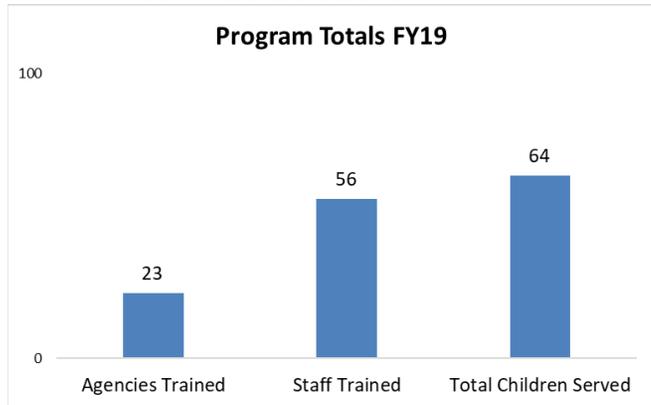


Cognitive Behavioral Intervention for Trauma in Schools (CBITS) and Bounce Back Program Report Card SFY 2019 Q1 (7/1/2018 – 9/30/2018)

Quality of Life Result: All Connecticut children will be healthy, safe, living in stable environments and be ready for future success. Improve school-based mental health services for Connecticut children by providing trauma-focused, evidence-based treatment that is adaptive, effective and appropriate for the diverse needs of Connecticut children. Cognitive Behavioral Intervention for Trauma in Schools (CBITS) and Bounce Back (BB) are evidence-based, trauma-focused school-based treatments for children. DCF has partnered with local provider agencies and schools, school-based health centers, and CBITS/BB trainers to disseminate CBITS/BB across the state. CBITS is currently available in 23 different school districts and 7 clinics/EDTs throughout CT, and BB is available in 18 school districts and 7 clinics/EDTs.

DCF Funding SFY 2018 - 2022	\$2,605,820
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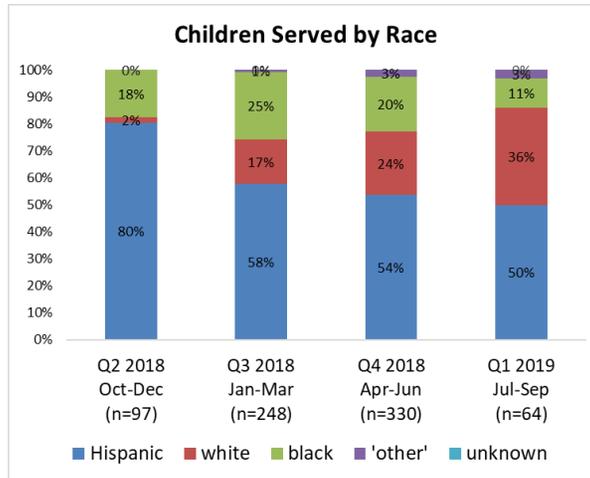
Who did we serve?



Story behind the baseline: In Q1 of FY19, a total of 123 trauma screens have been completed. CBITS/BB clinicians have served a total of 64 children in FY19. 56 clinicians have been trained this quarter. 19 received training in CBITS, 27 received training in Bounce Back, and 10 received training in both models.

Trend ▲ Yes

Who did we serve?



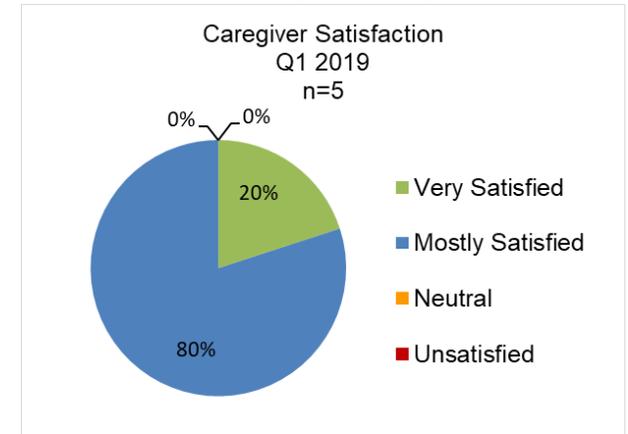
*white and black categories are specifically non-Hispanic

Story behind the baseline:

The proportion of Hispanic children served by CBITS/BB is higher than the percentage of children in other race/ethnicity categories. Males and females were served at similar rates (42% female, 58% male). The majority of children served were between the ages of 6 and 15 (94%).

Trend: ▲ Yes

How well did we serve?



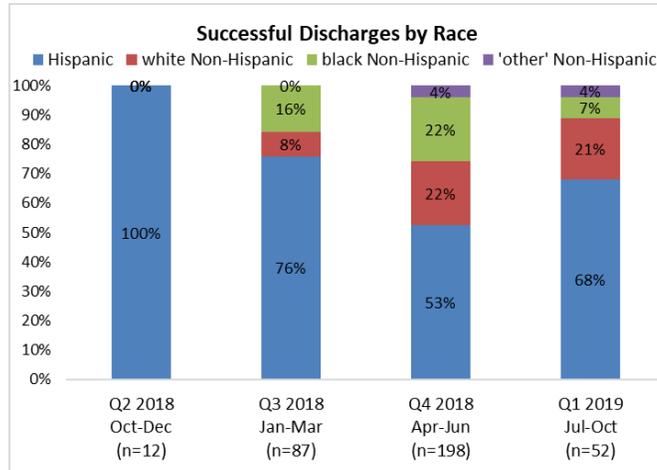
Story behind the baseline:

Caregiver satisfaction was measured using the Youth Services Survey for Families (Y-SSF). Caregiver satisfaction with CBITS/BB treatment was high across the previous quarter as indicated by responses to "Overall, I am satisfied with the services my child received."

Trend: ▲ Yes

Cognitive Behavioral Intervention for Trauma in Schools (CBITS) and Bounce Back Program Report Card

How well did we serve?



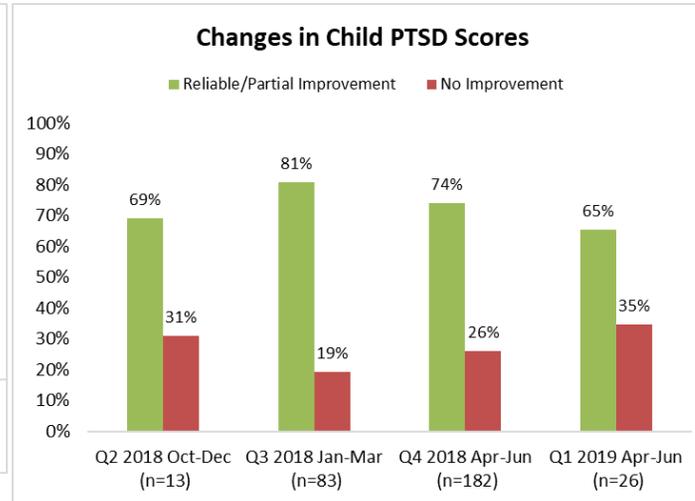
Story behind the baseline:

68% of children discharged in Q1 were discharged successfully. This is slightly lower than the previous quarter (88%). Most of this difference can be explained by an increase in the percentage of children referred this quarter (12%) or discharged administratively (10%) compared with the previous quarter (1% referred; 0% administratively discharged).

Historically in Q1 every year for CBITS, the number of successfully discharged children by race is a small number, therefore, not indicative of any trend.

Trend: ◀▶ Flat/ No Trend

Is anyone better off?



Story behind the baseline:

The percentage of children who showed reliable or partial improvement in PTSD symptoms (as measured by the Child PTSD Symptom Scale) was lower this quarter (65%). It should be noted that in Q1 very few children complete treatment due to the way CBITS/BB groups are typically run during a school year.

Trend: ◀▶ Flat/ No Trend

Actions to Turn the Curve:

- Continue sharing data and outcomes with providers and stakeholders, both in person and through reports, to emphasize the positive impact of CBITS/BB.
- Transition from the use of the YSS-F to a 4-item satisfaction screener embedded within the Post-test OHIO in an attempt to increase the number of responses received regarding satisfaction with treatment.

Data Development Agenda:

- Continue regularly following up with sites regarding solutions to common implementation barriers, the timely entry of data into EBP Tracker. Examine data by RCI and racial group breakdowns.