Child Health and Development Institute of Connecticut, Inc.

DCF CONNECTICUT

EBP ASSESSMENT PACKET
ARC
Ages 7 Years & Older
English

Required Forms

1. Demographic Information:
   Client Intake Face Sheet ☐
2. Child's Trauma History:
   Trauma History Screen- Caregiver Report ☐
   Trauma History Screen- Child Report ☐
3. Child's Trauma Symptoms:
   CPSS V- Caregiver Report ☐
   CPSS V- Child Report ☐
4. Child's Behavior & Functioning:
   OHIO- Caregiver Report ☐
   OHIO- Child Report(if child age 12 or older) ☐
5. Caregiver Symptoms:
   CESD-R Caregiver Depression ☐
6. Parental Capacity:
   Parental Stress Scale ☐
7. ARC Monthly Session form ☐
8. Discharge Face Sheet ☐

Supplemental Assessments

Child Depression:
SMFQ- Child Report
SMFQ- Caregiver Report

Caregiver Symptoms:
PCL-5 (Caregiver Trauma Symptoms)

CAGE-AID (Substance Abuse)

OHIO Satisfaction Questionnaire

Note: *The recommended ongoing assessment for ARC is an age appropriate measure of caregiver symptoms. We suggest the CESDR or Parental Stress Scale. Alternate or additional measures can be used based on clinical judgment of primary symptom area targeted by treatment.*

Child Health and Development Institute of Connecticut, Inc.

Intake Facesheet

DCF Connecticut

VALIDATION REQUIREMENTS AND SYMBOLS EXPLAINED

! This symbol means the field is one of the minimum fields that must be filled out to save the record. No data will be saved unless these fields are completed.

* This symbol means the field is a required field in order to save the record as completed. Although you can save the record, the system does not consider the record to be completed unless ALL of these fields are completed.

Direct Service Provider User Information

Clinician First and Last Name: !		**Sub-Team (CBITS/BB Only):**	
Provider Name: !		**Site Name: !**	

Child Information

First Initial Child's First Name: !			**First Initial Child's Last Name: !**			
Date of Birth: !			**Age:**			
Sex: !	❐	Female	❐	Intersex		
	❐	Male	❐	Other (specify)→		
Grade (current): *						
Race: *	❐	American Indian or Alaska Native	❐	Black or African American	❐	White
	❐	Asian	❐	Native Hawaiian or Other Pacific Islander	❐	Other (specify)
Hispanic Origin: *	❐	Yes, Cuban	❐	Yes, of Hispanic/Latino Origin	❐	Yes, South or Central American
	❐	Yes, Mexican, Mexican American, Chicano	❐	Yes, Puerto Rican	❐	No, Not of Hispanic, Latino, or Spanish Origin
City/town:			**ST:**		**Zip: ***	

Child Identification Codes

Agency-assigned Client ID Number (not PHI): !		**PSDCRS Client ID Number: !**	

Family Information

Caregiver 1 Relationship: *			**Caregiver 2 Relationship:**			
Preferred Language of Adult Participating in Treatment: *						
Does the adult participating in treatment speak English?			❐	Yes	❐	No
Primary Language of Child:						
Family Composition: * Select the choice that best describes the composition of the family.	❐	Two parent family	❐	Single parent - biological/adoptive parent	❐	Relative/guardian
	❐	Single Parent with unrelated partner	❐	Blended Family	❐	Other

Intake Facesheet

Living Situation of Child: * What is the child's living situation?	❐	College Dormitory	❐	Job Corps	❐	Psychiatric Hospital
	❐	Crisis Residence	❐	Medical Hospital	❐	Residential Treatment Facility
	❐	DCF Foster Home	❐	Mentor	❐	TFC Foster Home (privately licensed)
	❐	Group Home	❐	Military Housing	❐	Transitional Housing
	❐	Homeless/Shelter	❐	Other (specify):		
	❐	Jail/Correctional Facility	❐	Private Residence		

System Involvement

Child/Family involved with DCF? *			❐	Yes	❐	No
If child / family is involved with DCF, please complete ALL of the following questions:						
DCF Case ID: (if available)			**DCF Person Link ID: (if available)**			
DCF Status:	❐	Child Protective Services – In-Home	❐	Family with Service Needs – (FWSN) In-Home	❐	Not DCF – On Probation
	❐	Child Protective Services – Out of Home	❐	Family with Service Needs (FWSN) Out of Home	❐	Not DCF – Other Court Involved
	❐	Dual Commitment (JJ and Child Protective Services)	❐	Juvenile Justice (delinquency) commitment	❐	Termination of Parental Rights
	❐	Family Assessment Response	❐	Not DCF	❐	Voluntary Services Program
DCF Regional Office:						
Youth involved with Juvenile Justice (JJ) System? *			❐	Yes	❐	No
If youth is involved with JJ, please complete ALL of the following questions:						
CSSD Client ID: (if available)			**CSSD Case ID: (if available)**			
CSSD Case Type:			❐	Delinquency	❐	Family with Service Needs (Status Offense)
CSSD Case Status:	❐	Administrative Supervision	❐	Juvenile probation	❐	Restore Probation
	❐	Extended Probation	❐	Non-Judicial FWSN Family Service Agreement	❐	Suspended Order
	❐	Interim Orders	❐	Non-Judicial Supervision (NJS)	❐	Waived PDS - Probation
	❐	Judicial FWSN Supervision	❐	Non-Judicial Supervision Agreement	❐	
Court District:						
Court Handling Decision:			❐	Judicial	❐	Non-Judicial

Specific Treatment Information

What treatment model are you using with this child? *	❐	CBITS	❐	Bounce Back
	❐	ARC	❐	CPP
First Clinical Session Date: * Date of first EBP clinical session				

Child Health and Development Institute of Connecticut, Inc.

DCF Connecticut

Intake Facesheet

Treatment Information

Agency Referral Date/Request for Service: * Date child was referred to agency		**Agency Intake Date:** * What is the intake date for the client at the agency?	
Referral Date: * Date referred for EBP services			

CGI*- Considering your experience, how severe are the child's emotional, behavioral, and/or cognitive concerns at the time of intake? Circle ONLY one: *

Normal — Slightly severe — Mildly severe — Moderately severe — Markedly severe — Very severe — Among the most severe symptoms that any child may experience

Referral Source: * Select the source of the EBP referral	❐	Child Youth-Family Support Center (CYFSC)	❐	Family Advocate	❐	Physician
	❐	Community Natural Support	❐	Foster Parent	❐	Police
	❐	Congregate Care Facility	❐	Info-Line (211)	❐	Probation/Court
	❐	CTBHP/Insurer	❐	Juvenile Probation / Court	❐	Psychiatric Hospital
	❐	DCF	❐	Other Community Provider Agency	❐	School
	❐	Detention Involved	❐	Other Program within Agency	❐	Self/Family
	❐	Emergency Department	❐	Other State Agency		
Assessment Outcome: What was the outcome of the referral to the agency's EBP team? *	❐	Assessment not completed	❐	Not appropriate for selected EBP	❐	No treatment needed
	❐	Appropriate for selected EBP	❐	Not appropriate for selected EBP but needs other treatment		
EBP Intake Date: !						

Treatment Information: School

During the 3 months prior to the start of EBP treatment…

Child's school attendance: *	❐	Good (few or no days missed)	❐	No School Attendance: Child Too Young for School	❐	No School Attendance: Other
	❐	Fair (several days missed)	❐	No School Attendance: Child Suspended/Expelled from School		
	❐	Poor (many days missed)	❐	No School Attendance: Child Dropped Out of School		
Suspended or expelled: *			❐	Yes	❐	No
IEP: * Does the child have an Individual Education Plan (special education)?			❐	Yes	❐	No

Treatment Information: Legal

During the 3 months prior to the start of EBP treatment…

Arrested: * Has the child been arrested since start of treatment?	❐	Yes	❐	No
Detained or incarcerated: * Has the child been detained or incarcerated since start of treatment?	❐	Yes	❐	No

Treatment Information: Medical

During the 3 months prior to the start of EBP treatment…

Alcohol and/or drugs problems: *	❐	Yes	❐	No
Evaluated in ER/ED for psychiatric issues: *	❐	Yes	❐	No
Certified medically complex: *	❐	Yes	❐	No

Client Initials: _______________ Client ID: ____________________ Date of Completion: ___/____/____

Trauma History Screen (THS) (Caregiver: English)

	Directions: Ask how many times each event happened, and how much it affected the child when it happened and now.	How many times has this happened?					The worst time this happened, how much **did it affect him/her?**					How much **does this still affect your child?**				
	"Has your child ever….."	Never	Once	2-3 times	4-10 times	10+ times	Not at all	A little bit	Moderately	Quite a bit	Extremely	Not at all	A little bit	Moderately	Quite a bit	Extremely
1	Been in or seen a very bad accident?						1	2	3	4	5	1	2	3	4	5
2	Had someone s/he know been so badly injured or sick that s/he almost died?						1	2	3	4	5	1	2	3	4	5
3	Known somebody who died?						1	2	3	4	5	1	2	3	4	5
4	Been so sick or hurt that you or the doctor thought s/he might die?						1	2	3	4	5	1	2	3	4	5
5	Been unexpectedly separated from someone who s/he depends on for love or security for more than a few days?						1	2	3	4	5	1	2	3	4	5
6	Had somebody close to him/her try to kill or hurt themself?						1	2	3	4	5	1	2	3	4	5
7	Been physically hurt or threatened by someone?						1	2	3	4	5	1	2	3	4	5
8	Been robbed or seen someone get robbed?						1	2	3	4	5	1	2	3	4	5
9	Been kidnapped by somebody?						1	2	3	4	5	1	2	3	4	5
10	Been in or seen a hurricane, earthquake, tornado, or bad fire?						1	2	3	4	5	1	2	3	4	5
11	Been attacked by a dog or other animal?						1	2	3	4	5	1	2	3	4	5
12	Seen or heard people physically fighting or threatening to hurt each other?						1	2	3	4	5	1	2	3	4	5
13	Seen or heard somebody shooting a gun, using a knife, or using another weapon?						1	2	3	4	5	1	2	3	4	5
14	Seen a family member arrested or in jail?						1	2	3	4	5	1	2	3	4	5
15	Had a time in your life when s/he did not have the right care (e.g. food, clothing, a place to live)?						1	2	3	4	5	1	2	3	4	5
16	Been forced to see or do something sexual?						1	2	3	4	5	1	2	3	4	5
17	Seen or heard someone else being forced to do something sexual?						1	2	3	4	5	1	2	3	4	5
18	Watched people using drugs (like smoking, sniffing, or using needles)?						1	2	3	4	5	1	2	3	4	5
19	Seen something else that was very scary or where s/he thought somebody might get hurt or die? **Specify**:___________________________________						1	2	3	4	5	1	2	3	4	5

20. Which one **bothers your child the MOST** right now: # _______ How long ago did it happen: ________

Lang, J.M., & Franks, R. (2007). Adapted *from the TESI (Ford & Rogers, 1997) and the THQ (Stover et al., 2007)*

Response Scale for THS

1	2	3	4	5
Not at All	Little Bit	Moderately	Quite A bit	Extremely

Lang, J.M., & Franks, R. Connecticut Center for Effective Practice, CHDI (2007)

Client Initials: _______________ Client ID: ____________________ Date of Completion: ___/____/____

Trauma History Screen (THS) (Child: English)

	Directions: Ask how many times each event happened, and how much it affected the child when it happened and now.	How many times has this happened?					The worst time this happened, how much **did it affect you?**					How much **does this still affect you?**				
	"Have you ever….."	Never	Once	2-3 times	4-10 times	10+ times	Not at all	A little bit	Moderately	Quite a bit	Extremely	Not at all	A little bit	Moderately	Quite a bit	Extremely
1	Been in or seen a very bad accident?						1	2	3	4	5	1	2	3	4	5
2	Had someone you know been so badly injured or sick that s/he almost died?						1	2	3	4	5	1	2	3	4	5
3	Known somebody who died?						1	2	3	4	5	1	2	3	4	5
4	Been so sick or hurt that you or the doctor thought you might die?						1	2	3	4	5	1	2	3	4	5
5	Been unexpectedly separated from someone who you depend on for love or security for more than a few days?						1	2	3	4	5	1	2	3	4	5
6	Had somebody close to you tried to kill or hurt themself?						1	2	3	4	5	1	2	3	4	5
7	Been physically hurt or threatened by someone?						1	2	3	4	5	1	2	3	4	5
8	Been robbed or seen someone get robbed?						1	2	3	4	5	1	2	3	4	5
9	Been kidnapped by somebody?						1	2	3	4	5	1	2	3	4	5
10	Been in or seen a hurricane, earthquake, tornado, or bad fire?						1	2	3	4	5	1	2	3	4	5
11	Been attacked by a dog or other animal?						1	2	3	4	5	1	2	3	4	5
12	Seen or heard people physically fighting or threatening to hurt each other?						1	2	3	4	5	1	2	3	4	5
13	Seen or heard somebody shooting a gun, using a knife, or using another weapon?						1	2	3	4	5	1	2	3	4	5
14	Seen a family member arrested or in jail?						1	2	3	4	5	1	2	3	4	5
15	Had a time in your life when you did not have the right care (e.g. food, clothing, a place to live)?						1	2	3	4	5	1	2	3	4	5
16	Been forced to see or do something sexual?						1	2	3	4	5	1	2	3	4	5
17	Seen or heard someone else being forced to do something sexual?						1	2	3	4	5	1	2	3	4	5
18	Watched people using drugs (like smoking, sniffing, or using needles)?						1	2	3	4	5	1	2	3	4	5
19	Seen something else that was very scary or where you thought somebody might get hurt or die? **Specify**:_________________________________						1	2	3	4	5	1	2	3	4	5

20. Which one **bothers you the most right now**: # _________ How long ago did it happen: ________

Lang, J.M., & Franks, R. (2007). Adapted *from the TESI (Ford & Rogers, 1997) and the THQ (Stover et al., 2007)*

Response Scale for THS

1	2	3	4	5
Not at All	Little Bit	Moderately	Quite A bit	Extremely

Client Initials: ____________ Client ID: ________________ Date of Completion: __/___/___

CPSS – V Caregiver Report (English)

These questions ask about how your child feels about the upsetting things you described. Choose the number (0-4) that best describes how often that problem has bothered him/ her **IN THE LAST MONTH.**

0	1	2	3	4
Not at all	Once a week or less / a little	2 to 3 times a week / somewhat	4 to 5 times a week / a lot	6 or more times a week / almost always

1.	Having upsetting thoughts or pictures about it that came into your child's head when he/she didn't want them to	0	1	2	3	4
2.	Having bad dreams or nightmares	0	1	2	3	4
3.	Acting or feeling as if it was happening again (seeing or hearing something and feeling as if he/she was there again)	0	1	2	3	4
4.	Feeling upset when he/she remember what happened (for example, feeling scared, angry, sad, guilty, confused)	0	1	2	3	4
5.	Having feelings in his/her body when he/she remembers what happened (for example, sweating, heart beating fast, stomach or head hurting)	0	1	2	3	4
6.	Trying not to think about it or have feelings about it	0	1	2	3	4
7.	Trying to stay away from anything that remind him/her of what happened (for example, people, places, or conversations about it)	0	1	2	3	4
8.	Not being able to remember an important part of what happened	0	1	2	3	4
9.	Having bad thoughts about himself/herself, other people, or the world (for example, "I can't do anything right", "All people are bad", "The world is a scary place")	0	1	2	3	4
10.	Thinking that what happened is his/her fault (for example, "I should have known better", "I shouldn't have done that", "I deserved it")	0	1	2	3	4
11.	Having strong bad feelings (like fear, anger, guilt, or shame)	0	1	2	3	4
12.	Having much less interest in doing things he/she used to do	0	1	2	3	4
13.	Not feeling close to his/her friends or family or not wanting to be around them	0	1	2	3	4
14.	Trouble having good feelings (like happiness or love) or trouble having any feelings at all	0	1	2	3	4
15.	Getting angry easily (for example, yelling, hitting others, throwing things)	0	1	2	3	4
16.	Doing things that might hurt himself/herself (for example, taking drugs, drinking alcohol, running away, cutting himself/herself)	0	1	2	3	4
17.	Being very careful or on the lookout for danger (for example, checking to see who is around him/her and what is around him/her)	0	1	2	3	4
18.	Being jumpy or easily scared (for example, when someone walks up behind him/her, when he/she hear a loud noise)	0	1	2	3	4
19.	Having trouble paying attention (for example, losing track of a story on TV, forgetting what he/she read, unable to pay attention in class)	0	1	2	3	4
20.	Having trouble falling or staying asleep	0	1	2	3	4

Adapted from Foa, E.B.; Johnson, K.M., & Treadwell, K.R.H. The Child PTSD symptom Scale for DSM 5 (2014)

Client Initials: ____________ Client ID: ________________ Date of Completion: ___/____/____

CPSS – V Child Report (English)

These questions ask about how you feel about the upsetting things you described. Choose the number (0-4) that best describes how often that problem has bothered you **IN THE LAST MONTH**.

0	1	2	3	4
Not at all	Once a week or less / a little	2 to 3 times a week / somewhat	4 to 5 times a week / a lot	6 or more times a week / almost always

1.	Having upsetting thoughts or pictures about it that came into your head when you didn't want them to	0	1	2	3	4
2.	Having bad dreams or nightmares	0	1	2	3	4
3.	Acting or feeling as if it was happening again (seeing or hearing something and feeling as if you are there again)	0	1	2	3	4
4.	Feeling upset when you remember what happened (for example, feeling scared, angry, sad, guilty, confused)	0	1	2	3	4
5.	Having feelings in your body when you remember what happened (for example, sweating, heart beating fast, stomach or head hurting)	0	1	2	3	4
6.	Trying not to think about it or have feelings about it	0	1	2	3	4
7.	Trying to stay away from anything that reminds you of what happened (for example, people, places, or conversations about it)	0	1	2	3	4
8.	Not being able to remember an important part of what happened	0	1	2	3	4
9.	Having bad thoughts about yourself, other people, or the world (for example, "I can't do anything right", "All people are bad", "The world is a scary place")	0	1	2	3	4
10.	Thinking that what happened is your fault (for example, "I should have known better", "I shouldn't have done that", "I deserved it")	0	1	2	3	4
11.	Having strong bad feelings (like fear, anger, guilt, or shame)	0	1	2	3	4
12.	Having much less interest in doing things you used to do	0	1	2	3	4
13.	Not feeling close to your friends or family or not wanting to be around them	0	1	2	3	4
14.	Trouble having good feelings (like happiness or love) or trouble having any feelings at all	0	1	2	3	4
15.	Getting angry easily (for example, yelling, hitting others, throwing things)	0	1	2	3	4
16.	Doing things that might hurt yourself (for example, taking drugs, drinking alcohol, running away, cutting yourself)	0	1	2	3	4
17.	Being very careful or on the lookout for danger (for example, checking to see who is around you and what is around you)	0	1	2	3	4
18.	Being jumpy or easily scared (for example, when someone walks up behind you, when you hear a loud noise)	0	1	2	3	4
19.	Having trouble paying attention (for example, losing track of a story on TV, forgetting what you read, unable to pay attention in class)	0	1	2	3	4
20.	Having trouble falling or staying asleep	0	1	2	3	4

Adapted from Foa, E.B.; Johnson, K.M., & Treadwell, K.R.H. The Child PTSD Symptom Scale for DSM 5 (2014)

Child PTSD Symptom Scale

0	1	2	3	4
Not at all	Once a week or less/ a little	2 to 3 times a week / somewhat	4 to 5 times a week / a lot	6 or more times a week/almost always

Child PTSD Symptom Scale

0	1	2	3	4
Not at all	Once a week or less/ a little	2 to 3 times a week / somewhat	4 to 5 times a week / a lot	6 or more times a week/almost always

Client Initials: _______________ Client ID: ____________________ Date of Completion: ___/____/____

Ohio Mental Health Consumer Outcomes System
Ohio Youth Problem and Functioning Scales (Caregiver: English)

P

Parent Rating – Short Form

Instructions: Please rate the degree to which your child has experienced the following problems in the past 30 days.	Not at All	Once or Twice	Several Times	Often	Most of the Time	All of the Time
1. Arguing with others	0	1	2	3	4	5
2. Getting into fights	0	1	2	3	4	5
3. Yelling, swearing, or screaming at others	0	1	2	3	4	5
4. Fits of anger	0	1	2	3	4	5
5. Refusing to do things teachers or parents ask	0	1	2	3	4	5
6. Causing trouble for no reason	0	1	2	3	4	5
7. Using drugs or alcohol	0	1	2	3	4	5
8. Breaking rules or breaking the law (out past curfew, stealing)	0	1	2	3	4	5
9. Skipping school or classes	0	1	2	3	4	5
10. Lying	0	1	2	3	4	5
11. Can't seem to sit still, having too much energy	0	1	2	3	4	5
12. Hurting self (cutting or scratching self, taking pills)	0	1	2	3	4	5
13. Talking or thinking about death	0	1	2	3	4	5
14. Feeling worthless or useless	0	1	2	3	4	5
15. Feeling lonely and having no friends	0	1	2	3	4	5
16. Feeling anxious or fearful	0	1	2	3	4	5
17. Worrying that something bad is going to happen	0	1	2	3	4	5
18. Feeling sad or depressed	0	1	2	3	4	5
19. Nightmares	0	1	2	3	4	5
20. Eating problems	0	1	2	3	4	5

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(Add ratings together) Total ________

January 2000 (Parent-1)

Response Scale for OHIO Problem Scale

0	1	2	3	4	5
Not at all	Once or twice	Several times	Often	Most of the time	All of the time

Client Initials: _______________ Client ID: ___________________ Date of Completion: ___/____/____

Ohio Youth Problem and Functioning Scales (Caregiver: English)

Parent Rating – Short Form continued

Instructions: Please rate the degree to which your child's problems affect his or her current ability in everyday activities. Consider your child's current level of functioning.	Extreme Troubles	Quite a Few Troubles	Some Troubles	OK	Doing Very Well
1. Getting along with friends	0	1	2	3	4
2. Getting along with family	0	1	2	3	4
3. Dating or developing relationships with boyfriends or girlfriends	0	1	2	3	4
4. Getting along with adults outside the family (teachers, principal)	0	1	2	3	4
5. Keeping neat and clean, looking good	0	1	2	3	4
6. Caring for health needs and keeping good health habits (taking medicines or brushing teeth)	0	1	2	3	4
7. Controlling emotions and staying out of trouble	0	1	2	3	4
8. Being motivated and finishing projects	0	1	2	3	4
9. Participating in hobbies (baseball cards, coins, stamps, art)	0	1	2	3	4
10. Participating in recreational activities (sports, swimming, bike riding)	0	1	2	3	4
11. Completing household chores (cleaning room, other chores)	0	1	2	3	4
12. Attending school and getting passing grades in school	0	1	2	3	4
13. Learning skills that will be useful for future jobs	0	1	2	3	4
14. Feeling good about self	0	1	2	3	4
15. Thinking clearly and making good decisions	0	1	2	3	4
16. Concentrating, paying attention, and completing tasks	0	1	2	3	4
17. Earning money and learning how to use money wisely	0	1	2	3	4
18. Doing things without supervision or restrictions	0	1	2	3	4
19. Accepting responsibility for actions	0	1	2	3	4
20. Ability to express feelings	0	1	2	3	4

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(Add ratings together) Total ______________

Response Scale for OHIO Functioning Scale

0	1	2	3	4
Extreme troubles	Quite a few troubles	Some troubles	OK	Doing very well

Client Initials: _______________ Client ID: ___________________ Date of Completion: ___/____/____

Y

Ohio Mental Health Consumer Outcomes System
Ohio Youth Problem and Functioning Scales (Child: English)
Youth Rating – Short Form (Ages 12-18)

Instructions: Please rate the degree to which you have experienced the following problems in the past 30 days.	Not at All	Once or Twice	Several Times	Often	Most of the Time	All of the Time
1. Arguing with others	0	1	2	3	4	5
2. Getting into fights	0	1	2	3	4	5
3. Yelling, swearing, or screaming at others	0	1	2	3	4	5
4. Fits of anger	0	1	2	3	4	5
5. Refusing to do things teachers or parents ask	0	1	2	3	4	5
6. Causing trouble for no reason	0	1	2	3	4	5
7. Using drugs or alcohol	0	1	2	3	4	5
8. Breaking rules or breaking the law (out past curfew, stealing)	0	1	2	3	4	5
9. Skipping school or classes	0	1	2	3	4	5
10. Lying	0	1	2	3	4	5
11. Can't seem to sit still, having too much energy	0	1	2	3	4	5
12. Hurting self (cutting or scratching self, taking pills)	0	1	2	3	4	5
13. Talking or thinking about death	0	1	2	3	4	5
14. Feeling worthless or useless	0	1	2	3	4	5
15. Feeling lonely and having no friends	0	1	2	3	4	5
16. Feeling anxious or fearful	0	1	2	3	4	5
17. Worrying that something bad is going to happen	0	1	2	3	4	5
18. Feeling sad or depressed	0	1	2	3	4	5
19. Nightmares	0	1	2	3	4	5
20. Eating problems	0	1	2	3	4	5

(Add ratings together) Total ________

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Response Scale for OHIO Problem Scale

0	1	2	3	4	5
Not at all	Once or twice	Several times	Often	Most of the time	All of the time

Client Initials: _______________ Client ID: ____________________ Date of Completion: ___/____/____

Ohio Youth Problem and Functioning Scales (Child: English)

Youth Rating – Short Form (Ages 12-18) continued

Instructions: Below are some ways your problems might get in the way of your ability to do everyday activities. Read each item and circle the number that best describes your current situation.	Extreme Troubles	Quite a Few Troubles	Some Troubles	OK	Doing Very Well
1. Getting along with friends	0	1	2	3	4
2. Getting along with family	0	1	2	3	4
3. Dating or developing relationships with boyfriends or girlfriends	0	1	2	3	4
4. Getting along with adults outside the family (teachers, principal)	0	1	2	3	4
5. Keeping neat and clean, looking good	0	1	2	3	4
6. Caring for health needs and keeping good health habits (taking medicines or brushing teeth)	0	1	2	3	4
7. Controlling emotions and staying out of trouble	0	1	2	3	4
8. Being motivated and finishing projects	0	1	2	3	4
9. Participating in hobbies (baseball cards, coins, stamps, art)	0	1	2	3	4
10. Participating in recreational activities (sports, swimming, bike riding)	0	1	2	3	4
11. Completing household chores (cleaning room, other chores)	0	1	2	3	4
12. Attending school and getting passing grades in school	0	1	2	3	4
13. Learning skills that will be useful for future jobs	0	1	2	3	4
14. Feeling good about self	0	1	2	3	4
15. Thinking clearly and making good decisions	0	1	2	3	4
16. Concentrating, paying attention, and completing tasks	0	1	2	3	4
17. Earning money and learning how to use money wisely	0	1	2	3	4
18. Doing things without supervision or restrictions	0	1	2	3	4
19. Accepting responsibility for actions	0	1	2	3	4
20. Ability to express feelings	0	1	2	3	4

(Add ratings together) Total ________

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Response Scale for OHIO Functioning Scale

0	1	2	3	4
Extreme troubles	Quite a few troubles	Some troubles	OK	Doing very well

Client Initials: _______________ Client ID: ____________________ Date of Completion: ___/____/____

Center for Epidemiologic Studies Depression Scale – Revised (CESD-R) (Caregiver: English)

Below is a list of the ways you might have felt or behaved. Please check the boxes to tell me how often you have felt this way in the past week or so.	**Last Week**				**Nearly every day for 2 weeks**
	Not at all *or* Less than 1 day	**1 – 2 days**	**3 – 4 days**	**5 – 7 days**	
My appetite was poor.	0	1	2	3	4
I could not shake off the blues.	0	1	2	3	4
I had trouble keeping my mind on what I was doing.	0	1	2	3	4
I felt depressed.	0	1	2	3	4
My sleep was restless.	0	1	2	3	4
I felt sad.	0	1	2	3	4
I could not get going.	0	1	2	3	4
Nothing made me happy.	0	1	2	3	4
I felt like a bad person.	0	1	2	3	4
I lost interest in my usual activities.	0	1	2	3	4
I slept much more than usual.	0	1	2	3	4
I felt like I was moving too slowly.	0	1	2	3	4
I felt fidgety.	0	1	2	3	4
I wished I were dead.	0	1	2	3	4
I wanted to hurt myself.	0	1	2	3	4
I was tired all the time.	0	1	2	3	4
I did not like myself.	0	1	2	3	4
I lost a lot of weight without trying to.	0	1	2	3	4
I had a lot of trouble getting to sleep.	0	1	2	3	4
I could not focus on the important things.	0	1	2	3	4

REFERENCE: Eaton, W. W., Smith, C., Ybarra, M., Muntaner, C., Tien, A. (2004). Center for Epidemiologic Studies Depression Scale: review and revision (CESD and CESD-R). In ME Maruish (Ed.). *The Use of Psychological Testing for Treatment Planning and Outcomes Assessment* (3rd Ed.), Volume 3: Instruments for Adults, pp. 363-377. Mahwah, NJ: Lawrence Erlbaum.

Response Scale for Caregiver Depression

0	1	2	3	4
Last week Not at all *or* less than 1 day	Last week 1-2 days	Last week 3-4 days	Last week 5-7 days	Nearly every day for 2 weeks

Client Initials: _______________ Client ID: ___________________ Date of Completion: ___/____/____

Parental Stress Scale (Caregiver: English)

The following statements describe feelings and perceptions about the experience of being a parent. Think of each of the items in terms of how your relationship with your child or children typically is. Please indicate the degree to which you agree or disagree with the following items by placing the appropriate number in the space provided.

1 = Strongly disagree	2 = Disagree	3 = Undecided	4 = Agree	5 = Strongly agree

Rating		
	1.	I am happy in my role as a parent.
	2.	There is little or nothing I wouldn't do for my child(ren) if it was necessary.
	3.	Caring for my child(ren) sometimes takes more time and energy than I have to give.
	4.	I sometimes worry whether I am doing enough for my child(ren).
	5.	I feel close to my child(ren).
	6.	I enjoy spending time with my child(ren).
	7.	My child(ren) is an important source of affection for me.
	8.	Having child(ren) gives me a more certain and optimistic view for the future.
	9.	The major source of stress in my life is my child(ren).
	10.	Having child(ren) leaves little time and flexibility in my life.
	11.	Having child(ren) has been a financial burden.
	12.	It is difficult to balance different responsibilities because of my child(ren).
	13.	The behavior of my child(ren) is often embarrassing or stressful to me.
	14.	If I had it to do over again, I might decide not to have child(ren).
	15.	I feel overwhelmed by the responsibility of being a parent.
	16.	Having child(ren) has meant having too few choices and too little control over my life.
	17.	I am satisfied as a parent.
	18.	I find my child(ren) enjoyable.

Scoring

To compute the parental stress score, items 1, 2, 5, 6, 7, 8, 17, and 18 should be reverse scored as follows: (1=5) (2=4) (3=3) (4=2) (5=1). The item scores are then summed.

Reference: Berry, J. O., & Jones, W. H. (1995). The Parental Stress Scale: Initial psychometric evidence. Journal of Social and Personal Relationships, 12, 463-472

Response Scale for Parent Stress

1	2	3	4	5
Strongly disagree	Disagree	Undecided	Agree	Strongly agree

ARC Monthly Session Form

VALIDATION REQUIREMENTS AND SYMBOLS EXPLAINED

! This symbol means the field is one of the minimum fields that must be filled out to save the record. No data will be saved unless these fields are completed.

* This symbol means the field is a required field in order to save the record as completed. Although you can save the record, the system does not consider the record to be completed unless ALL of these fields are completed.

Data Entry Person: Greyed-out fields are pulled in from the completed Client Face Sheet-Intake, so you won't have to enter them again here

Direct Service Provider User Information

Clinician User ID:			
Clinician First Name:		**Clinician Last Name:**	
Organization Name:		**Site Name:**	

Child Information

First Initial of First Name:		**First Initial of Last Name:**		**Date of Birth:**	

Child Identification Codes

Agency-assigned Client ID Number (not PHI):		**PSDCRS Client ID Number:**	
CSSD Client ID Number:		**CSSD Case Number:**	
DCF Case ID:		**DCF Person Link ID:**	

Session Information

Total Number of Visits this month:		**Total Number of No-Show Appointments this month:**		**Total Number of Visits this month conducted via telehealth:**	

% of the total time spent with the child ONLY during this month:		The total time spent for these three % questions should equal 100%
% of the total time spent with the caregiver ONLY during this month:		The total time spent for these three % questions should equal 100%
% of the total time spent with the child and caregiver TOGETHER during this month:		The total time spent for these three % questions should equal 100%

Please check all of the ARC components used this month:					
Integrative/Foundational Strategies					
❐	Routines and Rituals	❐	Psychoeducation		
Attachment Domain					
❐	Caregiver Affect Management	❐	Attunement	❐	Effective Behavioral Response
Self-Regulation Domain					
❐	Identification	❐	Modulation	❐	Expression/Relational Connection
Competency Domain					
❐	Executive Functions	❐	Self-Development & Identity		
Trauma Experience Identification					
❐	Caregiver	❐	Child		

Collaboration						
During this month, did you communicate with the child's:	❐	DCF Worker	❐	Probation officer	❐	Physician
	❐	School	❐	Other		
Collaboration Notes:						

Functioning						
Compared to the child's condition at the start of ARC, this child's condition is:	❐	Very much improved since the initiation of treatment	❐	Much Improved	❐	Minimally improved
	❐	No change from baseline (the initiation of treatment)	❐	Minimally worse	❐	Much Worse
	❐	Very much worse since the initiation of treatment				

Session Fidelity Checklist						
Session Structure						
Prior to how many sessions this month did you prepare materials or a session plan?	❐	None (0%)	❐	Some (34-66%)	❐	All (100%)
	❐	A few (1-33%)	❐	Most (67-99%)		
During how many sessions this month was homework assigned or reviewed?	❐	None (0%)	❐	Some (34-66%)	❐	All (100%)
	❐	A few (1-33%)	❐	Most (67-99%)		
During how many sessions this month were COWS saved for the end of the session?	❐	None (0%)	❐	Some (34-66%)	❐	All (100%)
	❐	A few (1-33%)	❐	Most (67-99%)		
During how many sessions this month did the child and/or caregiver practice/ demonstrate skill(s) in session (behavior rehearsal)?	❐	None (0%)	❐	Some (34-66%)	❐	All (100%)
	❐	A few (1-33%)	❐	Most (67-99%)		

Discharge Facesheet

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! This symbol means the field is one of the minimum fields that must be filled out to save the record. No data will be saved unless these fields are completed.

* This symbol means the field is a required field in order to save the record as completed. Although you can save the record, the system does not consider the record to be completed unless ALL of these fields are completed.

Data Entry Person: Greyed-out fields are pulled in from the completed Client Face Sheet-Intake, so you won't have to enter them again here

Direct Service Provider User Information							
Clinician First Name: !				**Clinician Last Name: !**			
Child Information							
Child First Initial: !				**Child Last Initial :!**			
Child Identification Codes							
Which EBP?	❐	**ARC**	❐	**CBITS**	❐ **Bounce Back**	❐	**CPP**

Discharge Information			
Discharge Date: * ________/___________/__________			
CGI: **Considering your experience, how severe are the child's emotional, behavioral, and/or cognitive concerns at the time of discharge?** **(Circle only one):***	Normal Slightly severe Mildly severe Moderately severe Markedly severe Very severe Among the most severe symptoms that any child may experience	**CGI:** **Compared to the child's condition at intake, this child's condition is ____ (circle one): ***	Very much improved Much improved Minimally improved No change Minimally worse Much worse Very much worse

Discharge Reason: *						
	❐	Successfully completed selected EBP Model requirements-no more treatment needed	❐	Referred for other EBP (outpatient) within agency	❐	Family moved out of area
	❐	Successfully completed selected EBP Model requirements-continue with other treatment	❐	Referred for other non-EBP (outpatient) within agency	❐	Referred to other agency (outpatient)
	❐	Family discontinued treatment	❐	Referred to higher level of care	❐	Assessment Only-no treatment needed
	Other (specify):					

System Involvement						
Child/Family involved with DCF? *			❐	Yes	❐	No
If child / family is involved with DCF, please complete ALL of the following questions:						
DCF Case ID: (if available)			**DCF Person Link ID: (if available)**			
DCF Status: **DCF Regional Office:**	❐	Child Protective Services – In-Home	❐	Family with Service Needs – (FWSN) In-Home	❐	Not DCF – On Probation
	❐	Child Protective Services – Out of Home	❐	Family with Service Needs (FWSN) Out of Home	❐	Not DCF – Other Court Involved

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Discharge Facesheet

	❐	Dual Commitment (JJ and Child Protective Services)	❐	Juvenile Justice (delinquency) commitment	❐	Termination of Parental Rights
	❐	Family Assessment Response	❐	Not DCF	❐	Voluntary Services Program
Youth involved with Juvenile Justice (JJ) System? *			❐	Yes	❐	No
If youth is involved with JJ, please complete ALL of the following questions:						
CSSD Client ID: (if available)			**CSSD Case ID: (if available)**			
CSSD Case Type:			❐	Delinquency	❐	Family with Service Needs (Status Offense)
CSSD Case Status:	❐	Administrative Supervision	❐	Juvenile probation	❐	Restore Probation
	❐	Extended Probation	❐	Non-Judicial FWSN Family Service Agreement	❐	Suspended Order
	❐	Interim Orders	❐	Non-Judicial Supervision (NJS)	❐	Waived PDS - Probation
	❐	Judicial FWSN Supervision	❐	Non-Judicial Supervision Agreement	❐	
Court District:						
Court Handling Decision:			❐	Judicial	❐	Non-Judicial
Treatment Information: School						
Since the start of EBP treatment…						
Child's school attendance: *	❐	Good (few or no days missed)	❐	No School Attendance: Child Too Young for School	❐	No School Attendance: Other
	❐	Fair (several days missed)	❐	No School Attendance: Child Suspended/Expelled from School		
	❐	Poor (many days missed)	❐	No School Attendance: Child Dropped Out of School		
Suspended or expelled: *			❐	Yes	❐	No
IEP: * Does the child have an Individual Education Plan (special education)?			❐	Yes	❐	No
Treatment Information: Legal						
Since the start of EBP treatment…						
Arrested: * Has the child been arrested since start of treatment?			❐	Yes	❐	No
Detained or incarcerated: * Has the child been detained or incarcerated since start of treatment?			❐	Yes	❐	No
Treatment Information: Medical						
Since the start of EBP treatment…						
Alcohol and/or drugs problems: *			❐	Yes	❐	No
Evaluated in ER/ED for psychiatric issues: *			❐	Yes	❐	No
Certified medically complex: *			❐	Yes	❐	No

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