

# Advancing a Trauma-Informed Child Welfare System in Connecticut

Between 2011 and 2018 the Connecticut Collaborative on Effective Practices for Trauma (CONCEPT) expanded the capacity of Connecticut's child welfare system to support trauma-informed care by increasing the system's understanding of trauma and its impact on children and caregivers, enhancing identification of and response to children who have experienced trauma, and expanding access to evidence-based trauma-focused services.



## WORKFORCE DEVELOPMENT

Increased understanding of trauma and its impact on children and caregivers

**3,191** Child welfare staff trained in trauma using the NCTSN Child Welfare Trauma Training Toolkit

**200** Child welfare & clinical providers cross-trained

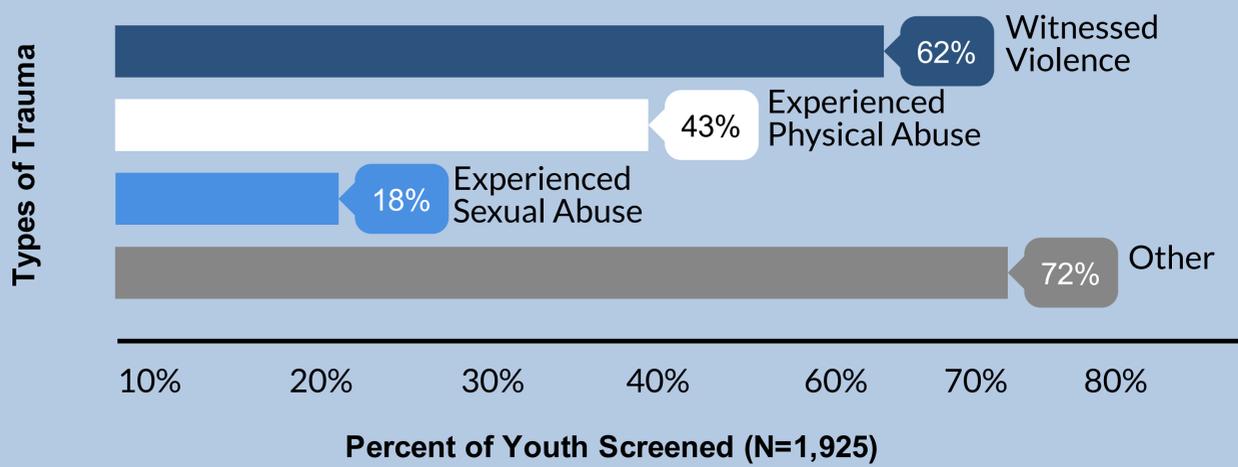
**37** Child welfare policy and practice guides modified to be trauma-informed



## TRAUMA SCREENING

Enhanced identification of and response to children who experienced trauma

### Youth Reports of Trauma Exposure



## Developed Child Trauma Screen (CTS) for Children ages 3+

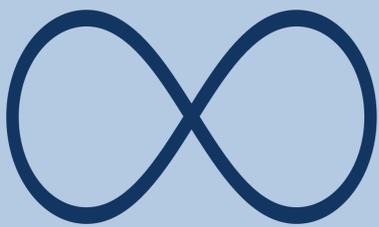
- 1,925** Children ages 3+ in child welfare placement screened using CTS
- 87%** Children who had exposure to at least 1 of 4 potentially traumatic events
- 39%** Children screened who met clinical cutoff indicating need for trauma-focused mental health services



## DISSEMINATION OF EVIDENCE-BASED TREATMENTS

Expanded access to evidence-based trauma-focused services

- 2,063** Children have received TF-CBT
- 216** Children have received CFTSI
- 170** Clinicians **13** agencies trained to provide TF-CBT
- 42** Clinicians **7** agencies trained to provide CFTSI
- 84%** Children who showed improvement in symptoms



## SUSTAINABILITY

- NCTSN child welfare trauma training toolkit required for all child welfare staff
- All children ages 3+ in care of child welfare system screened for trauma
- Child welfare policy and practice guides support trauma-informed care

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**CONCEPT**  
Connecticut Collaborative on Effective Practices for Trauma

