

# Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) Program Report Card SFY 2019 Q2 (10/1/2018 – 12/31/2018)

*Contribution to the Result:* Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC) is an evidence-based treatment model that addresses 70% of the most common presenting problems in children’s mental health outpatient services. To foster the effective and successful sustainability of MATCH-ADTC throughout Connecticut, DCF, in partnership with CHDI (coordinating center) and Harvard University (model developer and clinical trainer) are providing in-depth training combined with robust and ongoing consultation to community provider agencies. Dissemination and implementation strategies include a randomized controlled trial (RCT) led by Harvard, and a Learning Collaborative approach led by CHDI.

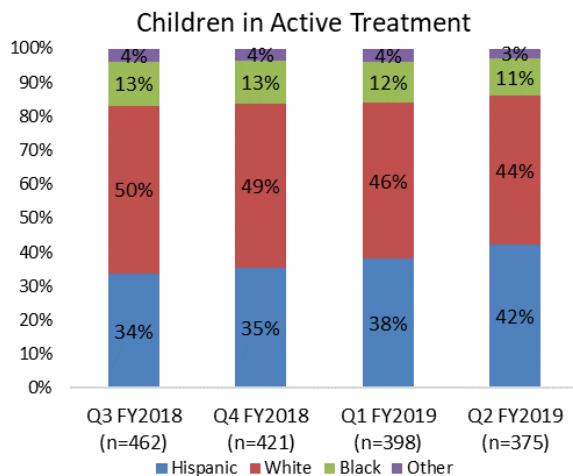
Program Funding	State Funding	Total Funding
SFY 2019-2023	\$5,000,000.00	\$5,000,000.00

*Partners:* Child Health and Development Institute of Connecticut, Community Provider Agencies, Department of Children and Families, Harvard University

### Who did we serve?

Program data indicate 19 provider agencies are currently implementing MATCH. MATCH has been provided to a total of 517 children this grant period.

The intended age range for MATCH is 6-15 years old. Of the 375 children served during Q2, 84% fell within this age range, with 56% of children between the ages of 6-12, 38% between the ages of 13-18, and 6% of children between the ages of 0-5. Of these children, 43% are male and 57% are female.



\*White, Black, and 'Other' categories are specifically non-Hispanic.

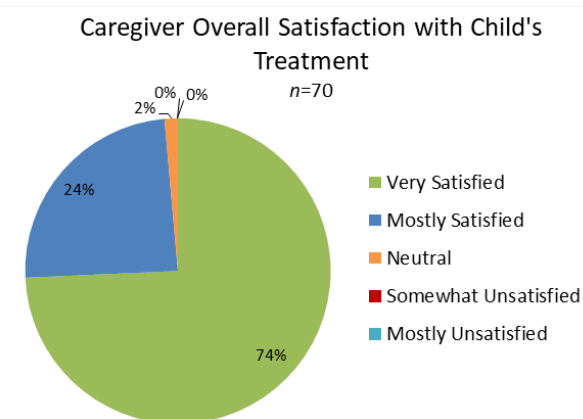
The number of children receiving MATCH has decreased compared to the last 3 quarters. However, this number is comparable to Q2 in FY2018 (386).

State demographic data reveal that Hispanic children are being served at a higher rate than their overall population within the state (22%). Black (12%) children are being served at a rate comparable to the state population. White (58%) children are served at a lower rate.

Of DCF-involved children (n = 47) 40% are Hispanic, 38% are white, 19% are black and 2% are of 'other' race. Black (22% of black children) children are much more likely to be DCF-involved compared to Hispanic (12%), white (11%), and 'other' race children.

**Trend: ▲ Yes**

### How well did we serve?



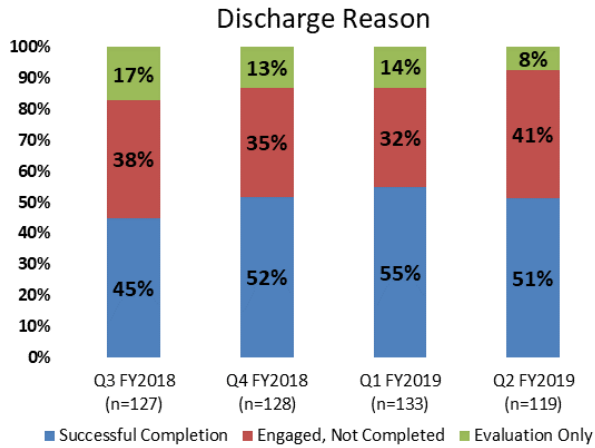
Caregiver satisfaction with MATCH-ADTC treatment was high for Q2. 98% report being mostly or very satisfied in response to the question “Overall, I am satisfied with the services my child received.” This is similar to the previous quarter (95%).

**Trend: ▲ Yes**

### *Client Engagement*

During Q2 of FY2019 clinicians conducted 1816 total MATCH sessions. On average, clinicians saw children 2 times a month. Of all planned visits, 90% were attended and 10% were “no show” appointments in which the client did not attend. This is slightly higher than the previous quarter.

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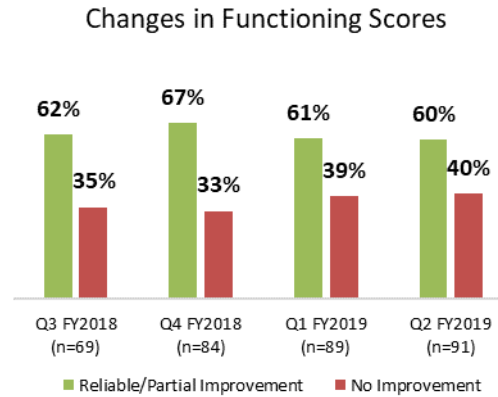
### Story behind the baseline:

Children discharged from MATCH treatment fall in to 1 of 3 categories, successful (as determined by clinician report), engaged but did not complete (had at least 4 sessions) and evaluation only (3 sessions or less).

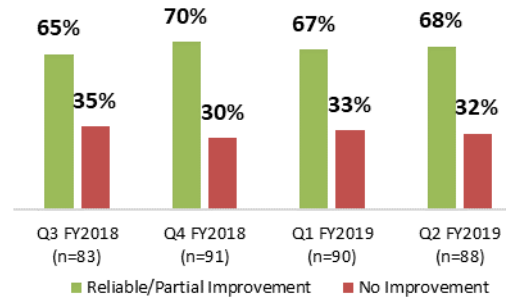
There was no significant difference in successful discharge rates among racial/ethnic groups.

Trend: ▲ Yes

### Is anyone better off?



### Changes in Problem Severity Scores



### Story behind the baseline:

A majority of children demonstrated improvements in functioning (60%) and problem severity (68%) symptoms (as measured by the Child or Caregiver Ohio scales) this quarter.

Trend: ▲ Yes

### Actions to Turn the Curve

- Continue providing in-depth clinical consultation, implementation consultation and technical support to agencies
- Expand the number of clinicians trained and certified to deliver MATCH at each agency
- Provide increased training and support in the use of clinical measures to improve outcomes measurement and analysis.
- Provide increased training and support in the use of data driven decision making to improve treatment outcomes.

### Data Development Agenda

- Streamline improvements to online data collection system (EBP Tracker) for MATCH
- Increase efficiency of data entry and reporting on client and agency population outcomes