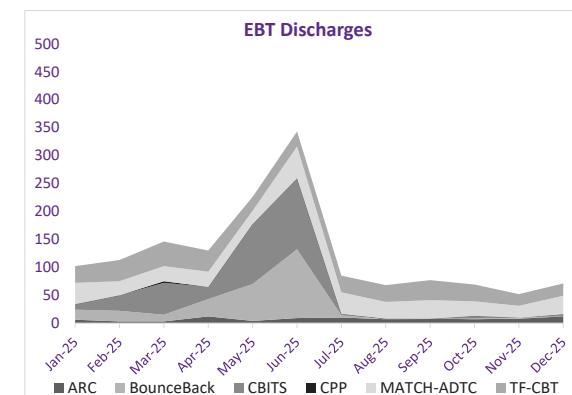
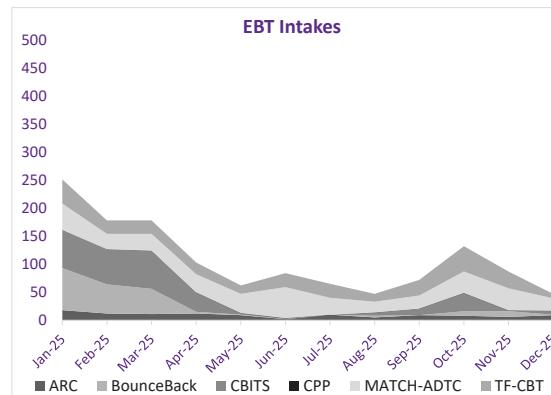
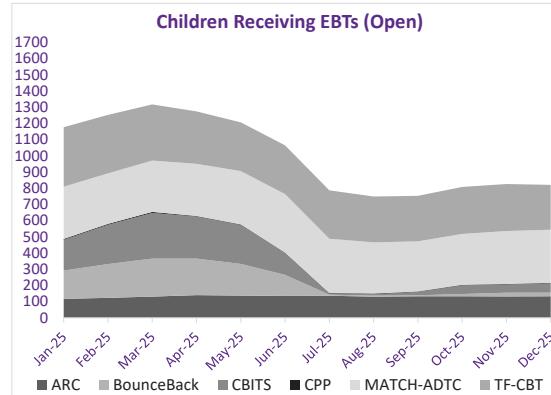


EBT Performance Dashboard: State of Connecticut December 2025

The Coordinating Center is located at Child Health and Development Institute. This report summarizes the monthly performance data for implementation and sustainment of Evidence-Based Treatment models (EBTs) including: Attachment, Self-Regulation, and Competency (ARC), BounceBack, Cognitive Behavioral Intervention for Trauma in Schools (CBITS), Child Parent Psychotherapy (CPP), Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC), Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

The longstanding impacts of COVID-19 on mental health needs and services may affect the data in this report. The numbers and trends in this report should be viewed in that context.

For more information contact Katie Newkirk at knewkirk@chdi.org.



		Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	FY26 Total	Year Total ¹
Open	ARC	117	123	131	140	137	135	136	131	133	133	132	133	173	210
	BounceBack	175	209	235	226	196	130	7	6	6	14	23	22	29	298
	CBITS	190	243	282	260	241	135	7	9	21	54	51	58	66	419
	CPP	5	5	6	3	3	3	3	4	3	3	3	3	4	7
	MATCH-ADTC	323	312	317	322	329	361	335	316	309	314	327	328	476	672
	TF-CBT	367	361	347	324	301	301	299	283	281	290	290	277	424	626
Open Total		1177	1253	1318	1275	1207	1065	787	749	753	808	826	821	1172	2232
Intakes	ARC	18	12	11	12	9	2	10	5	9	8	6	9	47	111
	BounceBack	75	52	45	3	1	0	0	3	0	8	10	1	22	198
	CBITS	67	63	67	35	3	2	0	5	12	33	2	7	59	296
	CPP	1	0	1	0	0	0	0	1	0	0	0	0	1	3
	MATCH-ADTC	47	27	30	32	34	55	30	19	23	38	39	22	149	396
	TF-CBT	43	24	24	21	15	25	25	14	28	45	30	8	142	302
Intakes Total		251	178	178	103	62	84	65	47	72	132	87	47	420	1306
Discharges	ARC	6	3	3	12	4	9	10	7	8	7	8	12	52	89
	BounceBack	18	19	12	31	66	123	4	0	0	1	2	0	7	276
	CBITS	10	28	57	22	108	128	3	0	0	5	0	3	11	364
	CPP	0	0	3	0	0	0	0	1	0	0	0	1	2	5
	MATCH-ADTC	38	25	27	27	23	56	38	30	33	26	21	33	148	377
	TF-CBT	30	38	44	38	25	27	30	30	36	30	21	22	147	371
Discharges Total		102	113	146	130	226	343	85	68	77	69	52	71	367	1482

¹ Total for the 12 months (year) displayed in table.

Data pulled on 1/21/2026. Data include treatment episodes with at least one visit ever only.

Intakes December 2025 & FY 2026

Intakes December 2025 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26
Stamford Public Schools	0	0	0	0	0	8	0	0	0	0	0	0	0	8
Stonington Public Schools	0	0	1	6	0	5	0	0	0	0	0	0	1	11
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	0	1	0	1
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	0	6	2	19	2	25
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	0	1	0	5	0	3	0	9
The Connecticut Junior Republic Association, Inc.	0	0	0	0	0	4	0	0	0	3	0	3	0	10
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	3	7	0	0	0	0	0	0	2	7	0	5	5	19
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	1	4	1	4
United Community and Family Services, Inc.	3	19	0	0	0	0	0	0	1	9	0	5	4	33
United Services, Inc.	0	0	0	0	0	0	0	0	0	4	0	8	0	12
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	1	1	1	1
Wellmore, Inc.	0	4	0	0	0	0	0	0	0	6	0	6	0	16
Wethersfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	0	4	0	4	0	8
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	9	47	1	22	7	59	0	1	22	149	8	139	47	417

Open EBT Episodes December 2025 & FY 2026

Open EBT Episodes December 2025 & FY 2026														
Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26
Seymour Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Southwest Community Health Center	0	0	0	0	8	8	0	0	0	0	0	0	8	8
Sprague Public Schools	0	0	3	3	0	0	0	0	0	0	0	0	3	3
Stamford Public Schools	0	0	0	0	8	8	0	0	0	0	0	0	8	8
Stonington Public Schools	0	0	6	6	7	7	0	0	0	0	0	0	13	13
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	1	5	1	5
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	15	20	30	54	45	74
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	3	4	7	18	4	9	14	31
The Connecticut Junior Republic Association, Inc.	0	0	0	0	4	4	0	0	6	9	7	10	17	23
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	9	10	0	0	0	0	0	0	17	18	11	16	37	44
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	5	5	5	5
United Community and Family Services, Inc.	61	83	0	0	0	0	0	0	21	30	10	11	92	124
United Services, Inc.	0	0	0	0	0	0	0	0	4	8	9	9	13	17
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	2	2	2	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	9	10	9	10
Wellmore, Inc.	4	4	0	0	0	0	0	0	8	15	11	14	23	33
Wethersfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	4	4	5	7	9	11
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	133	173	22	29	58	66	3	4	328	476	274	421	818	1169

Discharges December 2025 & FY 2026

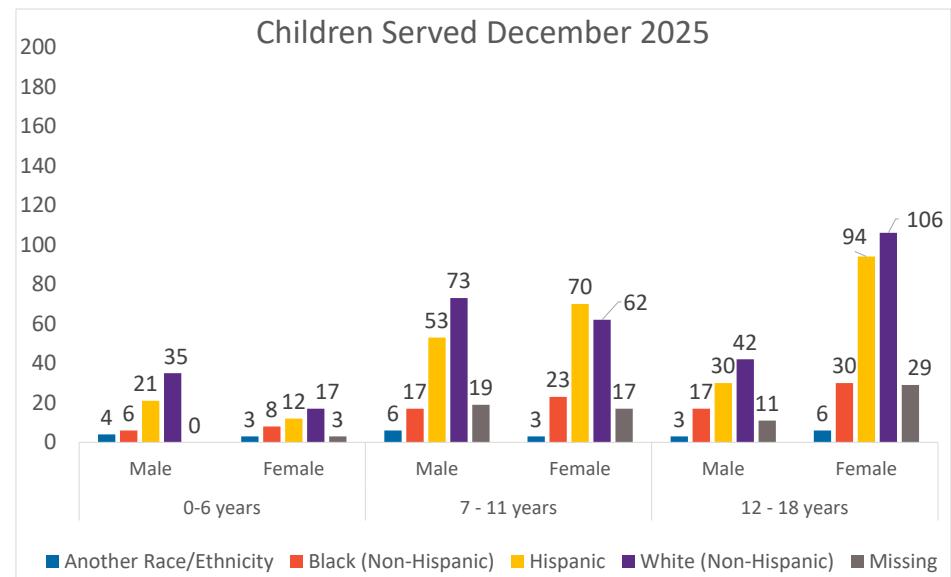
Discharges December 2025 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26	Dec-25	FY26
Seymour Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Southwest Community Health Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprague Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Stamford Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Stonington Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	0	4	0	4
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	1	5	4	24	5	29
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	1	2	0	11	0	5	1	18
The Connecticut Junior Republic Association, Inc.	0	0	0	0	0	0	0	0	0	3	0	3	0	6
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	0	1	0	0	0	0	0	0	0	1	0	5	0	7
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	0	0	0	0
United Community and Family Services, Inc.	4	26	0	0	0	0	0	0	1	9	0	1	5	36
United Services, Inc.	0	0	0	0	0	0	0	0	0	4	0	0	0	4
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	2	0	2	0
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	0	1	0	1
Wellmore, Inc.	0	0	0	0	0	0	0	0	1	7	0	3	1	10
Wethersfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	12	52	0	7	3	11	1	2	33	148	22	147	71	367

	Sex for Children Served December 2025		
	Total Open	Male	Female
ARC	133	62%	38%
BounceBack	22	55%	45%
CBITS	58	31%	69%
CPP	3	0%	100%
MATCH-ADTC	328	39%	61%
TF-CBT	277	35%	65%
All EBTs	821	41%	59%

	Ages for Children Served December 2025			
	Total Open	0 - 6 years	7 - 11 years	12 - 18 years
ARC	133	47%	43%	11%
BounceBack	22	23%	77%	0%
CBITS	58	0%	26%	72%
CPP	3	100%	0%	0%
MATCH-ADTC	328	6%	46%	48%
TF-CBT	277	7%	38%	56%
All EBTs	821	13%	42%	45%

	Race/Ethnicity for Children Served December 2025					
	Total Open	Another race (non-Hispanic)	Black (non-Hispanic)	Hispanic	White-Non-Hispanic	Missing
ARC	133	4%	11%	25%	60%	0%
BounceBack	22	0%	5%	27%	68%	0%
CBITS	58	0%	22%	57%	21%	0%
CPP	3	0%	33%	33%	33%	0%
MATCH-ADTC	328	2%	11%	35%	37%	15%
TF-CBT	277	5%	13%	33%	38%	10%
All EBTs	821	3%	12%	34%	41%	10%



	Intake Status for Children Served December 2025				
	Total Open	Chlid Welfare ¹	IEP ²	ER Eval ³	Alcohol/Drugs ⁴
ARC	133	24%	35%	1%	1%
BounceBack	22	9%	23%	5%	0%
CBITS	58	14%	33%	2%	3%
CPP	3	0%	0%	0%	0%
MATCH-ADTC	328	10%	27%	4%	2%
TF-CBT	277	21%	26%	4%	2%
All EBTs	821	16%	28%	3%	2%

¹ DCF involvement at EBT intake. Includes in-home and out-of-home services.

² Individual Education Plan (special education) during the 3 months prior to EBT treatment.

³ Evaluated in the ER/ED for psychiatric issues during the 3 months prior to EBT treatment.

⁴ Alcohol and/or drug problems during the 3 months prior to EBT treatment.