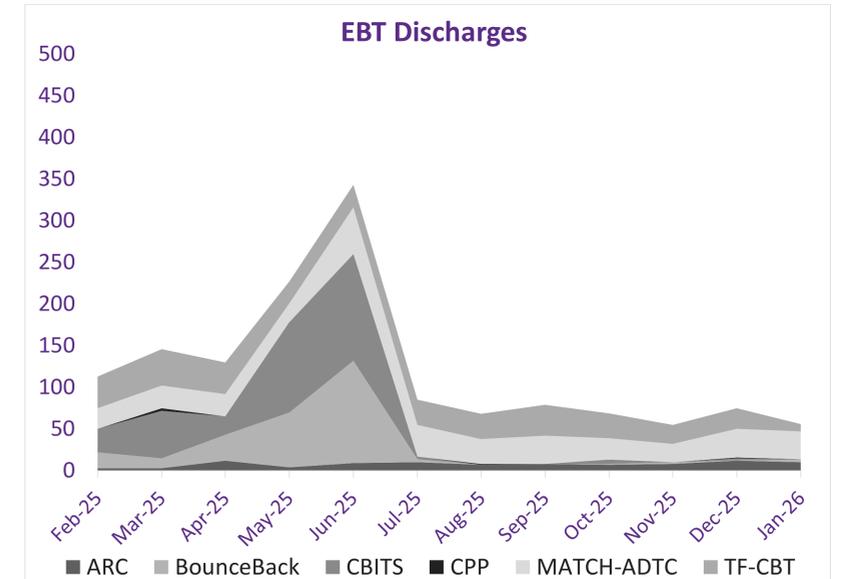
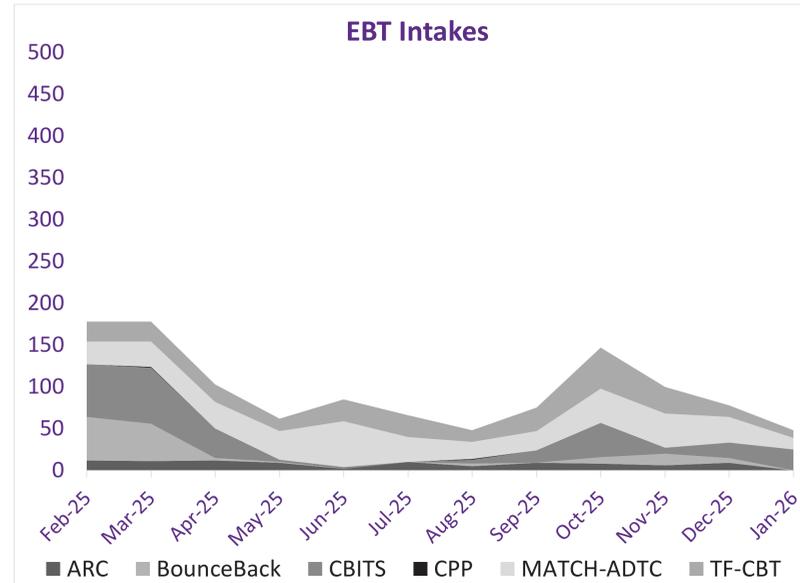
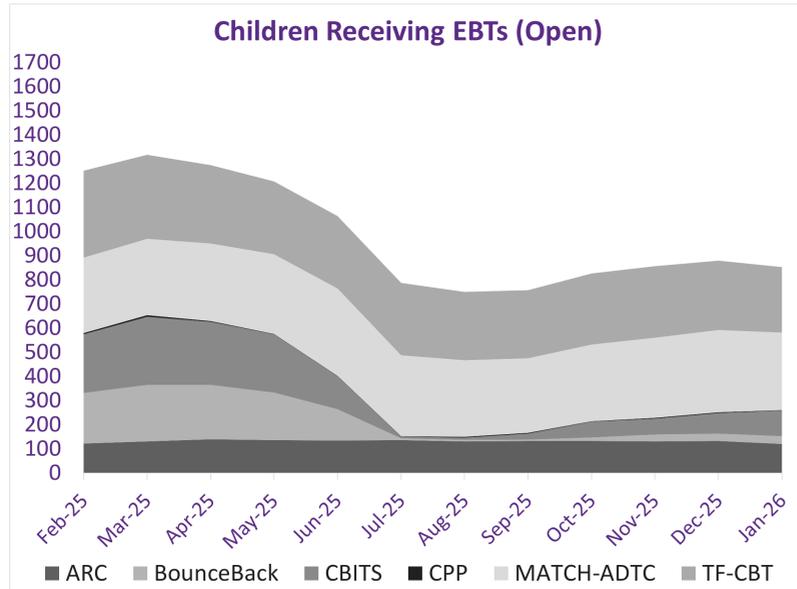


EBT Performance Dashboard: State of Connecticut January 2026

The Coordinating Center is located at Child Health and Development Institute. This report summarizes the monthly performance data for implementation and sustainment of Evidence-Based Treatment models (EBTs) including: Attachment, Self-Regulation, and Competency (ARC), BounceBack, Cognitive Behavioral Intervention for Trauma in Schools (CBITS), Child Parent Psychotherapy (CPP), Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC), Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

The longstanding impacts of COVID-19 on mental health needs and services may affect the data in this report. The numbers and trends in this report should be viewed in that context.

For more information contact Katie Newkirk at knewkirk@chdi.org.



		Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	FY26 Total	Year Total ¹
Open	ARC	123	131	140	137	135	136	131	133	133	132	133	121	173	204
	BounceBack	209	235	226	196	130	7	6	6	14	27	31	31	38	289
	CBITS	243	282	260	241	135	7	9	24	65	67	85	107	118	461
	CPP	5	6	3	3	3	3	4	3	3	3	3	2	4	7
	MATCH-ADTC	312	317	322	329	361	335	317	310	317	332	341	321	505	663
	TF-CBT	361	347	324	301	301	300	284	282	294	296	287	271	446	619
	Open Total	1253	1318	1275	1207	1065	788	751	758	826	857	880	853	1284	2243
Intakes	ARC	12	11	12	9	2	10	5	9	8	6	9	0	47	93
	BounceBack	52	45	3	1	0	0	3	0	8	14	6	0	31	132
	CBITS	63	67	35	3	2	0	5	15	41	7	18	25	111	281
	CPP	0	1	0	0	0	0	1	0	0	0	0	0	1	2
	MATCH-ADTC	27	30	32	34	55	30	20	23	41	41	31	14	200	378
	TF-CBT	24	24	21	15	26	26	14	28	49	32	14	9	172	282
	Intakes Total	178	178	103	62	85	66	48	75	147	100	78	48	562	1168
Discharges	ARC	3	3	12	4	9	10	7	8	7	8	12	10	62	93
	BounceBack	19	12	31	66	123	4	0	0	1	2	0	3	10	261
	CBITS	28	57	22	108	128	3	0	0	5	0	3	1	12	355
	CPP	0	3	0	0	0	0	1	0	0	0	1	0	2	5
	MATCH-ADTC	25	27	27	23	56	38	30	34	26	22	34	33	217	375
	TF-CBT	38	44	38	26	27	30	30	37	30	23	25	9	184	357
	Discharges Total	113	146	130	227	343	85	68	79	69	55	75	56	487	1446

¹ Total for the 12 months (year) displayed in table.
Data pulled on 2/21/2026. Data include treatment episodes with at least one visit ever only.

Intakes January 2026 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26
Southwest Community Health Center	0	0	0	0	0	8	0	0	0	0	0	0	0	8
Sprague Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Stamford Public Schools	0	0	0	0	0	8	0	0	0	0	0	0	0	8
Stonington Public Schools	0	0	0	7	0	5	0	0	0	0	0	0	0	12
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	0	1	0	1
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	0	6	2	23	2	29
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	0	1	0	5	0	3	0	9
The Connecticut Junior Republic Association, Inc.	0	0	0	0	0	4	0	0	0	3	0	3	0	10
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	0	7	0	0	0	0	0	0	3	16	0	8	3	31
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	0	6	0	6
United Community and Family Services, Inc.	0	19	0	0	0	0	0	0	0	10	0	5	0	34
United Services, Inc.	0	0	0	0	0	0	0	0	2	10	0	8	2	18
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	0	3	0	3
Wellmore, Inc.	0	4	0	0	0	0	0	0	0	8	0	6	0	18
Wethersfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	0	4	0	4	0	8
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	0	0	3	3	0	0	0	0	0	0	3	3
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	0	47	0	31	25	111	0	1	14	200	9	172	48	562

Open EBT Episodes January 2026 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26
Adelbrook, Inc.	0	0	0	0	0	0	0	0	2	3	1	1	3	4
Amity Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Berlin Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Bhcare, Inc.	0	0	0	0	0	0	0	0	6	16	0	3	6	19
Bloomfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Boys & Girls Village, Inc.	0	0	0	0	0	5	0	0	3	4	1	2	4	11
Bridgeport Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Bridges Healthcare, Inc.	0	0	0	0	13	13	0	0	32	45	10	17	55	75
Capitol Region Education Council	0	0	0	0	0	0	0	0	1	1	0	0	1	1
Catholic Charities, Inc. - Archdiocese of Hartford	0	0	0	0	0	0	0	0	0	0	3	4	3	4
Child and Family Agency of Southeastern Connecticut, Inc.	5	18	0	0	6	6	0	0	15	31	7	12	33	67
Child Guidance Center of Southern Connecticut, Inc	15	18	0	0	0	0	0	0	0	0	3	12	18	30
Clifford W. Beers Guidance Clinic, Inc.	0	0	0	0	15	18	0	0	6	12	9	11	30	41
Community Child Guidance Clinic, Inc.	29	38	0	0	0	0	0	0	14	21	20	28	63	87
Community Guidance Clinic for Central CT, Inc.	0	0	3	3	0	0	0	0	9	17	3	8	15	28
Community Health Center, Inc.	2	2	0	0	0	0	0	0	0	0	5	8	7	10
Community Health Resources, Inc.	0	0	0	3	3	6	0	0	81	133	15	23	99	165
Community Mental Health Affiliates, Inc.	0	0	0	0	0	0	0	0	22	29	20	32	42	61
Cornell Scott Hill Health Corporation	0	0	0	0	0	0	0	0	12	17	7	14	19	31
Family & Children's Aid, Inc.	0	0	0	0	0	0	0	0	0	0	16	22	16	22
Great Oaks Charter School	0	0	0	0	4	4	0	0	0	0	0	0	4	4
Hartford Behavioral Health	0	0	0	0	0	0	0	0	0	0	5	5	5	5
Hartford Hospital - IOL	0	0	0	0	0	0	0	0	0	0	4	5	4	5
Hartford Public Schools	0	0	11	12	23	23	0	0	0	0	0	0	34	35
Holistic Behavioral Health, LLC	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Integrative Behavioral Health, LLC	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Jewish Family Services of Greater Hartford, Inc.	0	0	0	0	0	0	0	0	0	0	1	3	1	3
Klingberg Family Centers, Inc.	0	0	0	3	0	0	0	0	12	20	13	29	25	52
LEARN Regional Education Service Center	0	0	0	0	8	8	0	0	0	0	0	0	8	8
LifeBridge Community Services, Inc.	0	0	0	0	0	0	0	0	0	0	9	19	9	19
Middletown Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Mid-Fairfield Community Care Center	0	0	0	0	0	0	0	0	13	19	8	14	21	33
NAFI Outpatient Clinic	0	0	0	0	0	0	0	0	0	0	4	8	4	8
Naugatuck Public Schools	0	0	0	0	2	2	0	0	0	0	0	0	2	2
New London Public Schools	0	0	0	0	3	3	0	0	0	0	0	0	3	3
Newtown Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Oxford Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Patrick M. Keenan, NCC, LPC	0	0	0	0	0	0	0	0	0	0	4	5	4	5
Pomperaug Regional School District 15	0	0	3	3	0	0	0	0	0	0	0	0	3	3
Redeem Wellness Center, LLC	0	0	0	0	0	0	0	0	0	0	2	2	2	2

Open EBT Episodes January 2026 & FY 2026

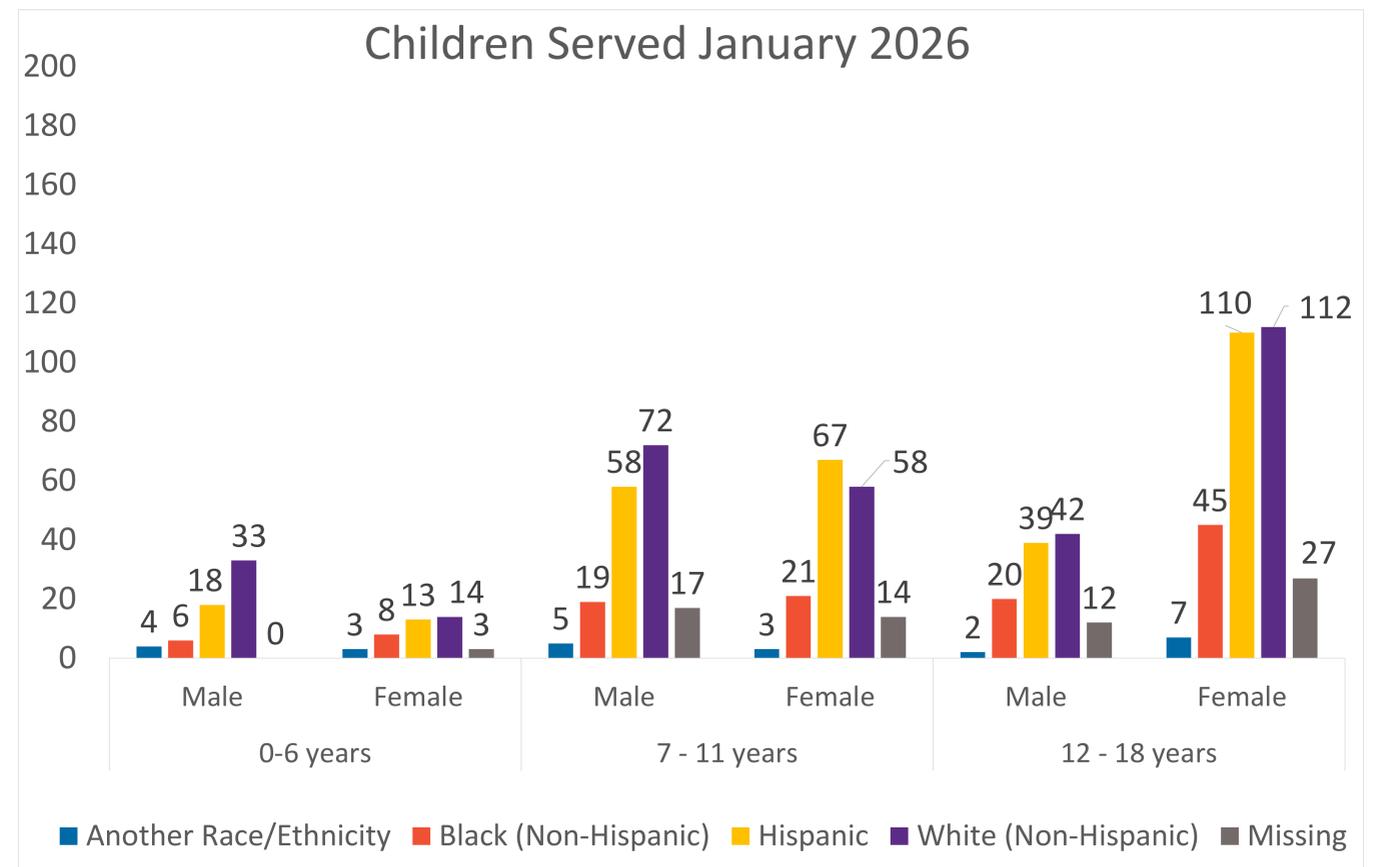
Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26
Region 1 Schools	0	0	4	4	0	0	0	0	0	0	0	0	4	4
Seymour Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Southwest Community Health Center	0	0	0	0	8	8	0	0	0	0	0	0	8	8
Sprague Public Schools	0	0	3	3	0	0	0	0	0	0	0	0	3	3
Stamford Public Schools	0	0	0	0	8	8	0	0	0	0	0	0	8	8
Stonington Public Schools	0	0	7	7	7	7	0	0	0	0	0	0	14	14
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	0	5	0	5
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	14	20	28	56	42	76
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	2	4	7	18	4	9	13	31
The Connecticut Junior Republic Association, Inc.	0	0	0	0	4	4	0	0	6	9	6	10	16	23
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	9	10	0	0	0	0	0	0	23	25	14	19	46	54
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	5	6	5	6
United Community and Family Services, Inc.	57	83	0	0	0	0	0	0	20	30	10	11	87	124
United Services, Inc.	0	0	0	0	0	0	0	0	10	14	9	9	19	23
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	10	11	10	11
Wellmore, Inc.	4	4	0	0	0	0	0	0	9	17	10	14	23	35
Wethersfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	4	4	5	7	9	11
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	0	0	3	3	0	0	0	0	0	0	3	3
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	121	173	31	38	107	118	2	4	321	505	271	446	853	1284

Discharges January 2026 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26	Jan-26	FY26
Region 1 Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Seymour Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Southwest Community Health Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprague Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Stamford Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Stonington Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	0	5	0	5
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	3	9	2	30	5	39
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	0	2	0	11	0	5	0	18
The Connecticut Junior Republic Association, Inc.	0	0	0	0	0	0	0	0	0	3	0	4	0	7
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	1	2	0	0	0	0	0	0	1	3	0	5	2	10
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	0	1	0	1
United Community and Family Services, Inc.	6	32	0	0	0	0	0	0	3	13	2	3	11	48
United Services, Inc.	0	0	0	0	0	0	0	0	0	4	0	0	0	4
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	0	1	0	1
Wellmore, Inc.	0	0	0	0	0	0	0	0	0	8	0	4	0	12
Wethersfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	0	0	1	3	1	3
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	10	62	0	10	1	12	0	2	33	217	9	184	56	487

Sex for Children Served January 2026			
	Total Open	Male	Female
ARC	121	64%	36%
BounceBack	31	61%	39%
CBITS	107	27%	73%
CPP	2	0%	100%
MATCH-ADTC	321	38%	62%
TF-CBT	271	37%	63%
All EBTs	853	41%	59%

Ages for Children Served January 2026				
	Total Open	0 - 6 years	7 - 11 years	12 - 18 years
ARC	121	45%	44%	12%
BounceBack	31	19%	81%	0%
CBITS	107	0%	20%	79%
CPP	2	100%	0%	0%
MATCH-ADTC	321	6%	44%	50%
TF-CBT	271	7%	35%	58%
All EBTs	853	12%	39%	49%



Race/Ethnicity for Children Served January 2026						
	Total Open	Another race (non-Hispanic)	Black (non-Hispanic)	Hispanic	White-Non-Hispanic	Missing
ARC	121	4%	11%	26%	60%	0%
BounceBack	31	0%	13%	35%	52%	0%
CBITS	107	0%	31%	52%	17%	0%
CPP	2	0%	50%	50%	0%	0%
MATCH-ADTC	321	2%	11%	35%	38%	15%
TF-CBT	271	5%	12%	35%	38%	10%
All EBTs	853	3%	14%	36%	39%	9%

Intake Status for Children Served January 2026					
	Total Open	Child Welfare ¹	IEP ²	ER Eval ³	Alcohol /Drugs ⁴
ARC	121	26%	39%	1%	1%
BounceBack	31	16%	23%	10%	0%
CBITS	107	14%	35%	3%	6%
CPP	2	0%	0%	0%	0%
MATCH-ADTC	321	10%	29%	4%	2%
TF-CBT	271	22%	29%	5%	3%
All EBTs	853	17%	31%	4%	3%

¹ DCF involvement at EBT intake. Includes in-home and out-of-home services.

² Individual Education Plan (special education) during the 3 months prior to EBT treatment.

³ Evaluated in the ER/ED for psychiatric issues during the 3 months prior to EBT treatment.

⁴ Alcohol and/or drug problems during the 3 months prior to EBT treatment.