

# Bridge to Better.™

### **Highlights from FY 2022**

### **System Development and Integration**

CHDI collaborated to address current gaps in care, support the behavioral health workforce, and improve behavioral health systems for children and families.

Convened four Behavioral Health Plan for Children workgroups and developed strategies to improve crisis care, reduce emergency department volume, integrate data, and enhance the value of services.





**207**SCHOOLS

### **Comprehensive School Mental Health**

Supported schools to promote well-being and address trauma and behavioral health needs.

**Engaged 207 schools** in school mental health initiatives, including CBITS, Bounce Back, SHAPE, Project AWARE, and SBDI.

Developed an asynchonous online **Comprehensive School Mental Health training portal** with 18 lessons and 9 training modules.

### **Effective Behavioral Health Treatment**

Evidence-based treatments (EBTs) improved outcomes and reduced racial and ethnic disparities more than "usual care."

2,400+

CHILDREN RECEIVED AN EBT disseminated by CHDI

70+ NEW PROVIDERS TRAINED



Expanded the availability of evidence-based trauma-focused services to young children.



# **Quality Improvement and Measurement-Based Care**

CHDI provides quality improvement and measurement-based care support for several evidence-based treatments, a network of 23 outpatient community behavioral health centers, and three statewide initiatives (SBDI, Mobile Crisis Intervention Services, and care coordination). CHDI also supported mobile response implementation in six states.

10,090

#### YOUTH & FAMILIES UTILIZED MOBILE CRISIS

Connecticut's youth mobile crisis services provided 26% more episodes of care than in the previous year and is prepared to expand 24/7/365 in 2023.



### **Trauma-Informed Systems**

Developed free Trauma ScreenTIME training for childserving professionals to screen for traumatic stress and connect children to treatment and services.

251 STAFF COMPLETED TRAUMA SCREENTIME TRAINING

1460+ CHILDREN SCREENED USING THE CHILD TRAUMA SCREEN

# A Commitment to Equity and Racial Justice

CHDI's core values affirm our commitment to health equity and racial justice so all children can thrive.

Internally, we advanced our commitment to antiracism and equity by administering an organizational assessment and identifying areas for improvement, updating our handbook and hiring process, engaging our staff and board in anti-racist and equity-focused activities, and developing best practice guides for equitable data practices and program coordination.

#### **A Great Place to Work**

CHDI was recognized as a "Best Place to Work" by the Hartford Business Journal and New Haven Biz!

