

# Building a Bridge to Better Children's Behavioral Health

## Annual Highlights

### Promoting Comprehensive School Mental Health

*Helping schools strengthen and integrate behavioral health services and supports*



ENGAGED  
**394**  
SCHOOLS

DEVELOPED  
& PILOTED  
**2** MODELS

Student Peer Support  
SBDI-Early Intervention

**45**  
NEW SCHOOLS  
COMPLETED  
SHAPE

**23%**  
DECREASE IN COURT  
REFERRALS

among  
SBDI schools



### System Development and Policy

*Promoting better behavioral health system functioning and integration*

- A hub to **advance Connecticut's system of care** and comprehensive school mental health systems
- Published and began implementing strategic plan to **strengthen CT's behavioral health workforce**
- Celebrated the successful expansion of Connecticut's **comprehensive youth crisis system**

# Expanding Access to Evidence-Based Treatments

*Evidence-based behavioral health treatments (EBTs) and practices improve youth outcomes and reduce racial and ethnic disparities better than “usual care.”*



**305**

clinicians  
trained in  
FY24

**67-89%**

avg. symptom  
reduction  
among kids  
receiving an  
EBT\*

**22,784**

CT children received an  
EBT since 2007\*

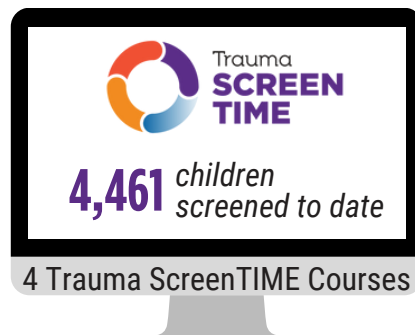
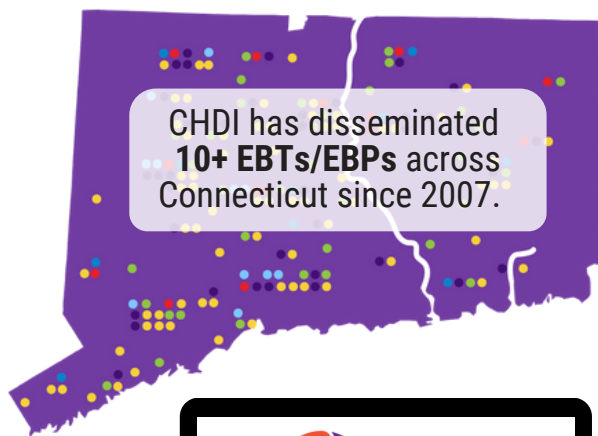
**460+**

providers  
attended 2024  
EBP Conference

**2,388**

children received  
an EBT in FY24\*

*\*Disseminated by CHDI*



## Improving the Quality of Care

*Promoting effective and equitable behavioral health services through data analysis, reporting, technical assistance, and other quality improvement support*

CHDI leads quality improvement for Connecticut's nationally recognized **youth crisis system** and the state's network of **22 outpatient psychiatric clinics (OPCCs)** for children.



Median Mobile Crisis  
response time



Youth served by  
Connecticut OPCCs

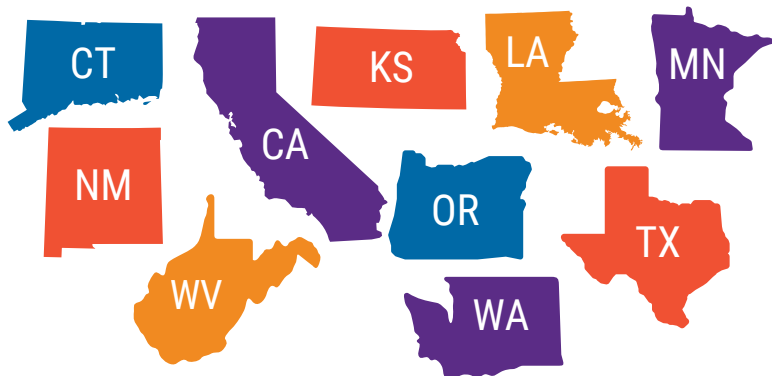
# Organizational Growth

*Strengthening our organization to sustain our mission for as long as the work is needed*

**BEST PLACES  
HBJ TO WORK  
IN CONNECTICUT  
2024 AWARDS**

## Sharing Our Expertise, Expanding Our Reach

CHDI supported **Connecticut** and **9 other states**, providing technical assistance, training, and consultation to state agencies and providers.



Staff presentations  
in 10 states



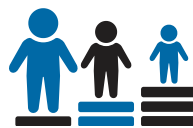
CHDI publications & resources for  
providers, schools, and policymakers



National journal  
publications by CHDI staff

CHDI is **embedding equitable and anti-racist practices** throughout our external work - including our quality improvement process, school mental health needs assessments, and public policy efforts - *and* our internal policies and practices.

**Ongoing Commitment  
to Equity and  
Anti-Racism**



## Supporting Our Growing Team



New staff hired  
in FY24



Staff activities hosted by  
CHDI Sunshine Committee



A "Best Place to Work in CT" 3 years in a row!