

Building a Bridge to Better Children's Behavioral Health

Annual Highlights FY 2025

Expanding Access to Comprehensive School Mental Health

Helping schools strengthen behavioral health services and supports and connect to the larger system of care



ENGAGED
301
SCHOOLS

CONTINUED
PILOTING
2 MODELS

60
SCHOOLS
COMPLETED
SHAPE

53%
DECREASE IN COURT
REFERRALS

Students Supporting Students +
SBDI-Early Intervention

among
SBDI schools



System Development and Policy

Promoting better behavioral health system functioning and integration

- Launched **new online training portal, KidsMentalHealthTraining.org**, to expand on-demand behavioral health workforce training opportunities
- Developed new public-facing **Children's Behavioral Health System Dashboard** for the state of CT
- CHDI staff served on **47 national and statewide cabinets, councils, and committees** working on strengthening behavioral health systems and policies

Expanding Access to Evidence-Based Treatments

Evidence-based behavioral health treatments (EBTs) and practices improve youth outcomes and reduce disparities better than "usual care."



423

clinicians
trained in
FY25

74%

avg. symptom
reduction
among kids
receiving an
EBT*

24,310

CT children received an
EBT since 2007*

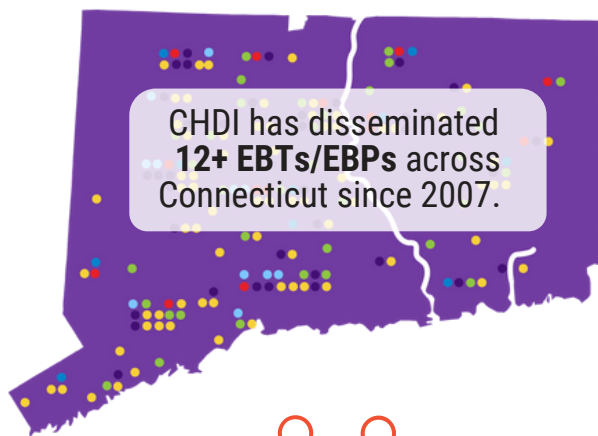
460+

providers
attended 2025
EBP Conference

2,195

children received
an EBT in FY25*

**Disseminated by CHDI*



Expanded initiatives to improve access to
integrated care for youth with substance use
and co-occurring disorders



Quality Improvement

Promoting effective and equitable behavioral health services through data analysis, reporting, technical assistance, and other quality improvement support

CHDI leads quality improvement for Connecticut's **youth crisis system** and network of **22 outpatient psychiatric clinics for children (OPCCs)**.



88% of **mobile crisis** episodes
received a response within 45 min



Youth served by
Connecticut OPCCs

Organizational Growth

Strengthening our organization and expanding our impact



Sharing Our Expertise, Expanding Our Reach

CHDI supported **Connecticut** and 4 **other states**, providing technical assistance, training, and consultation to state agencies and providers.



...plus, we expanded online course offerings available to child-serving providers nationwide!



Staff presentations
in 10 states

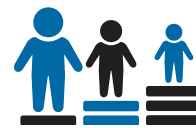


CHDI publications & resources for
providers, schools, and policymakers



national peer-reviewed journal
publications by CHDI staff

CHDI has embedded **equitable and anti-racist practices** throughout our work, including in our quality improvement process, EBP implementation, school mental health needs assessments, policy and system development efforts.



**Ongoing Commitment
to Advancing
Equity**

Supporting Our Growing Team



New staff joined
in FY25



Staff activities hosted by
CHDI Sunshine Committee



Voted a "Best Place to Work in CT" 4 years in a row!