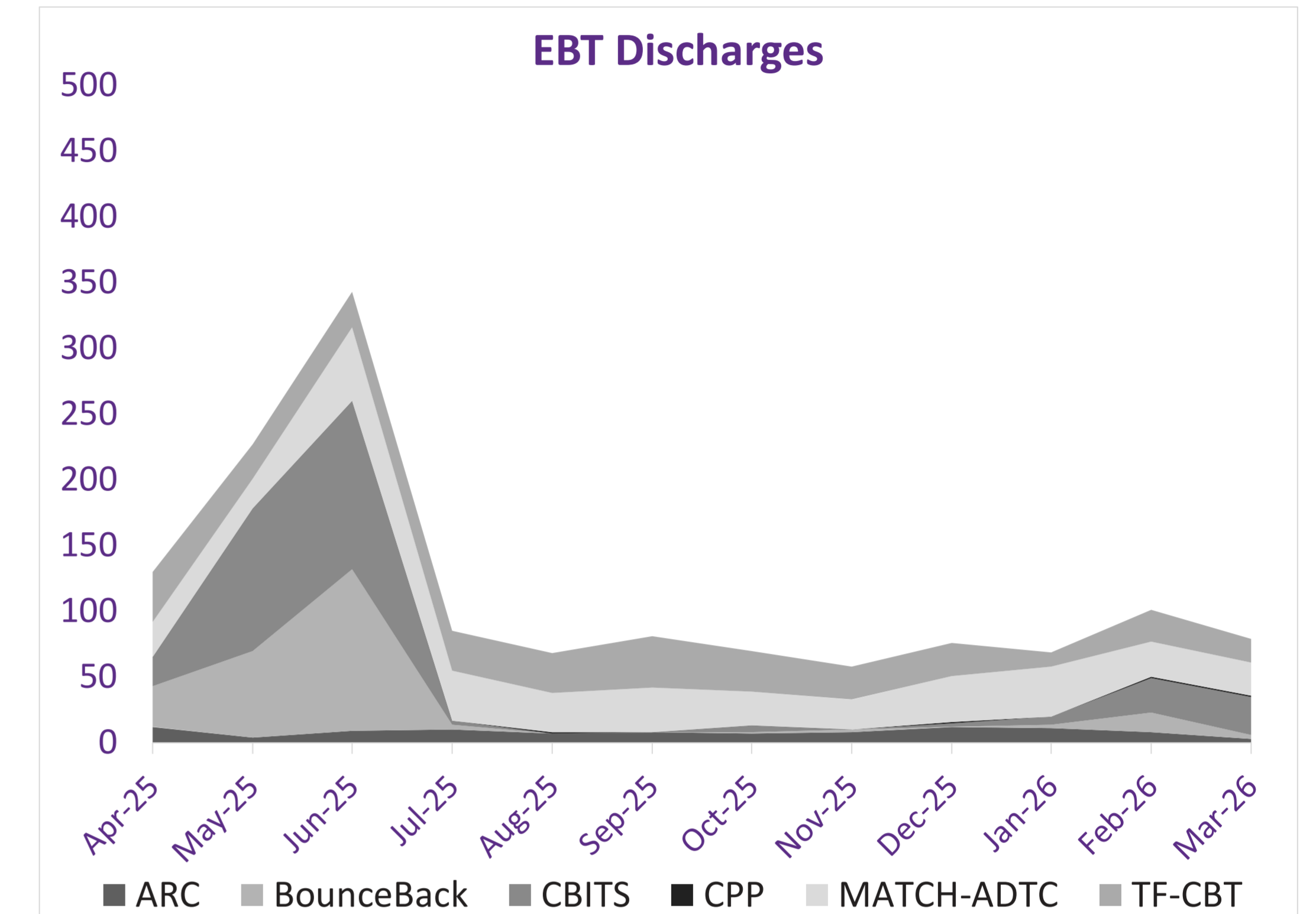
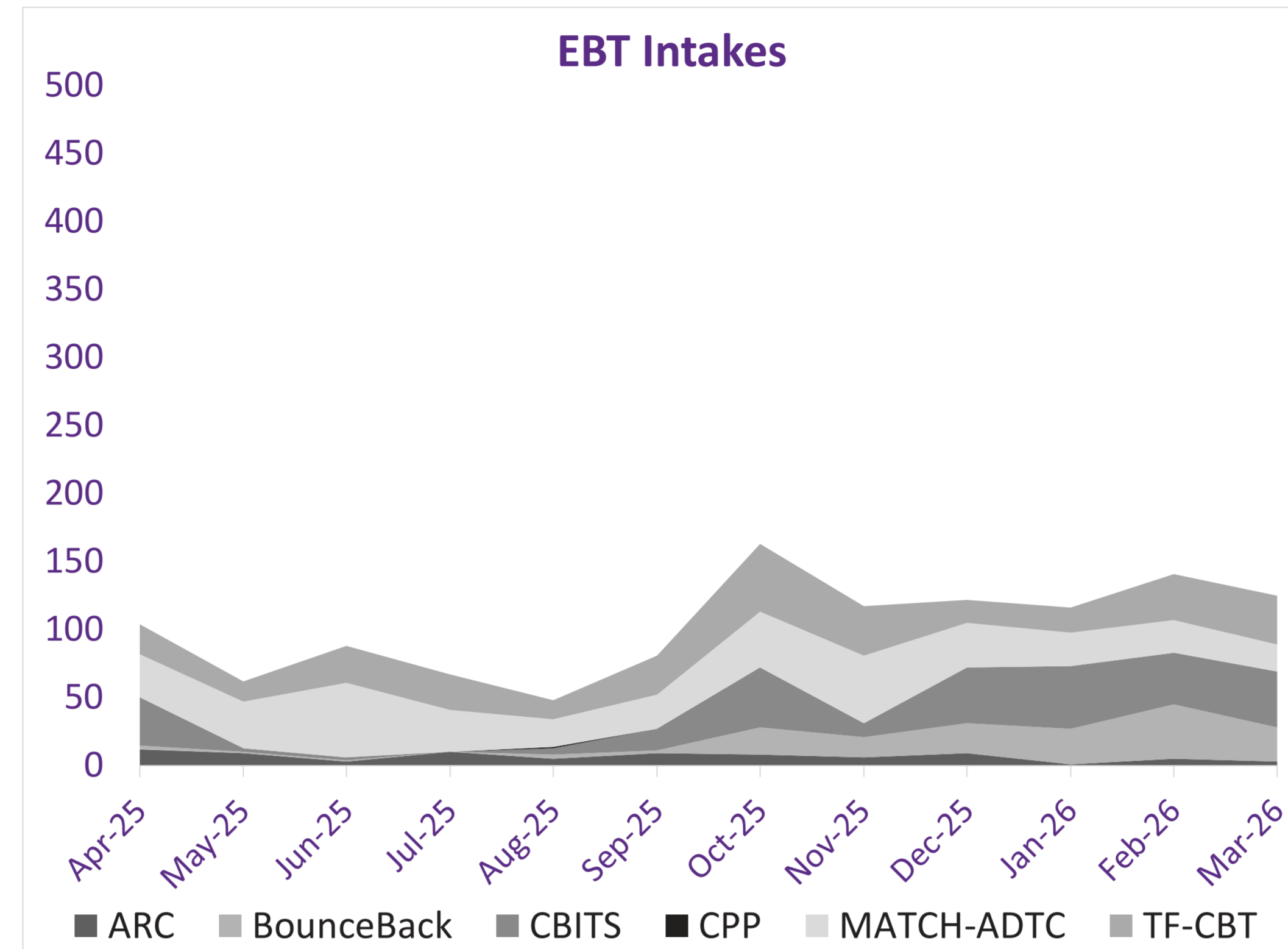
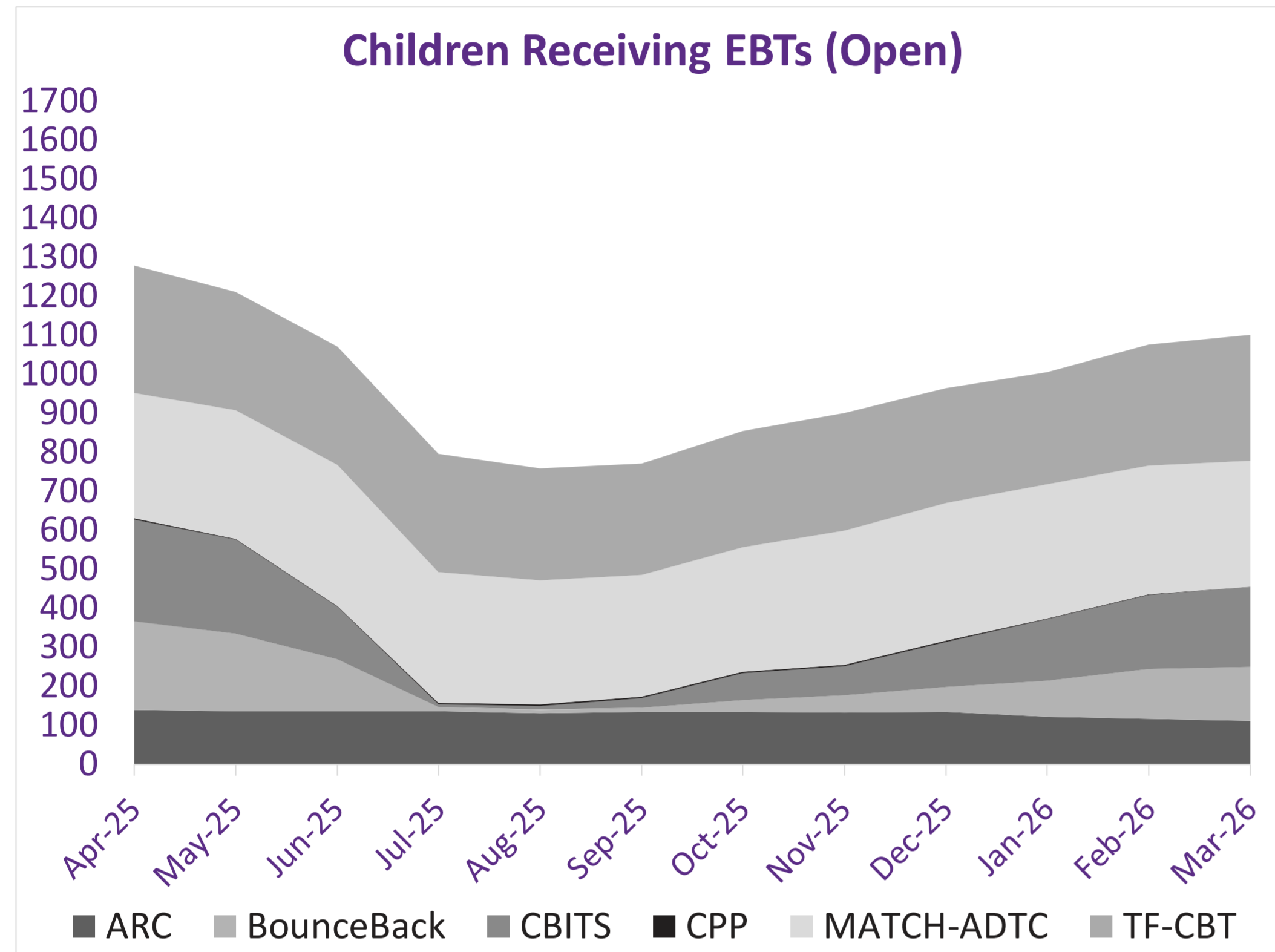


EBT Performance Dashboard: State of Connecticut March 2026

The Coordinating Center is located at Child Health and Development Institute. This report summarizes the monthly performance data for implementation and sustainment of Evidence-Based Treatment models (EBTs) including: Attachment, Self-Regulation, and Competency (ARC), BounceBack, Cognitive Behavioral Intervention for Trauma in Schools (CBITS), Child Parent Psychotherapy (CPP), Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC), Trauma Focused Cognitive Behavioral Therapy (TF-CBT).

The longstanding impacts of COVID-19 on mental health needs and services may affect the data in this report. The numbers and trends in this report should be viewed in that context.

For more information contact Katie Newkirk at knewkirk@chdi.org.



		Apr-25	May-25	Jun-25	Jul-25	Aug-25	Sep-25	Oct-25	Nov-25	Dec-25	Jan-26	Feb-26	Mar-26	FY26 Total	Year Total ¹	
Open	ARC	140	137	136	137	132	134	134	133	134	123	117	112	183	208	
	BounceBack	228	198	133	10	9	11	31	45	65	91	128	138	163	383	
	CBITS	260	241	135	7	9	25	69	74	115	158	190	205	248	506	
	CPP	3	3	3	3	4	3	3	3	3	3	2	2	1	4	4
	MATCH-ADTC	322	329	361	336	318	313	320	344	354	344	330	323	574	680	
	TF-CBT	326	303	304	303	287	286	297	302	294	294	287	310	322	537	628
Open Total		1279	1211	1072	796	759	772	854	901	965	1005	1077	1101	1709	2409	
Intakes	ARC	12	9	3	10	5	9	8	6	9	1	5	3	56	80	
	BounceBack	3	1	1	0	3	2	20	15	22	26	40	25	153	158	
	CBITS	35	3	2	0	5	16	44	10	41	46	38	41	241	281	
	CPP	0	0	0	0	1	0	0	0	0	0	0	0	1	1	
	MATCH-ADTC	32	34	55	31	20	25	41	50	33	25	24	20	269	390	
	TF-CBT	22	15	27	26	14	29	50	36	17	17	34	36	260	324	
Intakes Total		104	62	88	67	48	81	163	117	122	116	141	125	980	1234	
Discharges	ARC	12	4	9	10	7	8	7	8	12	11	8	3	74	99	
	BounceBack	31	66	123	4	0	0	1	2	0	3	15	3	28	248	
	CBITS	22	108	128	3	0	0	5	0	3	6	26	29	72	330	
	CPP	0	0	0	0	1	0	0	0	1	0	1	1	4	4	
	MATCH-ADTC	27	23	56	38	30	34	26	23	35	38	27	25	276	382	
	TF-CBT	38	26	27	30	30	39	31	25	25	11	24	18	233	324	
Discharges Total		130	227	343	85	68	81	70	58	76	69	101	79	687	1387	

¹ Total for the 12 months (year) displayed in table. Data pulled on 4/21/2026. Data include treatment episodes with at least one visit ever only.

Intakes March 2026 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26
Southwest Community Health Center	0	0	5	13	0	8	0	0	0	0	0	0	5	21
Sprague Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Stamford Public Schools	0	0	0	0	0	8	0	0	0	0	0	0	0	8
Stonington Public Schools	0	0	0	7	0	6	0	0	0	0	0	0	0	13
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	0	5	0	5
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	0	6	3	31	3	37
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	0	1	0	6	2	7	2	14
The Connecticut Junior Republic Association, Inc.	0	0	0	0	4	8	0	0	0	5	0	4	4	17
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	3	11	0	0	0	0	0	0	3	23	5	14	11	48
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	0	6	0	6
United Community and Family Services, Inc.	0	21	3	3	0	0	0	0	1	11	2	7	6	42
United Services, Inc.	0	0	0	0	0	0	0	0	2	14	1	11	3	25
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	0	3	0	3
Wellmore, Inc.	0	4	0	0	0	0	0	0	0	8	0	10	0	22
Wethersfield Public Schools	0	0	0	3	0	0	0	0	0	0	0	0	0	3
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	0	4	0	7	0	11
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	1	18	0	6	0	0	0	0	0	0	1	24
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	3	56	25	153	41	241	0	1	20	269	36	260	125	980

Open EBT Episodes March 2026 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26
Adelbrook, Inc.	0	0	0	0	0	0	0	0	1	3	3	3	4	6
Amity Public Schools	0	0	0	0	4	4	0	0	0	0	0	0	4	4
Berlin Public Schools	0	0	0	0	3	3	0	0	0	0	0	0	3	3
Bhcare, Inc.	0	0	0	0	0	0	0	0	7	19	0	3	7	22
Bloomfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Boys & Girls Village, Inc.	0	0	3	3	4	9	0	0	3	4	1	2	11	18
Bridgeport Public Schools	0	0	3	3	0	0	0	0	0	0	0	0	3	3
Bridges Healthcare, Inc.	0	0	0	0	3	13	0	0	31	48	12	19	46	80
Capitol Region Education Council	0	0	13	13	3	3	0	0	5	5	0	0	21	21
Catholic Charities, Inc. - Archdiocese of Hartford	0	0	0	0	0	0	0	0	0	0	3	5	3	5
Child and Family Agency of Southeastern Connecticut, Inc.	2	18	14	14	14	14	0	0	9	31	10	17	49	94
Child Guidance Center of Southern Connecticut, Inc	15	19	0	0	0	0	0	0	0	0	7	17	22	36
Clifford W. Beers Guidance Clinic, Inc.	0	0	0	0	41	45	0	0	6	14	7	11	54	70
Community Child Guidance Clinic, Inc.	28	39	0	0	0	0	0	0	16	24	18	32	62	95
Community Guidance Clinic for Central CT, Inc.	0	0	3	3	0	0	0	0	9	17	2	8	14	28
Community Health Center, Inc.	3	3	0	0	0	0	0	0	0	0	5	8	8	11
Community Health Resources, Inc.	0	0	0	3	6	9	0	0	84	161	17	26	107	199
Community Mental Health Affiliates, Inc.	0	0	8	8	16	16	0	0	16	30	22	36	62	90
Cornell Scott Hill Health Corporation	0	0	3	3	0	0	0	0	11	17	13	20	27	40
Family & Children's Aid, Inc.	0	0	0	0	0	0	0	0	0	0	19	26	19	26
Great Oaks Charter School	0	0	0	0	19	19	0	0	0	0	0	0	19	19
Hartford Behavioral Health	0	0	0	0	0	0	0	0	0	0	6	7	6	7
Hartford Hospital - IOL	0	0	0	0	0	0	0	0	0	0	2	5	2	5
Hartford Public Schools	0	0	36	40	36	36	0	0	0	0	0	0	72	76
Holistic Behavioral Health, LLC	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Integrative Behavioral Health, LLC	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Jewish Family Services of Greater Hartford, Inc.	0	0	0	0	0	0	0	0	0	0	1	3	1	3
Klingberg Family Centers, Inc.	0	0	0	3	0	0	0	0	16	25	23	39	39	67
LEARN Regional Education Service Center	0	0	0	7	4	12	0	0	0	0	0	0	4	19
LifeBridge Community Services, Inc.	0	0	0	0	0	0	0	0	0	0	10	21	10	21
Middletown Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Mid-Fairfield Community Care Center	0	0	4	4	0	0	0	0	13	24	13	19	30	47
NAFI Outpatient Clinic	0	0	0	0	0	0	0	0	0	0	2	8	2	8
Naugatuck Public Schools	0	0	4	4	2	2	0	0	0	0	0	0	6	6
New London Public Schools	0	0	0	0	4	9	0	0	0	0	0	0	4	9
Newtown Public Schools	0	0	0	0	5	5	0	0	0	0	0	0	5	5
Oxford Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Patrick M. Keenan, NCC, LPC	0	0	0	0	0	0	0	0	0	0	3	5	3	5
Pomperaug Regional School District 15	0	0	0	3	4	4	0	0	0	0	0	0	4	7
Redeem Wellness Center, LLC	0	0	0	0	0	0	0	0	0	0	2	2	2	2

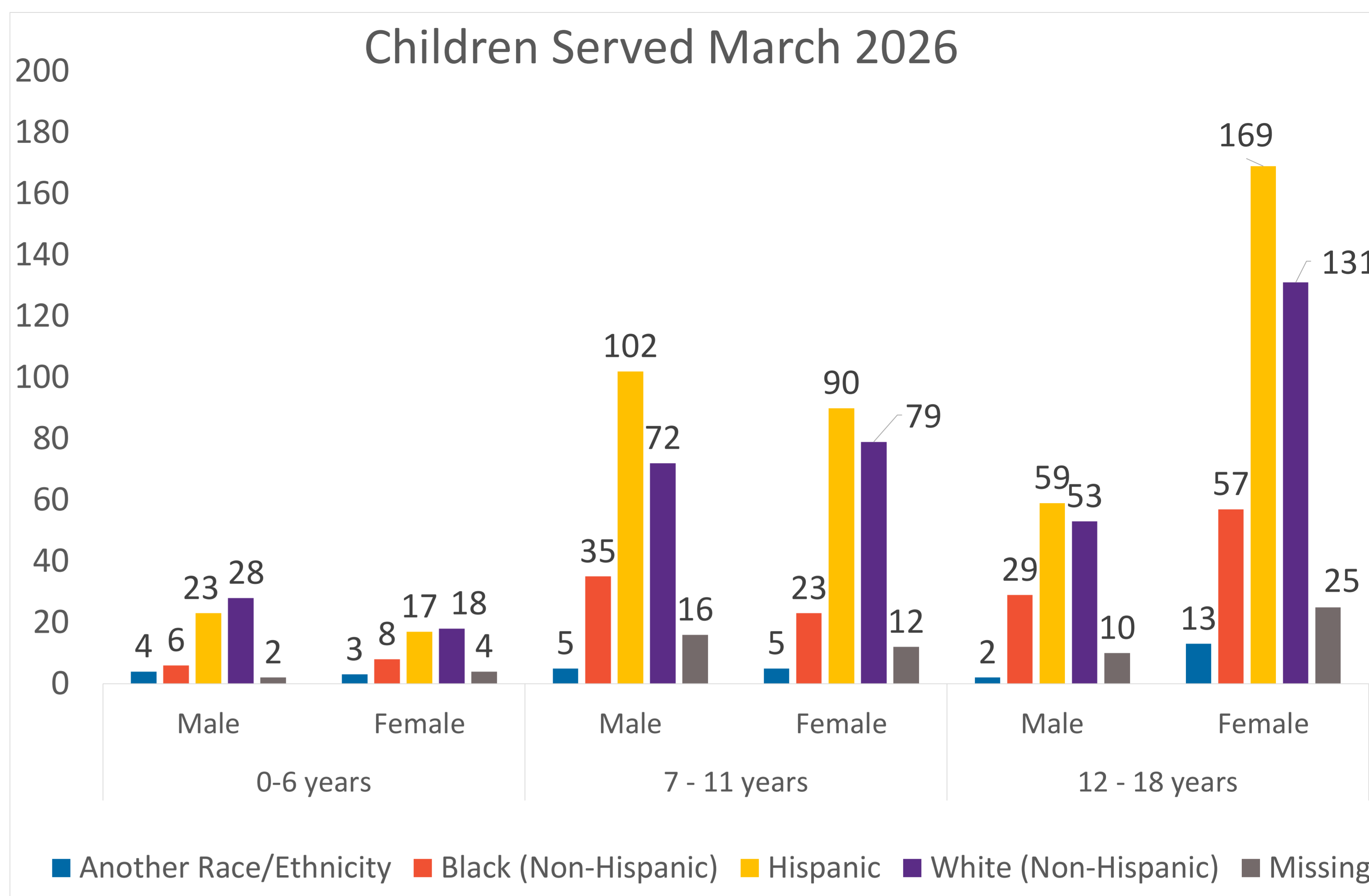
Open EBT Episodes March 2026 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26
Region 1 Schools	0	0	3	4	0	0	0	0	0	0	0	0	3	4
Seymour Public Schools	0	0	0	0	7	7	0	0	0	0	0	0	7	7
Southwest Community Health Center	0	0	10	14	4	8	0	0	0	0	0	0	14	22
Sprague Public Schools	0	0	3	3	0	0	0	0	0	0	0	0	3	3
Stamford Public Schools	0	0	0	0	8	8	0	0	0	0	0	0	8	8
Stonington Public Schools	0	0	7	7	5	8	0	0	0	0	0	0	12	15
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	4	9	4	9
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	10	20	31	64	41	84
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	1	4	8	19	7	13	16	36
The Connecticut Junior Republic Association, Inc.	0	0	0	0	7	8	0	0	7	11	7	11	21	30
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	12	15	0	0	0	0	0	0	27	32	16	25	55	72
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	5	6	5	6
United Community and Family Services, Inc.	48	85	3	3	0	0	0	0	18	31	9	13	78	132
United Services, Inc.	0	0	0	0	0	0	0	0	13	18	13	13	26	31
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	10	11	10	11
Wellmore, Inc.	4	4	0	0	0	0	0	0	9	17	14	18	27	39
Wethersfield Public Schools	0	0	3	3	0	0	0	0	0	0	0	0	3	3
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	4	4	5	10	9	14
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	18	18	6	6	0	0	0	0	0	0	24	24
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	112	183	138	163	205	248	1	4	323	574	322	537	1101	1709

Discharges March 2026 & FY 2026

Provider	ARC		BounceBack		CBITS		CPP		MATCH-ADTC		TF-CBT		Total EBT	
	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26	Mar-26	FY26
Region 1 Schools	0	0	0	1	0	0	0	0	0	0	0	0	0	1
Seymour Public Schools	0	0	0	0	3	3	0	0	0	0	0	0	3	3
Southwest Community Health Center	0	0	0	4	4	8	0	0	0	0	0	0	4	12
Sprague Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Stamford Public Schools	0	0	0	0	8	8	0	0	0	0	0	0	8	8
Stonington Public Schools	0	0	0	0	2	5	0	0	0	0	0	0	2	5
The Center for Family Justice, Inc.	0	0	0	0	0	0	0	0	0	0	0	5	0	5
The Charlotte Hungerford Hospital	0	0	0	0	0	0	0	0	2	12	1	34	3	46
The Child and Family Guidance Center, Inc.	0	0	0	0	0	0	1	4	2	13	1	7	4	24
The Connecticut Junior Republic Association, Inc.	0	0	0	0	3	4	0	0	0	4	1	5	4	13
The Gilbert School	0	0	0	0	0	0	0	0	0	0	0	0	0	0
The Village for Families & Children, Inc.	0	3	0	0	0	0	0	0	0	5	0	9	0	17
Town of Stratford - Stratford Community Services	0	0	0	0	0	0	0	0	0	0	0	1	0	1
United Community and Family Services, Inc.	1	38	0	0	0	0	0	0	0	13	2	6	3	57
United Services, Inc.	0	0	0	0	0	0	0	0	0	5	0	0	0	5
Waterbury Youth Services, Inc.	0	0	0	0	0	0	0	0	0	0	0	2	0	2
Waterford Country School, Inc.	0	0	0	0	0	0	0	0	0	0	1	2	1	2
Wellmore, Inc.	1	1	0	0	0	0	0	0	0	8	0	4	1	13
Wethersfield Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Wheeler Clinic, Inc.	0	0	0	0	0	0	0	0	0	0	0	5	0	5
Winchester Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Windham Public Schools	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Yale Child Study Center	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total	3	74	0	28	29	72	1	4	25	276	18	233	79	687

	Sex for Children Served March 2026		
	Total Open	Male	Female
ARC	112	62%	38%
BounceBack	138	57%	43%
CBITS	205	37%	63%
CPP	1	0%	100%
MATCH-ADTC	323	35%	65%
TF-CBT	322	34%	66%
All EBTs	1101	41%	59%



	Ages for Children Served March 2026			
	Total Open	0 - 6 years	7 - 11 years	12 - 18 years
ARC	112	42%	45%	13%
BounceBack	138	9%	91%	1%
CBITS	205	0%	10%	89%
CPP	1	100%	0%	0%
MATCH-ADTC	323	8%	44%	48%
TF-CBT	322	8%	32%	60%
All EBTs	1101	10%	40%	50%

	Race/Ethnicity for Children Served March 2026					
	Total Open	Another race (non-Hispanic)	Black (non-Hispanic)	Hispanic	White-Non-Hispanic	Missing
ARC	112	4%	10%	31%	54%	1%
BounceBack	138	2%	15%	62%	20%	0%
CBITS	205	2%	26%	51%	21%	0%
CPP	1	0%	0%	100%	0%	0%
MATCH-ADTC	323	2%	12%	34%	39%	13%
TF-CBT	322	4%	11%	39%	38%	8%
All EBTs	1101	3%	14%	42%	35%	6%

	Intake Status for Children Served March 2026				
	Total Open	Child Welfare	IEP ²	ER Eval ³	Alcohol /Drugs ⁴
ARC	112	25%	34%	1%	2%
BounceBack	138	18%	43%	3%	0%
CBITS	205	12%	41%	4%	13%
CPP	1	0%	0%	0%	0%
MATCH-ADTC	323	8%	24%	3%	2%
TF-CBT	322	19%	27%	4%	3%
All EBTs	1101	15%	31%	3%	4%

¹ DCF involvement at EBT intake. Includes in-home and out-of-home services.

² Individual Education Plan (special education) during the 3 months prior to EBT treatment.

³ Evaluated in the ER/ED for psychiatric issues during the 3 months prior to EBT treatment.

⁴ Alcohol and/or drug problems during the 3 months prior to EBT treatment.