

RESTORATIVE PRACTICES

TIPS FOR USING RESTORATIVE APPROACHES WITH YOUR CHILD



HIGHLIGHTS

RESTORATIVE PRACTICES (RP) CAN HELP ANY GROUP TO DEVELOP AND STRENGTHEN RELATIONSHIPS, MANAGE CONFLICT AND TENSIONS, AND ADDRESS HARM WHEN IT HAPPENS.

"RESTORATIVE PRACTICES POSITIVELY IMPACT STUDENT BEHAVIOR AND SCHOOL CLIMATE. THEY CREATE A SENSE OF BELONGING, MINIMIZE HARM, AND SUPPORT STUDENT LEARNING."¹

References

Oakley, K. (2025, March 26). [Building relationships can be as easy as 1-2-3!](#). International Institute for Restorative Practices.

¹Restorative practices: Explained - IIRP [graduate school](#), International Institute for Restorative Practices. (n.d.).

[Restorative practices and discipline](#). International Institute for Restorative Practices. (n.d.-a).

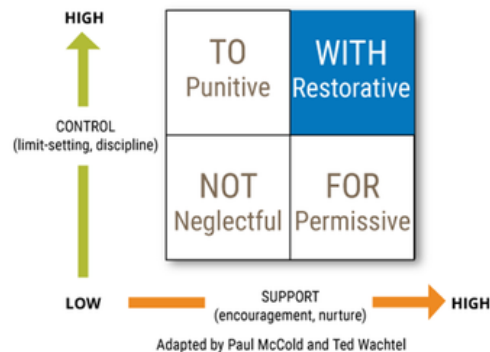
AS PART OF THE PARTNERSHIP BETWEEN YOUR CHILD'S SCHOOL AND THE SCHOOL-BASED DIVERSION INITIATIVE (SBDI), SCHOOL STAFF MEMBERS WERE TRAINED TO INCORPORATE RESTORATIVE PRACTICES BOTH IN CLASSROOMS AND IN THE SCHOOL BUILDING. THE FOLLOWING TIPS EXPLAIN WAYS THAT YOU CAN BRING THIS SUPPORTIVE APPROACH INTO YOUR HOME.

STRENGTHEN RELATIONSHIPS

- Use the **1-2-3 Check-In Method** after school. When you ask your child how their day was, they can reply with a number: 1 = not great, 2 = okay, 3 = good. You can follow-up with questions based on the number they chose.
- Create a **Family Charter**- This collaborative document provides expectations for how your family treats each other, what those values look like in action, and what will happen if someone violates the charter (e.g. Expectation: Everyone deserves to feel heard. Action: Do not interrupt someone when they're talking. If this happens, the person trying to speak will give a "time out" hand signal to indicate that the charter was broken and we will check-in with one another.).

MANAGE CONFLICT AND HARM

- The **Social Discipline Window** describes the four ways that you can work with people. By adopting a "Restorative, With" approach, the parent/caregiver maintains control and refuses to accept inappropriate behavior, but is doing so in a supportive way that allows their child to share what happened.



- To address misbehavior in a restorative way, ask these questions following an incident: What happened?, What were you thinking at the time?, What have you thought about since?, Who has been affected by what you have done?, In what way were they affected?, What do you think you need to do to make it right?

This resource is provided on behalf of the partnership between your child's school and the School-Based Diversion Initiative (SBDI).

To learn more about SBDI and how it improves student outcomes, please visit ctsbd.org or email Gianna Mendes at gmendes@chdi.org.

