\_\_\_

January 2000 (Parent-1)

# Response Scale for OHIO Problem Scale

0

Not at all

1

Once or  
twice

2

Several  
times

3

Often

4

Most of  
the time

5

All of  
the time

Client Initials: \_\_\_\_\_

Client ID: \_\_\_\_\_

Date of Completion: \_\_\_/\_\_\_/\_\_\_

## Ohio Youth Problem and Functioning Scales (Caregiver: English)

Parent Rating – Short Form continued

<b>Instructions:</b> Please rate the degree to which your child's problems affect his or her current ability in everyday activities. Consider your child's current level of functioning.	Extreme Troubles	Quite a Few Troubles	Some Troubles	OK	Doing Very Well
1. Getting along with friends	0	1	2	3	4
2. Getting along with family	0	1	2	3	4
3. Dating or developing relationships with boyfriends or girlfriends	0	1	2	3	4
4. Getting along with adults outside the family (teachers, principal)	0	1	2	3	4
5. Keeping neat and clean, looking good	0	1	2	3	4
6. Caring for health needs and keeping good health habits (taking medicines or brushing teeth)	0	1	2	3	4
7. Controlling emotions and staying out of trouble	0	1	2	3	4
8. Being motivated and finishing projects	0	1	2	3	4
9. Participating in hobbies (baseball cards, coins, stamps, art)	0	1	2	3	4
10. Participating in recreational activities (sports, swimming, bike riding)	0	1	2	3	4
11. Completing household chores (cleaning room, other chores)	0	1	2	3	4
12. Attending school and getting passing grades in school	0	1	2	3	4
13. Learning skills that will be useful for future jobs	0	1	2	3	4
14. Feeling good about self	0	1	2	3	4
15. Thinking clearly and making good decisions	0	1	2	3	4
16. Concentrating, paying attention, and completing tasks	0	1	2	3	4
17. Earning money and learning how to use money wisely	0	1	2	3	4
18. Doing things without supervision or restrictions	0	1	2	3	4
19. Accepting responsibility for actions	0	1	2	3	4
20. Ability to express feelings	0	1	2	3	4

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January 2000 (Parent-2)

(Add ratings together) Total \_\_\_\_\_

# Response Scale for OHIO Functioning Scale

0

Extreme  
troubles

1

Quite a few  
troubles

2

Some  
troubles

3

OK

4

Doing  
very well



**Y**



**Ohio Mental Health Consumer Outcomes System**  
**Ohio Youth Problem and Functioning Scales (Child: English)**  
 Youth Rating – Short Form (Ages 12-18)

<b>Instructions:</b> Please rate the degree to which you have experienced the following problems in the past 30 days.	Not at All	Once or Twice	Several Times	Often	Most of the Time	All of the Time
1. Arguing with others	0	1	2	3	4	5
2. Getting into fights	0	1	2	3	4	5
3. Yelling, swearing, or screaming at others	0	1	2	3	4	5
4. Fits of anger	0	1	2	3	4	5
5. Refusing to do things teachers or parents ask	0	1	2	3	4	5
6. Causing trouble for no reason	0	1	2	3	4	5
7. Using drugs or alcohol	0	1	2	3	4	5
8. Breaking rules or breaking the law (out past curfew, stealing)	0	1	2	3	4	5
9. Skipping school or classes	0	1	2	3	4	5
10. Lying	0	1	2	3	4	5
11. Can't seem to sit still, having too much energy	0	1	2	3	4	5
12. Hurting self (cutting or scratching self, taking pills)	0	1	2	3	4	5
13. Talking or thinking about death	0	1	2	3	4	5
14. Feeling worthless or useless	0	1	2	3	4	5
15. Feeling lonely and having no friends	0	1	2	3	4	5
16. Feeling anxious or fearful	0	1	2	3	4	5
17. Worrying that something bad is going to happen	0	1	2	3	4	5
18. Feeling sad or depressed	0	1	2	3	4	5
19. Nightmares	0	1	2	3	4	5
20. Eating problems	0	1	2	3	4	5

(Add ratings together) Total \_\_\_\_\_

# Response Scale for OHIO Problem Scale

0

Not at  
all

1

Once or  
twice

2

Several  
times

3

Often

4

Most of  
the time

5

All of  
the time

# Ohio Youth Problem and Functioning Scales (Child: English)

## Youth Rating – Short Form (Ages 12-18) continued

<b>Instructions:</b> Below are some ways your problems might get in the way of your ability to do everyday activities. Read each item and circle the number that best describes your current situation.	Extreme Troubles	Quite a Few Troubles	Some Troubles	OK	Doing Very Well
1. Getting along with friends	0	1	2	3	4
2. Getting along with family	0	1	2	3	4
3. Dating or developing relationships with boyfriends or girlfriends	0	1	2	3	4
4. Getting along with adults outside the family (teachers, principal)	0	1	2	3	4
5. Keeping neat and clean, looking good	0	1	2	3	4
6. Caring for health needs and keeping good health habits (taking medicines or brushing teeth)	0	1	2	3	4
7. Controlling emotions and staying out of trouble	0	1	2	3	4
8. Being motivated and finishing projects	0	1	2	3	4
9. Participating in hobbies (baseball cards, coins, stamps, art)	0	1	2	3	4
10. Participating in recreational activities (sports, swimming, bike riding)	0	1	2	3	4
11. Completing household chores (cleaning room, other chores)	0	1	2	3	4
12. Attending school and getting passing grades in school	0	1	2	3	4
13. Learning skills that will be useful for future jobs	0	1	2	3	4
14. Feeling good about self	0	1	2	3	4
15. Thinking clearly and making good decisions	0	1	2	3	4
16. Concentrating, paying attention, and completing tasks	0	1	2	3	4
17. Earning money and learning how to use money wisely	0	1	2	3	4
18. Doing things without supervision or restrictions	0	1	2	3	4
19. Accepting responsibility for actions	0	1	2	3	4
20. Ability to express feelings	0	1	2	3	4

(Add ratings together) Total \_\_\_\_\_

# Response Scale for OHIO Functioning Scale

0

Extreme  
troubles

1

Quite a few  
troubles

2

Some  
troubles

3

OK

4

Doing  
very well

**Center for Epidemiologic Studies Depression Scale – Revised (CESD-R) (Caregiver: English)**

Below is a list of the ways you might have felt or behaved. Please check the boxes to tell me how often you have felt this way in the past week or so.	Last Week				Nearly every day for 2 weeks
	Not at all or Less than 1 day	1 – 2 days	3 – 4 days	5 – 7 days	
My appetite was poor.	0	1	2	3	4
I could not shake off the blues.	0	1	2	3	4
I had trouble keeping my mind on what I was doing.	0	1	2	3	4
I felt depressed.	0	1	2	3	4
My sleep was restless.	0	1	2	3	4
I felt sad.	0	1	2	3	4
I could not get going.	0	1	2	3	4
Nothing made me happy.	0	1	2	3	4
I felt like a bad person.	0	1	2	3	4
I lost interest in my usual activities.	0	1	2	3	4
I slept much more than usual.	0	1	2	3	4
I felt like I was moving too slowly.	0	1	2	3	4
I felt fidgety.	0	1	2	3	4
I wished I were dead.	0	1	2	3	4
I wanted to hurt myself.	0	1	2	3	4
I was tired all the time.	0	1	2	3	4
I did not like myself.	0	1	2	3	4
I lost a lot of weight without trying to.	0	1	2	3	4
I had a lot of trouble getting to sleep.	0	1	2	3	4
I could not focus on the important things.	0	1	2	3	4

REFERENCE: Eaton, W. W., Smith, C., Ybarra, M., Muntaner, C., Tien, A. (2004). Center for Epidemiologic Studies Depression Scale: review and revision (CESD and CESD-R). In ME Maruish (Ed.). *The Use of Psychological Testing for Treatment Planning and Outcomes Assessment* (3<sup>rd</sup> Ed.), Volume 3: Instruments for Adults, pp. 363-377. Mahwah, NJ: Lawrence Erlbaum.

# Response Scale for Caregiver Depression

0

Last week  
Not at all *or*  
less than 1 day

1

Last week  
1-2 days

2

Last week  
3-4 days

3

Last week  
5-7 days

4

Nearly  
every day  
for 2 weeks

Client Initials: \_\_\_\_\_ Client ID: \_\_\_\_\_ Date of Completion: \_\_\_/\_\_\_/\_\_\_

## Parental Stress Scale (Caregiver: English)

The following statements describe feelings and perceptions about the experience of being a parent. Think of each of the items in terms of how your relationship with your child or children typically is. Please indicate the degree to which you agree or disagree with the following items by placing the appropriate number in the space provided.

1 = Strongly disagree	2 = Disagree	3 = Undecided	4 = Agree	5 = Strongly agree
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Rating		
	1.	I am happy in my role as a parent.
	2.	There is little or nothing I wouldn't do for my child(ren) if it was necessary.
	3.	Caring for my child(ren) sometimes takes more time and energy than I have to give.
	4.	I sometimes worry whether I am doing enough for my child(ren).
	5.	I feel close to my child(ren).
	6.	I enjoy spending time with my child(ren).
	7.	My child(ren) is an important source of affection for me.
	8.	Having child(ren) gives me a more certain and optimistic view for the future.
	9.	The major source of stress in my life is my child(ren).
	10.	Having child(ren) leaves little time and flexibility in my life.
	11.	Having child(ren) has been a financial burden.
	12.	It is difficult to balance different responsibilities because of my child(ren).
	13.	The behavior of my child(ren) is often embarrassing or stressful to me.
	14.	If I had it to do over again, I might decide not to have child(ren).
	15.	I feel overwhelmed by the responsibility of being a parent.
	16.	Having child(ren) has meant having too few choices and too little control over my life.
	17.	I am satisfied as a parent.
	18.	I find my child(ren) enjoyable.

### Scoring

To compute the parental stress score, items 1, 2, 5, 6, 7, 8, 17, and 18 should be reverse scored as follows: (1=5) (2=4) (3=3) (4=2) (5=1). The item scores are then summed.

Reference: Berry, J. O., & Jones, W. H. (1995). The Parental Stress Scale: Initial psychometric evidence. *Journal of Social and Personal Relationships*, 12, 463-472

# Response Scale for Parent Stress

1

Strongly  
disagree

2

Disagree

3

Undecided

4

Agree

5

Strongly  
agree



# ARC Monthly Session Form

## VALIDATION REQUIREMENTS AND SYMBOLS EXPLAINED

! This symbol means the field is one of the minimum fields that must be filled out to save the record. No data will be saved unless these fields are completed.

\* This symbol means the field is a required field in order to save the record as completed. Although you can save the record, the system does not consider the record to be completed unless ALL of these fields are completed.

Data Entry Person: Greyed-out fields are pulled in from the completed Client Face Sheet-Intake, so you won't have to enter them again here

### Direct Service Provider User Information

Clinician User ID:			
Clinician First Name:		Clinician Last Name:	
Organization Name:		Site Name:	

### Child Information

First Initial of First Name:		First Initial of Last Name:		Date of Birth:	
------------------------------	--	-----------------------------	--	----------------	--

### Child Identification Codes

Agency-assigned Client ID Number (not PHI):		PSDCRS Client ID Number:	
CSSD Client ID Number:		CSSD Case Number:	
DCF Case ID:		DCF Person Link ID:	

### Session Information

Total Number of Visits this month:		Total Number of No-Show Appointments this month:		Total Number of Visits this month conducted via telehealth:	
% of the total time spent with the child ONLY during this month:		The total time spent for these three % questions should equal 100%			
% of the total time spent with the caregiver ONLY during this month:		The total time spent for these three % questions should equal 100%			
% of the total time spent with the child and caregiver TOGETHER during this month:		The total time spent for these three % questions should equal 100%			

Please check all of the ARC components used this month:

**Integrative/Foundational Strategies**

Routines and Rituals       Psychoeducation

**Attachment Domain**

Caregiver Affect Management       Attunement       Effective Behavioral Response

**Self-Regulation Domain**

Identification       Modulation       Expression/Relational Connection

**Competency Domain**

Executive Functions       Self-Development & Identity

**Trauma Experience Identification**

Caregiver       Child

**Collaboration**

**During this month, did you communicate with the child's:**

<input type="checkbox"/> DCF Worker	<input type="checkbox"/> Probation officer	<input type="checkbox"/> Physician
<input type="checkbox"/> School	<input type="checkbox"/> Other	

Collaboration Notes:

**Functioning**

**Compared to the child's condition at the start of ARC, this child's condition is:**

<input type="checkbox"/> Very much improved since the initiation of treatment	<input type="checkbox"/> Much Improved	<input type="checkbox"/> Minimally improved
<input type="checkbox"/> No change from baseline (the initiation of treatment)	<input type="checkbox"/> Minimally worse	<input type="checkbox"/> Much Worse
<input type="checkbox"/> Very much worse since the initiation of treatment		

**Session Fidelity Checklist**

**Session Structure**

<b>Prior to how many sessions this month did you prepare materials or a session plan?</b>	<input type="checkbox"/> None (0%)	<input type="checkbox"/> Some (34-66%)	<input type="checkbox"/> All (100%)
	<input type="checkbox"/> A few (1-33%)	<input type="checkbox"/> Most (67-99%)	
<b>During how many sessions this month was homework assigned or reviewed?</b>	<input type="checkbox"/> None (0%)	<input type="checkbox"/> Some (34-66%)	<input type="checkbox"/> All (100%)
	<input type="checkbox"/> A few (1-33%)	<input type="checkbox"/> Most (67-99%)	
<b>During how many sessions this month were COWS saved for the end of the session?</b>	<input type="checkbox"/> None (0%)	<input type="checkbox"/> Some (34-66%)	<input type="checkbox"/> All (100%)
	<input type="checkbox"/> A few (1-33%)	<input type="checkbox"/> Most (67-99%)	
<b>During how many sessions this month did the child and/or caregiver practice/demonstrate skill(s) in session (behavior rehearsal)?</b>	<input type="checkbox"/> None (0%)	<input type="checkbox"/> Some (34-66%)	<input type="checkbox"/> All (100%)
	<input type="checkbox"/> A few (1-33%)	<input type="checkbox"/> Most (67-99%)	

# Discharge Facesheet

**!** This symbol means the field is one of the minimum fields that must be filled out to save the record. No data will be saved unless these fields are completed.

**\*** This symbol means the field is a required field in order to save the record as completed. Although you can save the record, the system does not consider the record to be completed unless ALL of these fields are completed.

Data Entry Person: Greyed-out fields are pulled in from the completed Client Face Sheet-Intake, so you won't have to enter them again here

## Direct Service Provider User Information

**Clinician First Name: !**

**Clinician Last Name: !**

## Child Information

**Child First Initial: !**

**Child Last Initial: !**

## Child Identification Codes

**Which EBP?**

**ARC**

**CBITS**

**Bounce Back**

**CPP**

## Discharge Information

**Discharge Date: \*** \_\_\_\_/\_\_\_\_/\_\_\_\_

**CGI:**  
Considering your experience, how severe are the child's emotional, behavioral, and/or cognitive concerns at the time of discharge?  
**(Circle only one):\***

Normal  
Slightly severe  
Mildly severe  
Moderately severe  
Markedly severe  
Very severe  
  
Among the most severe symptoms that any child may experience

**CGI:**  
**Compared to the child's condition at intake, this child's condition is \_\_\_\_ (circle one):\***

Very much improved  
Much improved  
Minimally improved  
No change  
Minimally worse  
Much worse  
Very much worse

**Discharge Reason: \***

<input type="checkbox"/>	Successfully completed selected EBP Model requirements-no more treatment needed	<input type="checkbox"/>	Referred for other EBP (outpatient) within agency	<input type="checkbox"/>	Family moved out of area
<input type="checkbox"/>	Successfully completed selected EBP Model requirements-continue with other treatment	<input type="checkbox"/>	Referred for other non-EBP (outpatient) within agency	<input type="checkbox"/>	Referred to other agency (outpatient)
<input type="checkbox"/>	Family discontinued treatment	<input type="checkbox"/>	Referred to higher level of care	<input type="checkbox"/>	Assessment Only-no treatment needed
Other (specify):					

## System Involvement

**Child/Family involved with DCF? \***

Yes

No

**If child / family is involved with DCF, please complete ALL of the following questions:**

**DCF Case ID: (if available)**

**DCF Person Link ID: (if available)**

**DCF Status:**  
**DCF Regional Office:**

<input type="checkbox"/>	Child Protective Services – In-Home	<input type="checkbox"/>	Family with Service Needs – (FWSN) In-Home	<input type="checkbox"/>	Not DCF – On Probation
<input type="checkbox"/>	Child Protective Services – Out of Home	<input type="checkbox"/>	Family with Service Needs (FWSN) Out of Home	<input type="checkbox"/>	Not DCF – Other Court Involved

## Discharge Facesheet

	<input type="checkbox"/> Dual Commitment (JJ and Child Protective Services)	<input type="checkbox"/> Juvenile Justice (delinquency) commitment	<input type="checkbox"/> Termination of Parental Rights
	<input type="checkbox"/> Family Assessment Response	<input type="checkbox"/> Not DCF	<input type="checkbox"/> Voluntary Services Program
<b>Youth involved with Juvenile Justice (JJ) System? *</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>If youth is involved with JJ, please complete ALL of the following questions:</b>			
<b>CSSD Client ID: (if available)</b>		<b>CSSD Case ID: (if available)</b>	
<b>CSSD Case Type:</b>		<input type="checkbox"/> Delinquency	<input type="checkbox"/> Family with Service Needs (Status Offense)
<b>CSSD Case Status:</b>	<input type="checkbox"/> Administrative Supervision	<input type="checkbox"/> Juvenile probation	<input type="checkbox"/> Restore Probation
	<input type="checkbox"/> Extended Probation	<input type="checkbox"/> Non-Judicial FWSN Family Service Agreement	<input type="checkbox"/> Suspended Order
	<input type="checkbox"/> Interim Orders	<input type="checkbox"/> Non-Judicial Supervision (NJS)	<input type="checkbox"/> Waived PDS - Probation
	<input type="checkbox"/> Judicial FWSN Supervision	<input type="checkbox"/> Non-Judicial Supervision Agreement	<input type="checkbox"/>
<b>Court District:</b>			
<b>Court Handling Decision:</b>		<input type="checkbox"/> Judicial	<input type="checkbox"/> Non-Judicial
<b>Treatment Information: School</b>			
<b>Since the start of EBP treatment...</b>			
<b>Child's school attendance: *</b>	<input type="checkbox"/> Good (few or no days missed)	<input type="checkbox"/> No School Attendance: Child Too Young for School	<input type="checkbox"/> No School Attendance: Other
	<input type="checkbox"/> Fair (several days missed)	<input type="checkbox"/> No School Attendance: Child Suspended/Expelled from School	
	<input type="checkbox"/> Poor (many days missed)	<input type="checkbox"/> No School Attendance: Child Dropped Out of School	
<b>Suspended or expelled: *</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>IEP: *</b> Does the child have an Individual Education Plan (special education)?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Treatment Information: Legal</b>			
<b>Since the start of EBP treatment...</b>			
<b>Arrested: *</b> Has the child been arrested since start of treatment?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Detained or incarcerated: *</b> Has the child been detained or incarcerated since start of treatment?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Treatment Information: Medical</b>			
<b>Since the start of EBP treatment...</b>			
<b>Alcohol and/or drugs problems: *</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Evaluated in ER/ED for psychiatric issues: *</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Certified medically complex: *</b>		<input type="checkbox"/> Yes	<input type="checkbox"/> No