



**MOBILE CRISIS
INTERVENTION SERVICES**

Mobile Crisis Intervention Services is a program funded by the State of Connecticut in partnership with the United Way of Connecticut 2-1-1.



MOBILE CRISIS INTERVENTION SERVICES

Performance Improvement Center (PIC)

MONTHLY REPORT

February 2021

Updated 3/16/21

Table of Contents

| | |
|--|----------|
| Executive Summary | 3 |
| Section I: Mobile Crisis Statewide/Service Area Dashboard..... | 4 |
| Figure 1. Total Call Volume by Call Type | 4 |
| Figure 2. Mobile Crisis Episodes by Service Area | 4 |
| Figure 3. Number Served Per 1,000 Children | 4 |
| Figure 4. Number Served Per 1,000 Children in Poverty | 4 |
| Figure 5. Mobile Response by Service Area | 4 |
| Figure 6. Total Mobile Episodes with a Response Time Under 45 Minutes | 4 |
| Section II: Mobile Crisis Response | 5 |
| Figure 7. Statewide 211 Disposition Frequency..... | 5 |
| Figure 8. Mobile Crisis Episodes by Provider | 5 |
| Figure 9. Actual Initial Mobile Crisis Response by Provider..... | 5 |
| Figure 10. Mobile Response by Provider | 5 |
| Section III: Response Time..... | 6 |
| Figure 11. Total Mobile Episodes with a Response Time Under 45 Minutes | 6 |
| Figure 12. Total Mobile Episodes with a Response Time Under 45 Minutes by Provider | 6 |
| Figure 13. Median Mobile Response Time in Minutes | 6 |
| Figure 14. Median Mobile Response Time by Provider in Minutes..... | 6 |
| Section IV: Emergency Department Referrals | 7 |
| Figure 15. Emergency Department Referrals..... | 7 |
| Figure 16. Emergency Department Referrals by Provider (% of Total Mobile Crisis Episodes)..... | 7 |
| Section V: Length of Stay (LOS) | 8 |
| Table 1. LOS for Discharged Episodes with a Crisis Response of Plus Stabilization Follow-up..... | 8 |

This report was prepared by the Mobile Crisis Intervention Services Performance Improvement Center (PIC):

Kayla Theriault, MPH, Data Analyst; Aleece Kelly, MPP, Senior Data Analyst; Yecenia Casiano, MS, Project Coordinator; Kellie Randall, Ph.D., Director; Carrie Shaw, Administrative Assistant; Heather Clinger, MPH, CPS, Program Manager (Wheeler Clinic); Sarah Camerota, LICSW, 2-1-1 EMPS Program Manager (United Way of CT-2-1-1); Jeffrey Vanderploeg, Ph.D., CEO

The Mobile Crisis Intervention Services Performance Improvement Center is housed at the
Child Health and Development Institute of Connecticut, Inc.



Executive Summary

Additional data and appendices are available online <http://www.chdi.org/publications/> or contact Jeffrey Vanderploeg, PhD, jvanderploeg@uchc.edu for more information.

Note: Due to COVID-19, schools were closed and stay-at-home orders were put in place for the non-essential workforce in Connecticut beginning in mid-March of 2020. While many schools and businesses have now re-opened (with restrictions), the effects of COVID-19 are still being felt significantly. Mobile Crisis is still operational, and as part of the essential workforce providers are working with families to respond to calls via telephone, video conferencing, and in-person responses with safety of the child, family, and clinicians as the top priority. Note that both video and in-person responses during this period may be reflected within the report as 'mobile' responses. Difficulties related to the effects of COVID-19 in both service provision and data collection should be taken into consideration when reviewing this report.

Call and Episode Volume: In February 2021, 2-1-1 and Mobile Crisis received 1,074 calls including 847 calls (78.9%) handled by Mobile Crisis providers and 227 calls (21.1%) handled by 2-1-1 only (e.g., calls for other information or resources, calls transferred to 9-1-1). This month showed a 48.1% decrease in call volume from February 2020 (n=2,068).

Among the **847 episodes of care** this month, episode volume ranged from 77 episodes (Eastern) to 232 episodes (Hartford). The statewide average service reach per 1,000 children this month was 1.1, with service area rates ranging from 0.7 (Southwestern) to 1.6 (Hartford) relative to their specific child populations. Additionally, the number of episodes generated relative to the number of children in poverty in each service area yielded a statewide average poverty service reach rate of 2.0 per 1,000 children in poverty, with service area rates ranging from 1.4 (New Haven) to 3.0 (Hartford).

Mobility: Statewide mobility was 98.1% this month; higher than the rate in February 2020 (95.8%). All six service areas were at or above the 90% benchmark this month, with performance ranging from 96.1% (Western) to 99.4% (Hartford). Mobility for individual providers ranged from 86.7 % (Wellmore: Danbury) to 100.0% (CHR: Middlesex; UCFS: SE; Wheeler: Meriden and New Britain; CFGC: Stamford and Bridgeport). Thirteen of the fourteen individual providers had mobility rates above the 90% benchmark.

NOTE: Beginning with FY21 Q2 reporting, there has been a change in calculation of mobility. If a referral made by a caller other than self/family (e.g. schools, EDs, etc.) is designated by 2-1-1 as mobile or deferred mobile, but is later determined to be non-mobile due to the family declining or not being available after multiple attempts to contact them, the episode will no longer be included in the mobility rate, as these situations are out of the providers' control. Any mobility rates from prior quarters referenced in this report have been recalculated to allow for accurate comparison.

Response Time: Statewide, this month **78.0% of mobile episodes received a face-to-face response in 45 minutes or less**, which is lower than the rate in February 2020 (82.9%). Two of the six service areas were at or above the benchmark of 80% of mobile responses provided in 45 minutes or less, with performance ranging from 68.6% (New Haven) to 94.1% (Southwestern). Seven of the fourteen sites met the 80% benchmark. The statewide median mobile response time was 31.0 minutes.

Length of Stay (LOS): Statewide, among discharged episodes, **20 of the 276 plus stabilization follow-up episodes exceeded 45 days**. The statewide median LOS for episodes discharged this month with a crisis response of *plus stabilization follow-up* was 14.0 days. The regional median LOS ranged from 13.0 days (Hartford) to 87.0 days (New Haven).

Section I: Mobile Crisis Statewide/Service Area Dashboard

Figure 1. Total Call Volume by Call Type

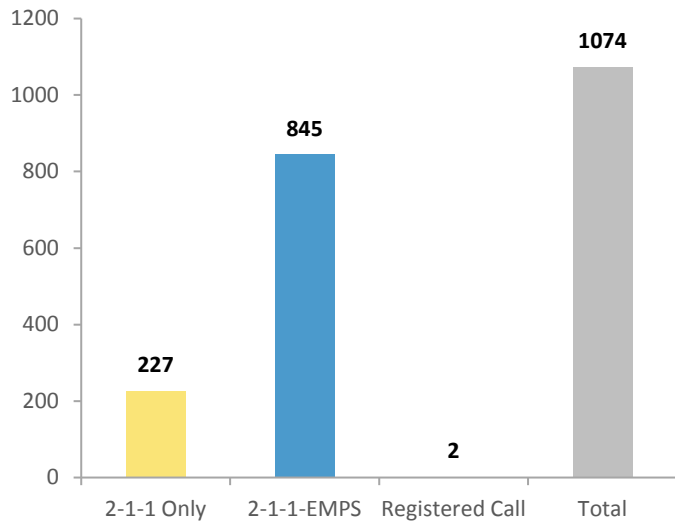


Figure 2. Mobile Crisis Episodes by Service Area

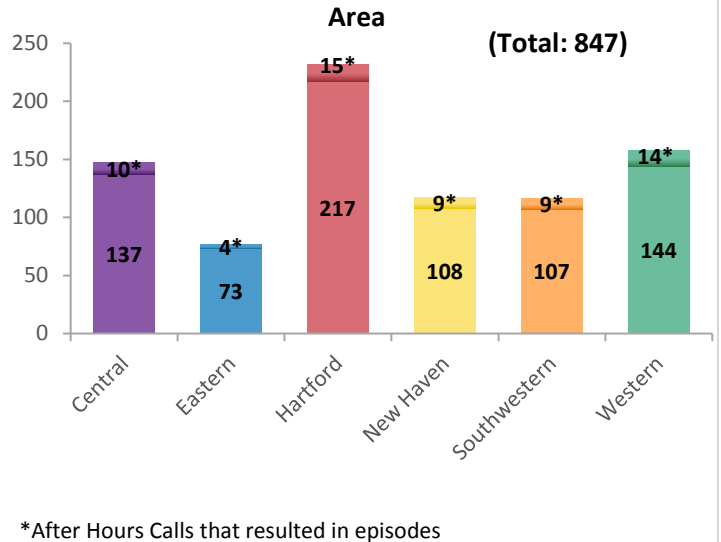


Figure 3. Number Served Per 1,000 Children

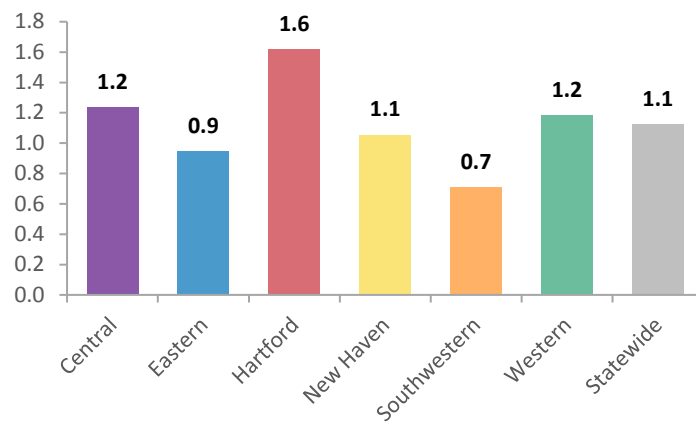


Figure 4. Number Served per 1,000 Children in Poverty

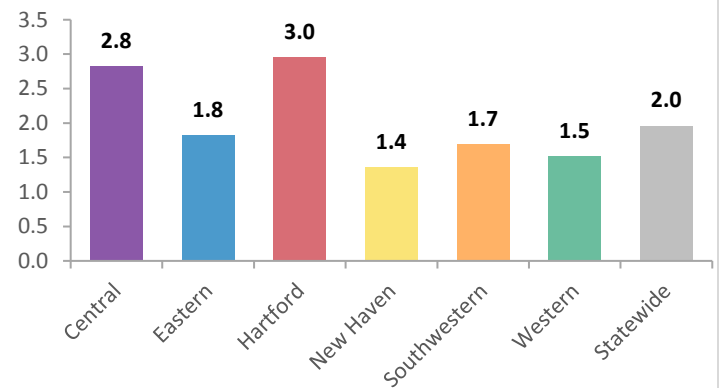
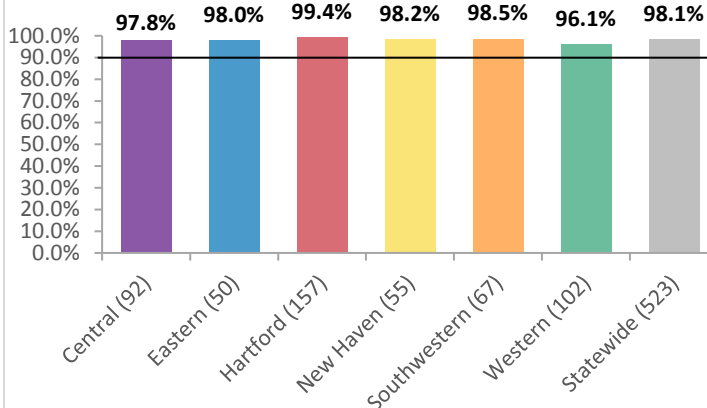


Figure 5. Mobile Response* by Service Area

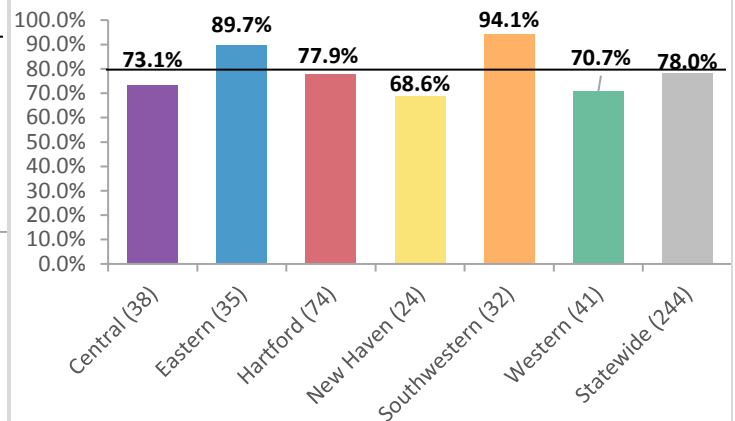


*Mobility calculation updated – see exec. summary

Note: Counts of 211-recommended mobile episodes are in parenthesis.

Goal=90%

Figure 6. Total Mobile Episodes with a Response Time Under 45 Minutes



Goal=80%

Note: Counts of mobile episodes under 45 mins. are in parenthesis.

Section II: Mobile Crisis Response

Figure 7. Statewide 2-1-1 Call Disposition

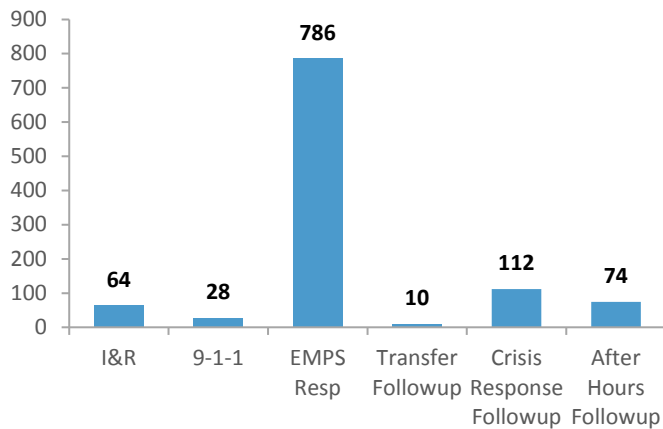


Figure 8. Mobile Crisis Episodes by Provider

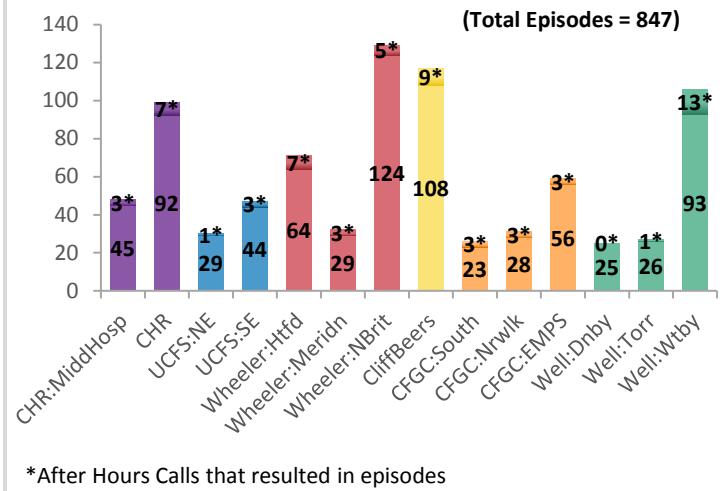


Figure 9. Actual Initial Mobile Crisis Response by Provider

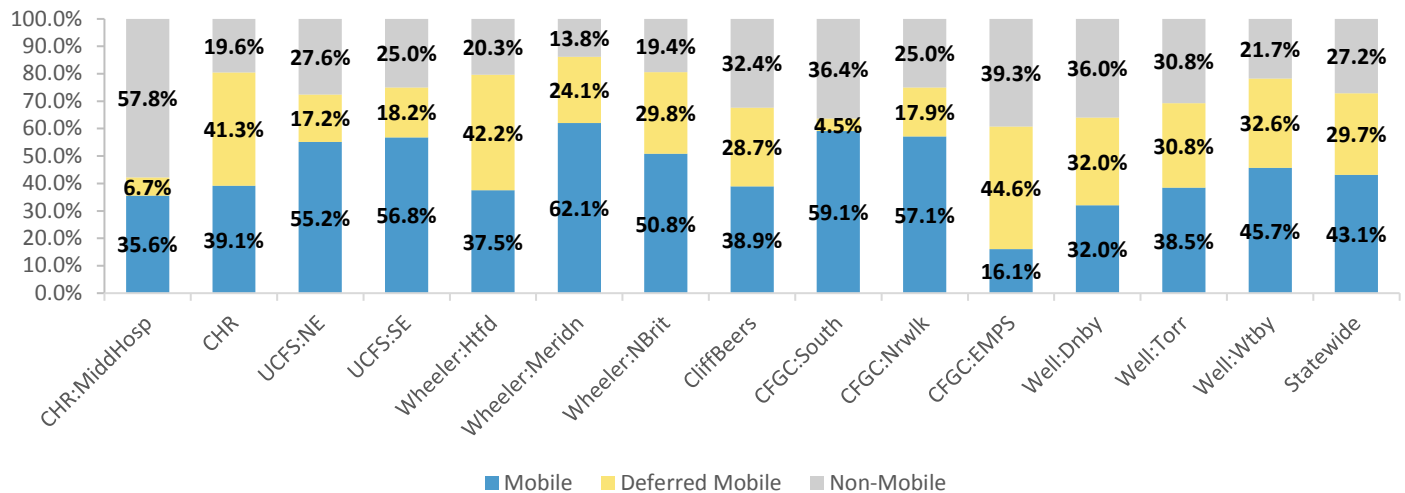
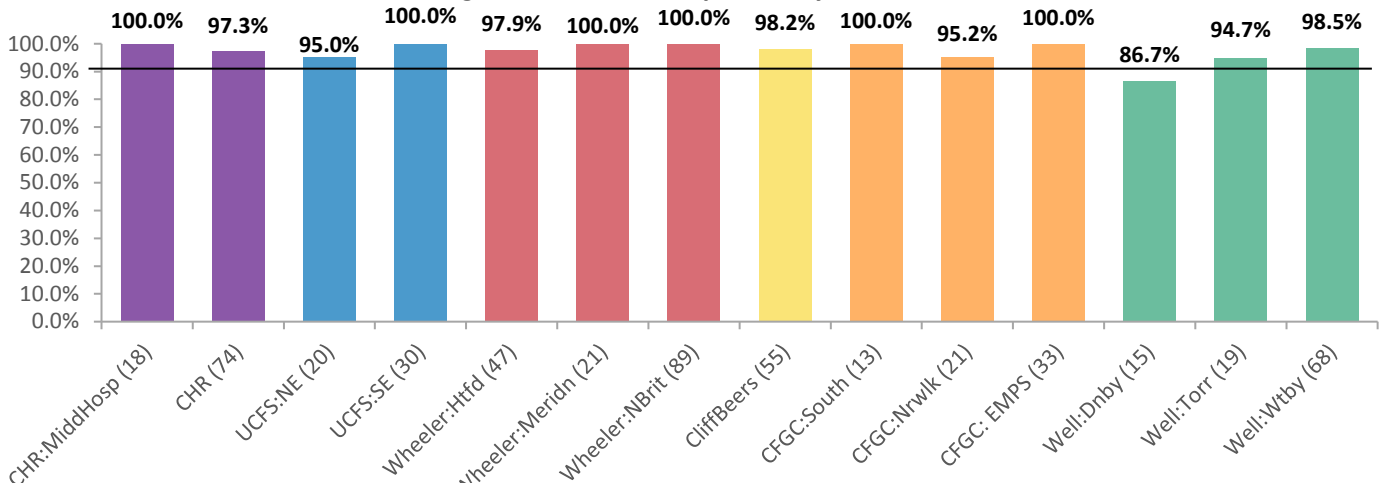


Figure 10. Mobile Response* by Provider



Note: Counts of 211-recommended mobile episodes are in parenthesis.

*Mobility calculation updated – see exec. summary

Goal=90%

Section III: Response Time

Figure 11. Total Mobile Episodes with a Response Time Under 45 Minutes

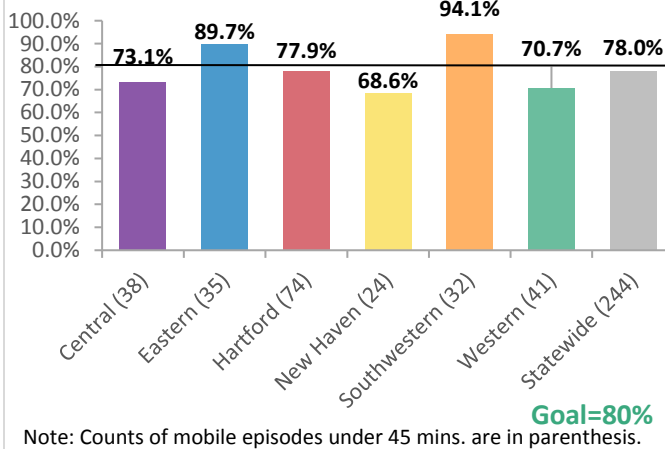


Figure 12. Total Mobile Episodes with a Response Time Under 45 Minutes by Provider

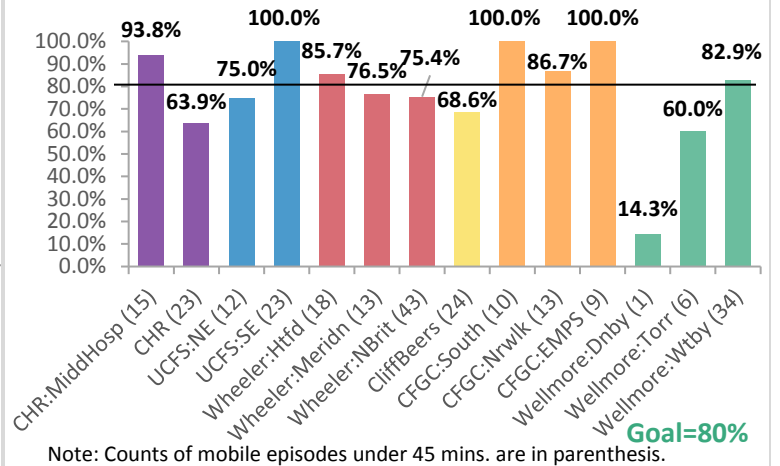


Figure 13. Median Mobile Response Time in Minutes

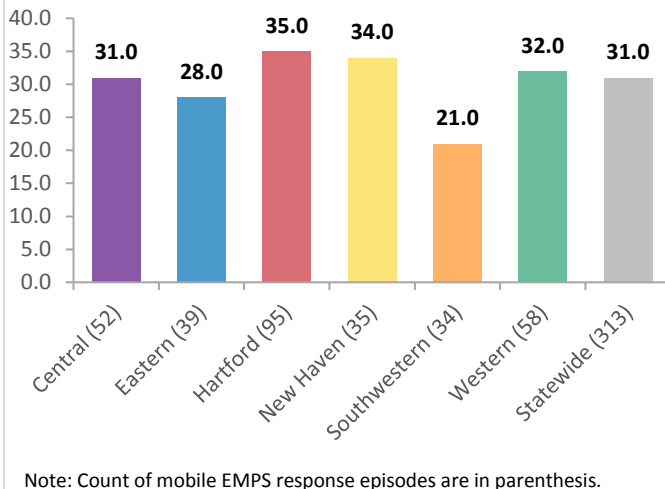
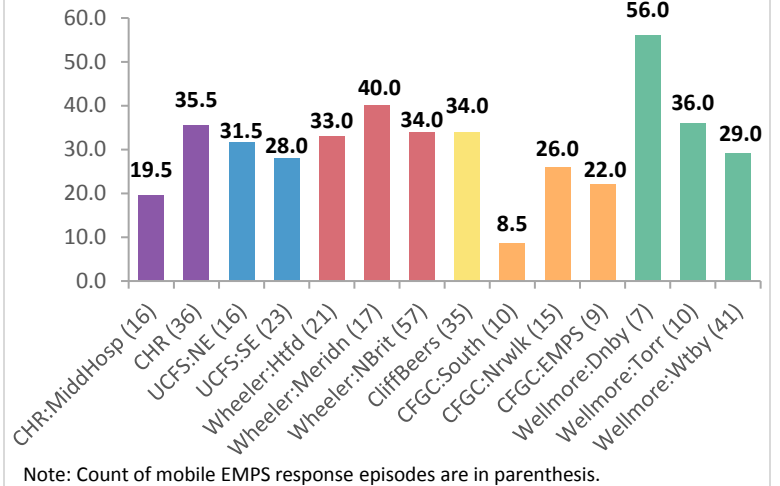


Figure 14. Median Mobile Response Time by Provider in Minutes



Section IV: Emergency Department Referrals

Figure 15. Emergency Department Referrals (% of Total Mobile Crisis Episodes)

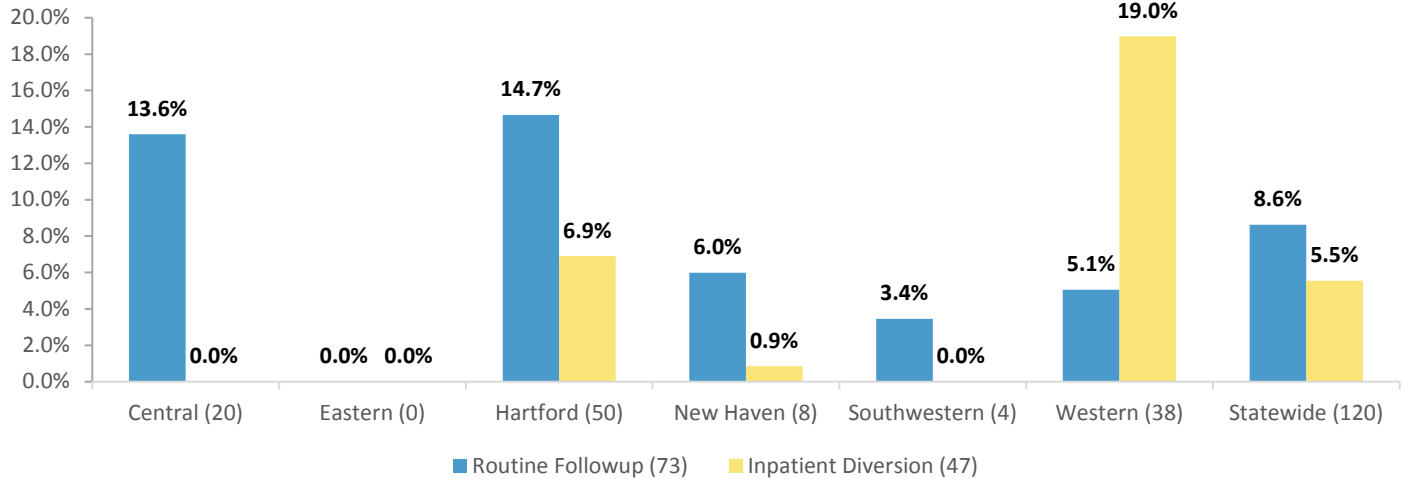
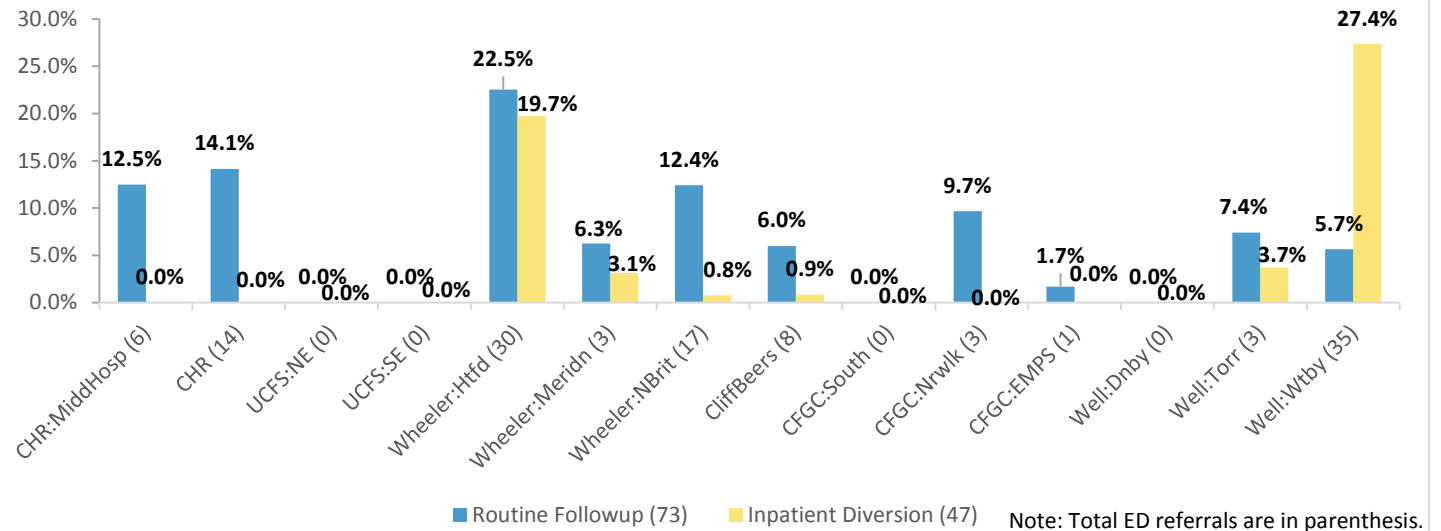


Figure 16. Emergency Department Referrals by Provider (% of Total Mobile Crisis Episodes)



Section V: Length of Stay (LOS)

Table 1. LOS for Discharged Episodes* with a Crisis Response Plus Stabilization Follow-up

| | Discharged Episodes with a Crisis Response of Plus Stabilization Follow-up | | | |
|---------------------|--|--------------------|----------------------|---------------------------|
| | Number of Episodes | Mean LOS (in days) | Median LOS (in days) | Percent Exceeding 45 Days |
| STATEWIDE | 276 | 20.1 | 14.0 | 7.2% (n = 20) |
| Central | 75 | 26.5 | 17.0 | 17.3% (n = 13) |
| Eastern | 14 | 23.0 | 19.5 | 7.1% (n = 1) |
| Hartford | 101 | 14.5 | 13.0 | 1.0% (n = 1) |
| New Haven | 5 | 85.8 | 87.0 | 100.0% (n = 5) |
| Southwestern | 10 | 16.4 | 13.5 | 0/0% (n = 0) |
| Western | 71 | 16.6 | 15.0 | 0.0% (n = 0) |

*Only episodes that had both a start and a discharge date within FY2021 are included in this chart.