

# Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) Program Report Card SFY 2019 Q1 (7/1/2018 – 9/30/2018)

*Contribution to the Result:* Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC) is an evidence-based treatment model that addresses 70% of the most common presenting problems in children’s mental health outpatient services. To foster the effective and successful sustainability of MATCH-ADTC throughout Connecticut, DCF, in partnership with CHDI (coordinating center) and Harvard University (model developer and clinical trainer) are providing in-depth training combined with robust and ongoing consultation to community provider agencies. Dissemination and implementation strategies include a randomized controlled trial (RCT) led by Harvard, and a Learning Collaborative approach led by CHDI.

Program Funding	State Funding	Total Funding
SFY 2019-2023	\$5,000,000.00	\$5,000,000.00

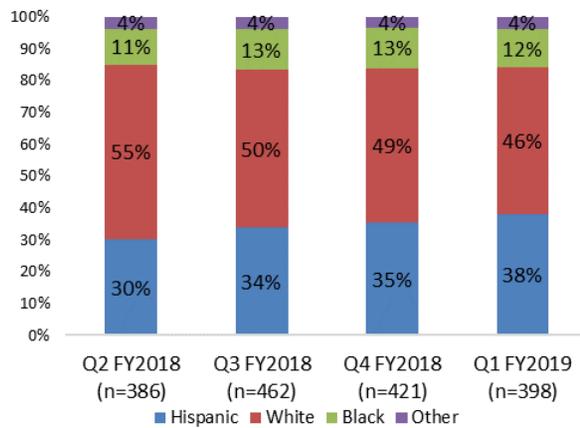
*Partners:* Child Health and Development Institute of Connecticut, Community Provider Agencies, Department of Children and Families, Harvard University

### Who did we serve?

Program data indicate 19 provider agencies are currently implementing MATCH. MATCH has been provided to a total of 398 children this grant period.

The intended age range for MATCH is 6-15 years old. Of the 398 children served during Q1, 84% fell within this age range, with 58% of children between the ages of 6-12, 35% between the ages of 13-18, and 7% of children between the ages of 0-5. Of these children, 45% are male and 55% are female.

### Children in Active Treatment



\*White, Black, and 'Other' categories are specifically non-Hispanic.

The number of children receiving MATCH has decreased compared to the last 3 quarters. However, fewer children receive services during the summer, and the number of children served FY2019 Q1 (398) is higher than the same quarter last fiscal year (290).

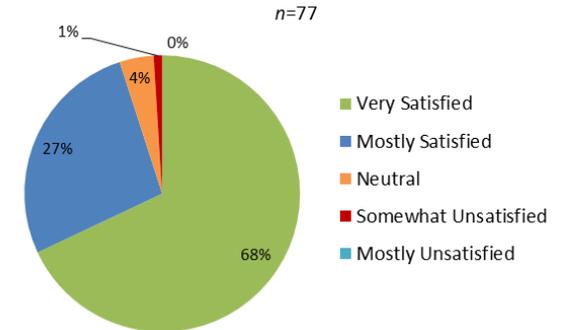
State demographic data reveal that Hispanic children are being served at a higher rate than their overall population within the state (22%). Black (12%) children are being served at a rate comparable to the state population. White (58%) children are served at a lower rate.

Of DCF-involved children (n = 56) 34% are Hispanic, 41% are white, 20% are black and 5% are of 'other' race. Black (24% of black children) and 'other' race children (18%) are more likely to be DCF-involved compared to Hispanic (13%) and white (13%) children.

**Trend: ▲ Yes**

### How well did we serve?

#### Caregiver Overall Satisfaction with Child's Treatment



Caregiver satisfaction with MATCH-ADTC treatment was high for Q4. 95% report being mostly or very satisfied in response to the question “Overall, I am satisfied with the services my child received.” This is the same as the previous quarter (95%).

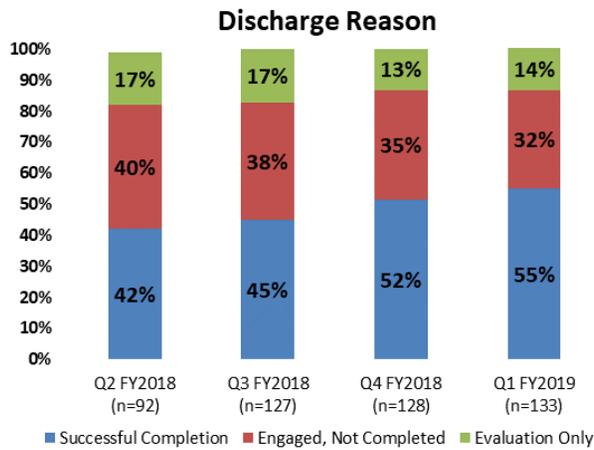
**Trend: ▲ Yes**

#### *Client Engagement*

During Q1 of FY2019 clinicians conducted 1792 total MATCH sessions, compared to 1242 sessions in Q1 of the previous fiscal year. On average, clinicians saw children 1.9 times a month. Of all planned visits, 88% were attended and 12% were “no show” appointments in which the client did not attend. This is slightly higher than the previous quarter.

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## Story behind the baseline:



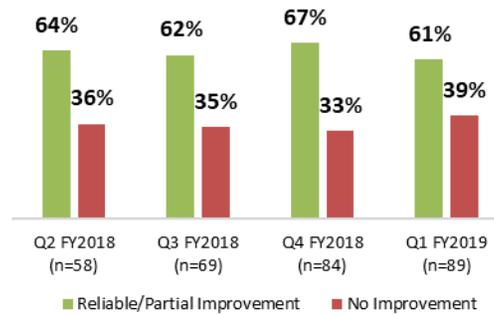
Children discharged from MATCH treatment fall in to 1 of 3 categories, successful (as determined by clinician report), engaged but did not complete (had at least 4 sessions) and evaluation only (3 sessions or less). The successful discharge rate has increased over the past four quarters.

There was no significant difference in successful discharge rates among racial/ethnic groups.

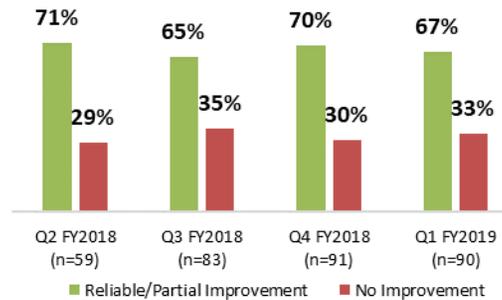
Trend: ▲ Yes

## Is anyone better off?

### Changes in Functioning Scores



### Changes in Problem Severity Scores



## Story behind the baseline:

A majority of children demonstrated improvements in functioning (61%) and problem severity (67%) symptoms (as measured by the Child or Caregiver Ohio scales) this quarter.

Trend: ▲ Yes

## Actions to Turn the Curve

- Continue providing in-depth clinical consultation, implementation consultation and technical support to agencies
- Expand the number of clinicians trained and certified to deliver MATCH at each agency
- Provide increased training and support in the use of clinical measures to improve outcomes measurement and analysis.
- Provide increased training and support in the use of data driven decision making to improve treatment outcomes.

## Data Development Agenda

- Streamline improvements to online data collection system (EBP Tracker) for MATCH
- Increase efficiency of data entry and reporting on client and agency population outcomes