



Free training for pediatric health care providers to implement best practices

benefits of training

Improve the quality of your care



Expand the scope of your services and increase income



Earn CME and MOC credits



Connect your patients to high quality resources



how it works

Sessions are brief (less than an hour)



Free training in the comfort of your office



Engage your whole practice team



Eat and learn (We provide food)



Educating Practices brings timely, evidence-based information and materials to providers in a dynamic health care environment. Trainings help providers implement practice changes that are supported by community and state resources.

Educating Practices Trainings

1. ADHD Care
2. Autism
3. Behavioral Health Screening
4. Behavioral Health: Connecting to Services
5. Care Coordination
6. Childcare Health and Safety
7. Developmental Monitoring
8. Domestic Violence
9. Early Hearing
10. Family Support Services
11. Healthy Homes
12. Infant Mental Health
13. Injection Protection
14. Lead Screening
15. Obesity Prevention
16. Oral Health
17. Postpartum Depression and Anxiety
18. Promoting Protective Factors
19. Suicide Prevention
20. Teen Driver Safety
21. Trauma

ADHD Care



Early identification and age appropriate treatment of pediatric ADHD is critical to a child's lifelong health, academic success, social competency, and mental health. Pediatric primary care practices play an important role in identifying and treating children with ADHD, which is one of the most common and treatable pediatric neurodevelopmental disorders.

This training includes the recommended primary care actions articulated in the American Academy of Pediatrics' Clinical Practice Guideline for

the Diagnosis, Evaluation, and Treatment of ADHD in Children and Adolescents, and supports practices in implementing office protocols to identify, treat, and manage ADHD among children and adolescents.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



Billing Codes



1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits



Medication Chart

Autism



About 1 in 59 children nationally have been identified with autism spectrum disorder (ASD), a 15 percent increase in prevalence from 2016. Pediatric professionals are uniquely positioned to identify children who may be at risk for or have ASD, thereby maximizing the potential of critical early intervention services.

This training helps practices screen for and identify children with ASD, talk with families about ASD concerns, connect children to

diagnostic and intervention services, and use billing codes for all screenings and follow-up office visits.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



Billing Codes



1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits

Behavioral Health Screening



Failure to identify and address the behavioral health needs of children at the earliest possible time can lead to exacerbated health and mental health conditions later in childhood and adolescence. The pediatric primary care office is an ideal setting for universal behavioral health screening, allowing for earlier identification of children with treatment needs and at risk of serious mental health problems.

This training supports providers in incorporating behavioral health screening into routine primary

care practice and provides options for responding to behavioral health concerns identified through screening.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



Billing Codes



1 CME Credit

Behavioral Health: Connecting to Services



Untreated behavioral problems in children can have a profound impact on their health and well-being, however an overwhelming majority of pediatric primary care providers in Connecticut report that their patients have difficulty obtaining behavioral health services.

This training supports practices in using Connecticut's Behavioral Health Partnership (Beacon Health Options) and local community providers to give children and families the support they need in connecting with behavioral health services.

Practices receive:



Resources and/or Referral Information



1 CME Credit

Care Coordination



Care coordination connects children to the services and supports within the health care, education, family support, and social service systems needed to ensure optimal child health and development. Families, children, and pediatric primary care providers benefit when care is coordinated through a medical home.

This training addresses the many challenges to providing care coordination in the medical home and supports practices in implementing care coordination

in partnership with local and regional resources. This training is in partnership with the Connecticut Department of Public Health.

Practices receive:



Resources and/or Referral Information



1 CME Credit

Childcare Health and Safety



Information sharing among health care providers, caregivers, and early care and education providers ensures optimal health outcomes for young children in childcare and preschool settings. Pediatric primary care providers can ensure that their patients' health and developmental needs are met in childcare and preschool settings.

This training supports pediatric primary care practices in maintaining the health of their patients by collaborating with childcare/preschool sites, utilizing

the Early Childhood Health Assessment Record, and capitalizing on existing support systems in childcare centers (school nurses, nurse managers and health consultants) to assist in promoting healthy development and implementing care plans.

Practices receive:



Resources and/or Referral Information



1 CME Credit

Developmental Monitoring



Children who experience developmental delays early in life are at increased risk for poor health, education, and social outcomes in adulthood. Pediatric professionals are uniquely positioned to detect the developmental problems of young children.

This training supports practices in implementing on-going early detection of developmental risks in children, connecting them to follow-up assessment services, and linkage to support services through *Help Me Grow*. The *Help Me Grow* model promotes

collaboration across child-serving sectors in order to build a more efficient and effective system to ensure the optimal healthy development of young children.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



Billing Codes

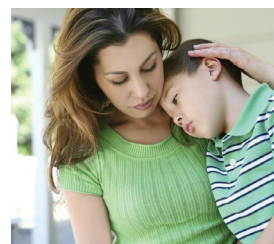


1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits

Domestic Violence



Witnessing and experiencing domestic violence can hinder normal development and have negative emotional, behavioral, social, and physical consequences for children. Pediatric primary care providers can identify families experiencing domestic violence and connect them to helpful resources, greatly improving their lives.

This training provides information about domestic violence, the short and long-term health consequences of domestic violence exposure to children, implementing

domestic violence screening in clinical practice, reporting suspected cases, and local, statewide and national resources for victims of domestic violence and their families.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



1 CME Credit

Early Hearing



Hearing loss can impair language and speech development, social skills, learning, and safety. Although almost all infants have their hearing tested before going home from the hospital, the pediatric primary care practice has an on-going responsibility to identify young children who may have late onset or progressive hearing loss or conditions associated with late hearing loss (cytomegalovirus).

This training reviews the medical home's role in follow-up of hospital based newborn hearing screening, ongoing monitoring of hearing, and linkage to diagnostic and intervention services.

Practices receive:



Resources and/or Referral Information



Billing Codes



1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits

Family Support Services



Caregivers and families of children with disabilities or special health care needs play a critical role in their child's health and development. When pediatric care is family-centered, it increases the likelihood that families will follow jointly developed plans of care, resulting in greater adherence to medical treatment, improved child health outcomes, and reduced risk of missed appointments and medical malpractice claims.

This training is delivered by the Connecticut Family Support Network and shares the perspective of

parents of children with special needs. Training connects practices to family resources, parent support groups, information about accommodations in school, and other related concerns.

Practices receive:



Resources and/or Referral Information



1 CME Credit

Healthy Homes



Poor housing conditions are directly linked to poor health outcomes such as asthma, lead poisoning, and unintentional injury, and disproportionately affect low-income neighborhoods. Pediatric primary care providers can help families prevent and address home hazards that put them at risk for poor health outcomes.

This training enhances pediatric primary care providers' knowledge and understanding of home health hazards and their connection to asthma, lead, and unintentional injuries. Providers will be able to identify strategies

for asthma home trigger management, understand Connecticut lead screening requirements, and recognize when and how to recommend a home assessment.

Practices receive:



Resources and/or Referral Information



1 CME Credit



Smoke and CO² Detectors

Infant Mental Health



Early identification and intervention of social, emotional, or behavioral problems is critical to the life-long health and well-being of children. Pediatric primary care is an important venue to promote social and emotional development and, through surveillance and screening, detect when children are not developing on a healthy trajectory.

This training is focused on responsive caregiving to support families in nurturing their children in the very earliest years. The training includes information on

brain development and toxic stress, on-going monitoring questions that pediatricians can use in well-child visits, formal screening options, and community mental health resources to help families who need services.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



Billing Codes



1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits

Injection Protection



Children's fears about immunizations too often become the focus of the well-child visit; injections need not be painful or traumatic. Adopting strategies for reducing the pain and anxiety associated with an injection can result in a more positive patient-provider relationship and improve office work-flow.

This training supports pediatric primary care practices in integrating pain reducing strategies during immunizations into clinical practice through

parental coaching, distraction techniques, securing and holding the child, identifying the ideal needle length and placement of the injection, and the use of sucrose/topical anesthetics/pressure at the injection site.

Practices receive:



Resources and/or Referral Information



1 CME Credit



Starter Kit and Toys

Lead Screening



Lead poisoning continues to contribute to life-long learning and behavior problems for children in Connecticut. Pediatric primary care providers can help alleviate these problems through early identification and follow-up of children with blood lead poisoning.

This training reviews sources of lead to which children are exposed and supports pediatric primary care providers in implementing the current screening, evaluation, management,

and treatment requirements of lead poisoning set forth by the American Academy of Pediatrics and Connecticut Department of Public Health.

Practices receive:



Resources and/or Referral Information



Billing Codes



1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits

Obesity Prevention



Childhood obesity has tripled over the past 30 years, with higher rates of obesity among low-income families and minority children. Pediatric primary care providers can help prevent childhood obesity by monitoring weight gain trajectories of all children and intervening when young children show early signs of becoming overweight.

This training supports pediatric primary care providers in preventing childhood obesity by promoting responsive feeding practices in families, identifying children at risk of becoming overweight, working with families to

modify obesogenic behaviors leading to abnormal weight gain in the first two years of life, recognizing maternal and child risk factors for developing obesity, and using key messages for parents that address obesity prevention.

Practices receive:



Resources and/or Referral Information



Billing Codes



1 CME Credit



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Oral Health



Dental caries is one of the most common chronic diseases of childhood and is largely preventable. Left untreated, cavities can cause pain and infections that may lead to problems with eating, speaking, playing, and learning. Pediatric primary care providers can play a critical role in maintaining the oral health of their patients.

This training helps pediatric primary care practices screen for dental decay, apply fluoride varnish to prevent decay, provide preventive counseling to caregivers, and become certified to bill for dental exams and fluoride varnish application.

Practices receive:



Resources and/or Referral Information



Billing Codes



1 CME Credit



Fluoride Varnish Starter Kits and Puppet

Postpartum Depression and Anxiety



Early detection and intervention of postpartum depression and anxiety is critical given its long-lasting, potentially negative impact on children's health and development. Pediatric primary care is an important venue for universal postpartum screening as mothers are more likely to attend visits with their babies' pediatricians than with any other health care provider.

This training reviews the broad ranging effects of postpartum depression and anxiety and supports pediatric primary care providers in screening for these conditions, developing charting strategies, and utilizing local resources for mothers experiencing depression and anxiety.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



Billing Codes



1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits

Promoting Protective Factors



Protective factors are conditions or attributes (skills, strengths, resources, supports, and coping strategies) that allow families and children to cope with adversity. Pediatric professionals can promote child and family resilience using the Protective Factors Framework to support optimal child development and buffer the negative effects of toxic stress.

This training teaches pediatric primary care practices how to implement the Protective Factors Framework to better support families in developing resiliency and ensuring optimal child development.

Practices receive:



Resources and/or Referral Information



1 CME Credit



Opportunity to earn 25 MOC Part 4 Credits

Suicide Prevention



Suicide is the second leading cause of death in teens, with rates increasing 56% over the past ten years. Pediatric primary care providers can identify youth at risk for suicide and connect them to intervention services.

This training provides screening tools to identify suicide risk, as well as resources for prevention, safety assessment, and treatment. Resources include use of lethal means restriction (LMR), mobile crisis services, and important instructions for follow-up care.

Practices receive:



Validated Screening Tools



Resources and/or Referral Information



1 CME Credit

Teen Driver Safety



Motor vehicle crashes are the leading cause of death for U.S. teens. Fortunately, teen motor vehicle crashes are preventable. Proven strategies can improve the safety of young drivers on the road. Pediatric primary care providers can help improve safety and help prevent deaths and injuries involving teen drivers.

This training supports practices in understanding safety recommendations and laws governing teen driving in Connecticut and provides strategies for engaging caregivers in supporting their teen's safe driving. The training also integrates teen driver safety recommendations and strategies into anticipatory guidance.

Practices receive:



Resources and/or Referral Information



1 CME Credit



Teen Driving Contract

Trauma



By the age of 17, most children experience a potentially traumatic event like abuse, violence, or death of a loved one. Untreated traumatic stress is associated with physical and mental health concerns and can last a lifetime. Fortunately, many children are resilient and can recover from trauma exposure. Pediatric primary care providers are well positioned to screen children for trauma exposure and traumatic stress, to discuss the health effects of trauma, and to connect families with specialty behavioral health treatment when needed.

This training provides information on the prevalence and negative effects of trauma on children. It also provides tools for screening children for trauma and information about child trauma treatment services in Connecticut.

Practices receive:



Validated
Screening Tools



Resources and/or
Referral Information



CME 1 CME Credit

coming soon

Educating Practices will launch **newborn screening** and **breastfeeding trainings** in 2020.

we want your ideas

Please contact us with your ideas for new training topics at educatingpractices@chdi.org or **860-679-1527**.

Trainers

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Consultant

To schedule a training, contact **Educating Practices** at educatingpractices@chdi.org or **(860) 679-1527**, or visit www.chdi.org/educating-practices.



Child Health and
Development Institute
of Connecticut, Inc.

The Child Health and Development Institute of Connecticut, a subsidiary of the Children's Fund of Connecticut, is a not-for-profit organization established to improve the health and well-being of children by advancing system, policy, and practice changes.